Your Mag

Steyning | Bramber | Upper Beeding

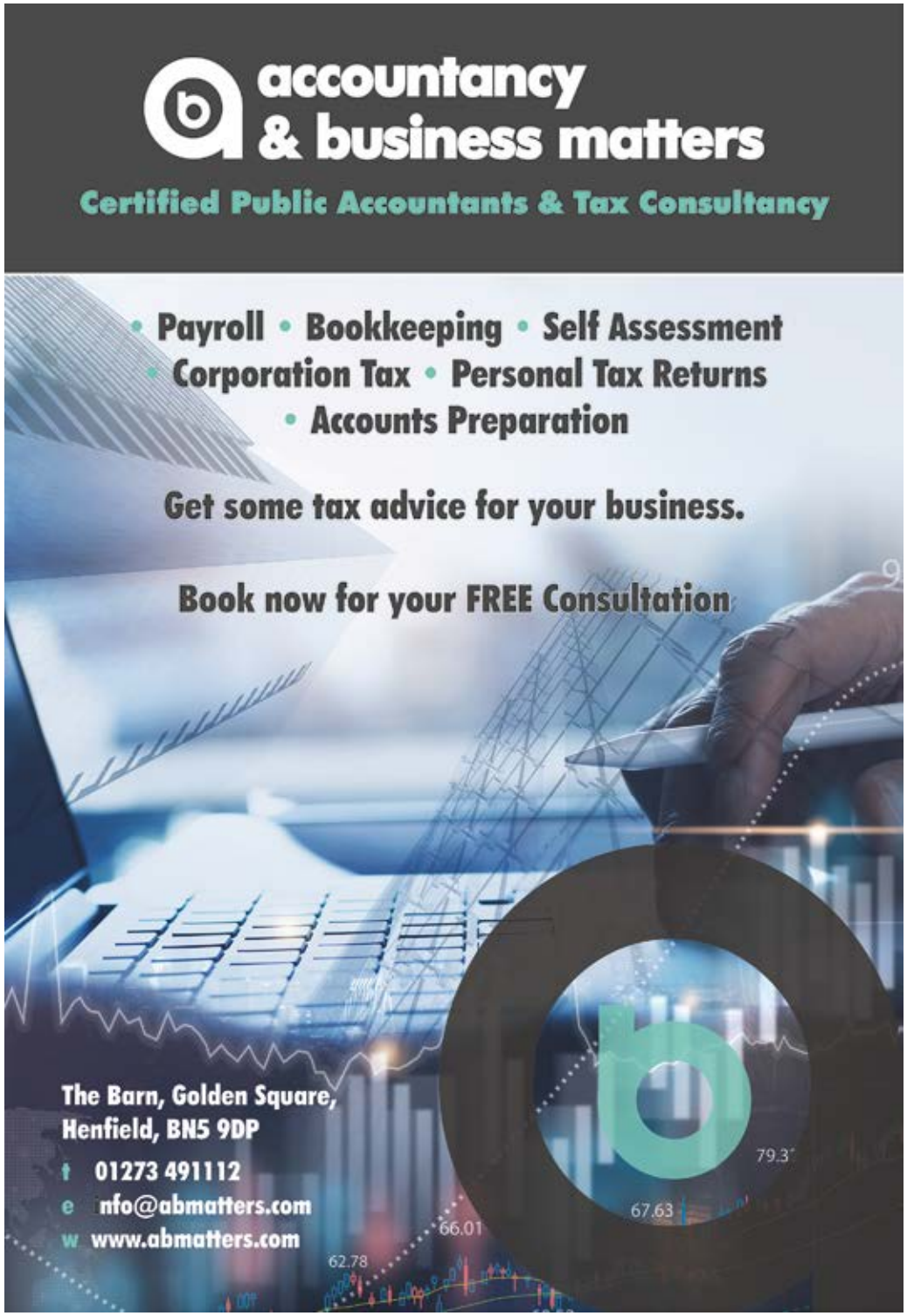
August 2026











AUGUST CONTENT

4 Steyning &Y District Food & Drink Festival: Happy Days to come:
10 August 2026: Sussex Apples and our Community Orchard
16 Environmental News: Chalk Reef Jester: The Tompot Blenny
18 NGS: West Sussex has a wealth of gardens to choose from during August.
22 Becky Haskoll - Beachside Kiln Collage
24 Steyning & District Community Partnership
25 Big Church Festival: 28-30 August - Wiston Estate
26 SDS: What to see and do in August
27 SDS: Rescuing Juniper
28 Diary Events
36 Environmental News: Steyning for Trees
38 Local Business focus: August 2026 Book Reviews
40 Local Business Focus: What stress does to the body
42 Local business Focus: August Gardening Journal
44 Steyning Museum Archives - A River Reshaped: Following the Changing Course of the Adur
46 Advertiser's Index

USEFUL NUMBERS

The Steyning Health Centre
Tanyard Lane, Steyning
Telephone Appointments: 01903 497227
When surgery closed dial new NHS 111 service

Surgery Hours:
Monday - Friday: 08:00 - 18:30:
Saturday: and Sunday: Closed

Steyning Parish Council
T: 01903 812042
W: www.steyningpc.gov.uk
E: clerk@steyningpc.gov.uk

The Steyning Centre
T: 01903 812042
Opening Hours: 09:00 to 16:00
The Steyning Centre,
Fletcher's Croft, Steyning
www.steyningcentre@btconnect.com

Steyning Library
Opening Hours: Monday: -
Friday: 10:00 - 17:00
Saturday: 10:00 - 14:00
T: 01903 270330
E: steyning.library@westsussex.gov.uk

Steyning Minibus: 0300 772 7735
www.westsussexminibus.org.uk/organisation/

Steyning & District Good Neighbours Association
T: 01903 816181
steyninggoodneighbours.co.uk



Happy Days to come:

Fantastic fun times ahead. The Steyning & District Food and Drink Festival Team - part of the Visitor & Tourism Committee, which in turn is a sub Committee of the Steyning & District Community Partnership - have put together another great itinerary of offers & events, which will start September off with a bang. Starting on 5th September and running through until 13th September, the Opening day will feature the much loved Steyning Farmers Market, with added attractions especially for the Festival - i.e.live music, Pedal your way to Cocktails, BBQ Cooking Demo using produce collected from the usual wonderful selection of food and drink stalls present. Also happening that Day - Tasting Saturday, when a selection of shops in the High Street will be welcoming local food & drink producers, who will be offering you a ***'taste'*** of their products.



Over the Festival period a superb selection of offers from local businesses will be available, taking in great discounts and special packages. Look out for all of them within the Festival flyer - available in lots of local shops & eateries throughout the area - or visit the website: www.steyningdistrictfooddrinkfestival.co.uk Make a note of your favourites and speed along to take up these bargains and say hello to our local retailers and eateries.

But let's not forget the fabulous events. You will have difficulty in choosing which attracts you, but maybe just go to all of them! To name but a few: Food Workshops and Masterclasses; Tasty Countryside Walk; Wine Tasting & Nibbles; Pub Quiz Night; Bingo Bistro Supper; Children's Crafty Saturday Afternoon; Festival Breakfast and, of course, The superb Street Food Piazza. Best to catch up on full details of all that is happening from the Festival Flyer & website.



Some events are free and some need the purchase of tickets, either from the website or the businesses involved, so it is advisable to get these all booked up/purchased now, to avoid disappointment.

As usual, our annual Festival supports a Charity and raises as much as possible through selected events. This year the ever-popular **Coffee & Cake Morning** will again take place and as for previous years, the entire ticket price will be donated to the **St Barnabas House**



Hospice - our 2026 Charity. Date for this very special occasion is **2nd October at Ashurst Village Hall**.

We know it is not within our official run of dates, but it is still very much part of our Festival and we just could not fit it in at any other time. To add to this, throughout the Festival season and within the whole of September, the **Gorilla Kitchen** will be offering a **Charity Pizza** which, if chosen, **£1** from the purchase price will be donated to **St Barnabas**. You will find them at The Star, Steyning every Wednesday night - so try and eat as many of these pizzas as possible to make sure we create a great collection



There will also be a **St Barnabas Raffle** held at the **Piazza**, with the top prize being a superb hamper of food and drink donated by the **Farmers Market** stallholders. Lots to aim for and with your help & support let's hope we collect some great funds for this very special charity.

However, arranging all the above costs money - printing of guides, website support, banners, posters, etc., etc. Therefore, without the generous support of our sponsors our Festival would not take place - so our very sincere thanks go to them.

At the time of this report, they are: ***Horsham District Council; Churchman Burt; Steyning Parish Council; The Church Barn Group and West Grinstead & District Ploughing & Agricultural Society***.

A big hug & thank you also to the Team of volunteers who put in so many hours of their time to make it all happen.

Keep the dates free and look forward to seeing you!

admiral
BUILDING & ROOFING LTD



CALL THE TEAM NOW FOR YOUR **FREE NO OBLIGATION** QUOTE

10% OFF WITH THIS ADVERT

FIND & REPAIR LEAKS from **£150.00**
REPOINTING CHIMNEYS from **£275.00**
MOSS REMOVAL & MOT from **£295.00**
VALLEY, GABLE & RIDGE REPOINTING from **£375.00**
SPRAY FOAM REMOVAL from **£995.00**

At Admiral Building & Roofing Ltd, we take pride in providing top-quality roofing solutions tailored to your needs. Our services include **Roof Repairs**, **Flat Roofs**, **New Roof Installations**, **Bespoke Roofing**, **Fascias**, **Guttering**, **Soffits**, **Chimney Repairs**, and **Spray Foam Removal**.



SCAN ME

Checkatrade

Email: info@admiralroofingsussex.co.uk
www.admiralroofingsussex.co.uk

TRUSTED ROOFING CONTRACTOR SERVING THE STEYNING AREA

SPRAY FOAM REMOVAL

Homeowners may need to remove spray foam insulation for several reasons. A primary concern is condensation buildup, which can lead to mould growth, weakened roof timbers and other structural elements. Improper installation can also reduce thermal efficiency, making removal necessary. Other common reasons include upgrading to a different insulation type, creating space for new installations, addressing pest infestations, or meeting mortgage lender requirements, as some lenders may decline mortgages due to spray foam insulation.





MOSS CLEANING & REMOVAL

Admiral's team is fully trained, insured, and experienced in delivering top-quality roof cleaning services. We adhere to the highest industry standards and won't leave your property until you're completely satisfied with the results.
Customer service is at the heart of everything we do, and we take pride in our strong track record of customer satisfaction.

EXPERT ROOFING SOLUTIONS ACROSS SUSSEX

PITCHED ROOFING - FLAT ROOFING
TILING & SLATE ROOFS - UPVC ROOFING & CLADDING
SKYLIGHTS & VELUX WINDOWS
CHIMNEY STACK REPAIRS & REPLACEMENT
MOSS CLEANING & REMOVAL - SPRAY FOAM REMOVAL



Contact us for a **FREE** estimate

Tel: 01903 910013

CONFEDERATION OF ROOFING CONTRACTORS
APPROVED MEMBER

Ben Warner

Tree Surgery & Hedge Cutting

N.P.T.C. Certified Tree Surgeon - Fully Insured
Free Assessment and Quotation

Regular & One-Off Visits
Tree Felling
Re-Shaping
Crown Lifting

Dead Wooding
Pruning & Hedge Cutting
Stump Grinding
Logs & Firewood Supplied

TEL: 07743 314 250



STEYNING ROOFING

Checkatrade.com
Where reputation matters

- New roofs and repairs
- Flat roofs
- Tiling and slating
- Leadwork
- Chimneys
- Guttering and Fascias

LOCAL ROOFER WITH OVER 40 YEARS EXPERIENCE
FOR ALL YOUR ROOFING NEEDS

TEL: 01903 814378 (Steyning) ~ MOBILE: 07904439915
Email: Jasonstanding917@gmail.com
www.checkatrade.com/steyningroofingltd

Steyning Store & Post Office

On the High Street and always happy to help!

POST OFFICE

All Post Office services, including:
- Passport check & send
- Foreign currencies
- Banking – pay in cheques, withdraw cash

Extra services that make life easier
- Key cutting
- SodaStream bottle refills
- Eco-friendly cleaning product refills
- Thoughtful gifts & beautiful cards
- Household essentials



Pop in and say hello! We're proud to be part of the Steyning community!
Thank you for shopping local.

44 High Street I Steyning I Telephone: 01903 879033
Opening Hours: Monday to Friday 9am to 5pm I Saturday 9am to 3pm I Sunday Closed.

Now available in your area

A reliable, friendly, family man. No job too big or small.
Call now for a quote.

KELTON'S

DECORATING CONTRACTOR

07780 458204

'Tom has completely blown me away! His work, reasonable prices and fun, friendly attitude have made it a pleasure to get our decorating work done!'
Lucy - Upper Beeding

'I would highly recommend Tom. Two other decorators let us down and then Tom was recommended to us. His work is exceptional, he is polite, trustworthy and reasonably priced!
Becky - Steyning

August 2026: Sussex Apples and our Community Orchard

STEYNING COMMUNITY ORCHARD

One of the Steyning Community Orchard's main objectives when we set up in 2014 was to grow Sussex variety apples in particular. We quickly discovered that this was easier said than done.

Firstly, there are only a few Sussex apple varieties that are readily available from suppliers, e.g. Egremont Russet, Alfriston and Knobby Russet being the main ones.

How and where were going to find more?

We had ambitions of creating an orchard of traditional large trees with space between them. But this needs the varieties to be grafted onto rootstocks that will grow into these large trees. There is limited demand for this type of tree these days, with most people wanting smaller trees that will suit an average garden, so this is what nurseries grow.

So, what to do? We were only planting a few trees each year, so we had time on our hands.

We were able to get some trees from The Brighton Permaculture Trust at Stanmer. We then found a lovely nursery in Huntingdon called Bernwode Fruit Trees, that specialises in collecting old English apple varieties, including many Sussex varieties. They also provided them on the large rootstocks we were looking for.

We then decided to learn the art of grafting, so that we could produce our own trees on the rootstocks we wanted, but also to produce trees for sale to help Community Orchard funds.

Grafting involves taking scions (cuttings) from the variety we want during the dormant season, then grafting them onto rootstocks that we buy in and pot up in February/March, ready for grafting in April. If the grafts take, and the trees grow well, they are ready to plant out or sell in late Autumn that year. In recent years we have sold over 100 trees to other orchards and individuals, the proceeds of which help us fund the Community Orchard.



Apple trees for Sale

This year we have grafted almost 50 trees and we will have some spare. (see pic).If you'd like an interesting apple variety for your garden, please send us an email to steyningorchard@gmail.com and we'll send you the list and further details.

So, by various means, by the end of 2025 we had 27 Sussex apple trees growing in our main orchard in Steyning in the corner of the Memorial Playing Field. This is one of the largest collections of Sussex apples in the county. Some, like Bossom, Wax Apple and Sutton Sunset are really rare, but all are valuable in keeping the rich history of Sussex apples alive and thriving.

See our website for the full list.
steyningcommunityorchard.org

ALL LIT
• Air Source Heat Pump Installations
• Full Bathroom Renovations
• Boiler Installs, Repairs & Servicing
• Gas appliance repair and servicing including warm air units, cookers, and fires
• Radiators and system repairs
• All General Plumbing Maintenance
"Dan repaired our boiler in the middle of a cold snap, very reasonably priced and got the boiler fixed the same day"
Contact: Dan Foster
"FREE ESTIMATES"
Tel: 07590 495548
E: All-lit@outlook.com
www.All-lit.co.uk
GAS safe 650770

Singing Hills Golf Course
SUNDAY CARVERY
12pm - 3pm
AFTERNOON TEA
Everyday 12pm - 4pm
2-Courses £28 per person
3-Courses £37 per person
Traditional £22.50 per person
With Glass of Prosecco £28 per person
Call 01273 835 353 (opt 5) or email restaurant@singinghills.co.uk
*Please notify any dietary requirements when booking. Booking required in advance.
Singing Hills Golf Club, Muddleswood Road, Albourne, West Sussex, BN6 9EB • www.singinghillsgolfcourse.co.uk

STEYNING OSTEOPATHIC CLINIC

SCIENTIFIC HOLISTIC SPECIALISTS
Shop 3, Cobblestone Walk,
74 High Street, Steyning, BN44 3RD

OSTEOPATHY AND
MCTIMONEY CHIROPRACTICS
Jen Nash M.Ost & Mia Ivey M.Chiro

01903 812466
info@steyningosteopathicclinic.co.uk
www.steyningosteopathicclinic.co.uk



Paws & Purrs
Cat and Small Animal Pet Sitting

Friendly and reliable pet sitting visits for cats and small animals across Steyning and surrounding areas.
I have three years of professional experience in a cattery, caring for cats, rodents and other small animals, including pets requiring medication and specialist care.
Visits can include feeding, cleaning, companionship, medication administration and general wellbeing checks. Fully mobile with my own transport.
Please contact me for more information or to discuss your pet's needs!

E: pawsandpurrsanimalsitting@gmail.com

T: 07510054847

GW CARE SERVICES



EXPERIENCED, KIND, FRIENDLY SUPPORT TO HELP YOU FEEL SAFE, COMFORTABLE AND CONFIDENT AT HOME. SERVICES INCLUDE:

✔PERSONAL CARE
✔MEDICATION SUPPORT
✔MEAL PREPARATION
✔HOUSEHOLD SUPPORT
✔COMPANIONSHIP
✔ACCOMPANIMENT

LEVEL 5 (DEGREE EQUIVALENT) IN HEALTH & SOCIAL CARE
FULLY TRAINED
11 YEARS EXPERIENCE
FULL PUBLIC LIABILITY INSURANCE
FULL & ENHANCED DBS

CALL: 07717 725551

HOLISTIC MASSAGE
REST - RECHARGE - RESTORE

I'm Sarah, a massage therapist passionate about helping you feel relaxed, restored, and at ease.
I offer both holistic and deep tissue treatments:

- Holistic massage is slow, soothing, and deeply nurturing - designed to settle your parasympathetic nervous system so you leave feeling rested, recharged, and grounded.
- Deep tissue massage is a more targeted approach to ease chronic tension and persistent aches. Your session may include heat, myofascial release, and trigger point therapy, tailored to what your body needs.

Whether you're craving something gentle and restorative or deep and therapeutic, I'll create a treatment that feels right for you. A little time out to relax, reconnect, and recharge - so you can leave feeling your best. A moment to breathe. A chance to reconnect. A space to return to yourself.

07878444514 | www.booksolo.co/restrechargerestore
inst; Holistic Massage Therapy

Not happy with your smile?
Crooked or crowded teeth?

Why not book your free consultation to discuss it?

- NHS/Private Patients
- See patients within 24hrs
- Facial aesthetics
- Family friendly practice
- Feel confident at social and business events
- Based in nearby Henfield
- Six Month Smiles©
- Your safety is our priority
- Pain-free treatment



The QuickStraightTeeth™ orthodontic system uses nearly-invisible braces to gently straighten your teeth, and give you that smile you've always dreamed of.

Think of Mallards...
(Only 14 minutes from Steyning)

MALLARDS DENTAL PRACTICE
We will give you something to smile about

CALL 01273 495 966 TODAY
or email: enquiries@mallardsdental.co.uk
www.mallardsdental.co.uk

Careforfeet

HOME VISITING
PODIATRY/CHIROPODY
SERVICE

Tracey Kibble BSc (Hons) MRCPod

✔Providing all aspects of professional routine foot care
✔Competent to treat people with diabetes and vulnerable adults
✔DBS checked and Insured
✔Registered with the Health & Care Professions Council (HCPC)
✔Member of the Royal College of Podiatry

T: 01273 101298 (answerphone)
M: 07751 269093

DOMESTIC CLEANING



MOBILE
HAIRDRESSING
REFERENCES AVAILABLE - 35 YEARS EXPERIENCE
Ann 07972 142420
tinkerbell575@hotmail.com

ROB SYKES: ELECTRICIAN
Steyning based electrician
For all your electrical needs in the home, including:

- ✓ Lighting
- ✓ Sockets
- ✓ Fuse box upgrades
- ✓ Fault finding & fixing
- ✓ Shower and cooker wiring
- ✓ Rewires and extensions
- ✓ Outdoor power & lighting
- ✓ Free estimates & advice

NICEIC registered

M: 07739 989 266
www.robsykes.co.uk



Beltons
Tax - Accounting - Consultancy

INITIAL CONSULTATION FREE

Serving Steyning and surrounding areas since 1976

Services
- Self Assessment Tax Returns
- Capital Gains Tax
- General Tax Advice
- Partnerships
- VAT
- Payroll, Auto Enrolment and CIS
- Income Tax Healthchecks
- Business Start-up
- Sole Trader

admin@beltons.co.uk
01903 813907
www.beltons.co.uk
The Old Market House
72 High Street
Steyning
BN44 3RD

TR ENERGY
ELECTRICAL CONTRACTORS

Do you need an electrician?

Local electrical contractors
Friendly and reliable service
All aspects of electrical work
Over 10 years experience

Call now for a free quote
01273 936222
www.TR-Energy.co.uk
Newbrook Business Park, Upper Beeding, BN44 3JD

ALL ASPECTS PROPERTY SERVICES

Do you have the need of a Trusted handyman?

- 30 years experience in the building trade
- Bricklaying / Paving
- General Building Work
- Garden Landscaping
- Painting and Decorating
- Fully insured
- Local and reliable. No job to small.

Contact us today for a free no obligation quote.
m: 07770 267 472 o: 01273 959 007
e: hello@allaspectsps.com

Ai
Alpine Installs
TV AERIALS • WIFI POINTS • CCTV
SATELLITE • TELECOMMUNICATIONS
DATA ACCESS
info@alpineinstalls.com
Call Scott on 07845 497 315
www.alpineinstalls.com

SMH GROUNDWORKS Ltd

SMH Groundwork's Ltd

We carry out all aspects of groundworks and general building works.

- ✔ Foundations/Footings
- ✔ Brick & Block Work
- ✔ Patios
- ✔ Surfacing
- ✔ Paving
- ✔ Cross Overs (street works approved)
- ✔ Extensions
- ✔ Drainage
- ✔ Driveways
- ✔ Bases
- ✔ Fencing
- ✔ Tarmac

Digger and driver hire.
Fully Qualified machine driver.
Fully Insured, Local and Reliable company, Based in West Sussex.

Contact T: 07743 658104
E: smhgroundworks@hotmail.com


Nick Jean Chris

To all our current and new customers:
We are back up and running to serve all your taxi requirements big or small.

A Cars
01903 81 01 01
For your Local, Airport & Long Distance requirements

Chalk Reef Jester: The Tompot Blenny

When it comes to engaging people with our natural world, the marine environment can be one of the more challenging stories to sell. Our oceans provide thriving biodiverse ecosystems and play host to the fascinating lives of some of the most weird and wonderful creatures and organisms on earth. But, for most of us, we can't see it.

We, as mammals, like things with a face. We like a good story, characters with big personalities. We like cute. Enter the Tompot Blenny.



A regular acquaintance of divers, Tompot Blennies have made a name for themselves as a bit of a comedian; a jester of the reef. With antler-like orange tentacles, big eyes and a curious, feisty attitude, this fish doesn't blend into the background.



Their sassy attitude comes from their territorial nature. As crevice dwelling fish, Tompot Blennies can be found on guard in holes in rocky reefs. Here, the males will spruce up the place, hoiking out mud and silt, and await passing females. If the hidey-hole meets her standards, she will lay her eggs, which the male then fertilises and guards for a month or more, before the young hatch and float off to live their best fishy lives. Job done.

But the drama ensues with interloping males who try to fertilise the eggs behind the homeowner's back. The females also keep their options open by laying eggs with several different hosts. With farce a-fin, it's understandable that the males might like to keep an eye on who's passing by, hence their penchant for investigating divers.



You might be lucky enough to see the Tompot's smaller cousin, the Common Blenny (or 'Shanny') in rockpools, and may be luckier still to see a Tompot Blenny at the bottom of the shore at low tide, but mostly they inhabit shallow rocky reefs.

That towering Sussex chalk we're used to associating with cliff and grassland extends under the seabed, creating chalk reefs, a nationally scarce habitat. Teeming with biodiversity, the chalk provides the vital bedrock that Tompot Blennies and many other species rely on for shelter and food.

With this bustling ecosystem just out of sight, we need charismatic species like the Tompot Blenny to welcome us into their underwater world; a fish to hook us, so we might just consider being a little more curious ourselves.

By Kerry Williams:
Communications Officer - Conservation
Sussex Wildlife Trust is an independent registered charity caring for wildlife and habitats throughout Sussex. Wildlife magazine and our guide book: Discovering Wildlife in Sussex.
It's easy to join online at:
www.sussexwildlifetrust.org.uk/join
or T: 01273 497532
Tompot Blenny © Paul Naylor

HAMILTON COLE
FAMILY RUN LOCAL RETAILER / SERVICE PROVIDER



SERVICE PROVIDER
Aerial/Satellite Custom Installer
TV Wall Mounting
Smart/Catch Up TV Setups
and Troubleshooting
Replacement Watch Batteries
Copying of VHS Tapes to DVD

We can help with:
TV Wall Mounting
Smart TV Setup
Aerial & Signal Repairs
Streaming Issues

RETAILER
Flat Panel TV's | DAB/FM Radios
Small Domestic Appliances
Electrical/TV AV Accessories
Wall Brackets

REPAIRS
TV, Audio, • DVD Recorders
Lamps • Microwaves
Vaccum Cleaners
Cookers & Hobs

Call 01798 872237
office@hamiltoncole.co.uk
Station Road, Pulborough, RH20 1AH
Find us on: facebook
www.hamiltoncole.co.uk



REDESIGN YOUR ENGAGEMENT RING OR INHERITED JEWELLERY

Update your engagement ring or inherited jewellery using our jewellery remodelling service. The redesign journey starts with a free design consultation where you can discuss your requirements with our designer. After you approve a design, we carefully remove your gemstones from their existing mounts and melt down your gold or platinum to create a raw material to work with, new metals and gemstones are incorporated as needed. Your new design is then handmade by skilled goldsmiths in our Sussex workshop. Scan the QR code or call us to book a free design consultation and workshop tour. NEW DESIGNS IN STOCK IN OUR GALLERY

Ditchling, Sussex, BN6 8UQ | 01273 846338 | hello@prudenandsmith.com | www.prudenandsmith.com

NGS: West Sussex has a wealth of gardens to choose from during August.

Shalford House: Square Drive, Kingsley Green, GU27 3LW. Sun 2nd Aug (12:00 - 17:00). Adm £10, child free. Pre-booking essential, please visit www.ngs. org.uk for information & booking. Home-made teas. Visits also by arrangement 18 May to 31 Aug for groups of 40 to 60. A garden designer and plantsman's garden, set in 40 acres, with 10 acres of well maintained gardens created over 30 yrs.

Champs Hill: Waltham Park Road, Coldwaltham, Pulborough, RH20 1LY. Sun 9 Aug (14:00 - 17:00). Adm £7, child free. Home-made teas. Visits also by arrangement 2nd Mar to 4th Sept for groups of 10+. Adm inc tea, coffee & biscuits. A natural landscape, the garden has been developed around three disused sand quarries with far-reaching views across the Amberley Wildbrooks to the South Downs.

Tuppenny Barn: Main Road, Southbourne, PO10 8EZ. Sat 15th Aug (12:00 - 16:00). Adm £6, child free. Light refreshments. Food intolerances & allergies catered for. Refreshments & plants in aid of Tuppenny Barn Education (children's charity). An iconic, organic smallholding used as an outdoor classroom to teach children about the environment, sustainability and healthy food.

4 Hillside Cottages: Downs Road, West Stoke, Chichester,PO18 9BL. Sun 16th Aug (14:00 - 17:00). Adm £5, child free. Home-made teas. Refreshments in aid of St Wilfrid's Hospice. Visits also by arrangement 24 May to 16 Aug. In a rural setting, this stunning garden is densely planted with mixed borders and shrubs.

Findon Place: Findon, Worthing, BN14 0RF. Sun 23rd Aug (14:00 - 17:00). Adm £8, child £4. Pre-booking essential, please visit www.ngs.org.uk for information & booking. Cream teas. Visits also by arrangement Apr to Sept for groups of 15 to 40. Stunning grounds and gardens surrounding a Grade II listed Georgian country house (not open), nestled at the foot of the South Downs.

The Folly: Charlton, Chichester, PO18 0HU Sun 23rd Aug (14:00-16:30). Adm £6, child free. Home- made teas. Visits also by arrangement 22nd June to 26th Aug for groups of 12 to 30. Colourful cottage garden surrounding a C16 period house (not open), set in the pretty downland village of Charlton, close to Levin Down Nature Reserve.

The National Garden Scheme doesn't just open beautiful gardens for charity – they are passionate about the physical and mental health benefits of gardens too. They also support charities doing amazing work in gardens and health and grant bursaries to help community gardening projects.

To learn more about the National Garden Scheme, discover your perfect garden or find out how to open your own garden visit https://ngs.org.uk

For gardens opening in Sussex, pick up a copy of The National Garden Scheme Sussex Booklet, available free from many local stores, garden centres and libraries and as an online Flip Book https://www.galleries.co.uk/NGS/sussex26/





We Clean Ovens

...so you don't have to!

Call us today to have your cooking appliances sparkling, using our own eco-friendly products.



- **Range & Aga Specialists**
- Ovens & Hobs
- Extractor Hoods
- Microwave Ovens
- Traditional Stoves

TRUSTIST 5.0/5.0

ovenu
oven valeting service
Local | National | Affordable

Call TODAY for LOCAL Service
01903 879767

A WOMAN'S TOUCH!

Lady Decorator



Painting, Wallpapering
Interior Design & Advice
Over 25 years experience
References available

CLAIRE LENNARD
07710 469427
awtdecorating@gmail.com
24 Southdown Road, Shoreham-By-Sea
www.awtdecorating.com

TC GROUP BUSINESS ADVISORS & ACCOUNTANTS

EXPERIENCED BUSINESS ADVISORS AND ACCOUNTANTS IN SUSSEX

If you're looking for an accountancy team who recognise the importance of local knowledge, TC Group are proud to serve businesses and individuals in Sussex.

With years of experience and expertise, we'll help set you up for success through our multitude of accountancy and specialist business growth services, along with personal financial solutions and legal advice, enabling you to safeguard your wealth and maximise your tax efficiency.



PROUD TO SERVE OUR LOCAL SUSSEX COMMUNITY

If you're looking for a personable, professional business advisory and accountancy team in Sussex, get in touch today.

TC GROUP
The Courtyard,
Shoreham Road,
Upper Beeding,
Steyning,
West Sussex,
BN44 3TN

01903 816699

enquiries@tc-group.com

SCAN ME TO FIND OUT MORE

www.tc-group.com

MARK PERRY

REGISTERED DOMESTIC ELECTRICIAN

Rewires, Lighting,
Extra Power Points, Testing
Part 'P' Registered
m.perry100@btinternet.com
01903 815218
07979 964410

Chimney Sweep

Professional Chimney Sweep
Fully Insured
Rotary Power Sweeping
Birds Nest Removals
Stove Maintenance
Cowlings Replaced
Member of Guild of Master Sweeps



To Book an Appointment
Call Neil on: 07704 847244

24 hour EMERGENCY Locksmith

LEE'S LOCKS

NO CALL OUT CHARGE!
All locks fitted to insurance BS3621

Window Locks • Supplied & Fitted
Fully Guaranteed • O.A.P. Discounts
Insurance Work • UPVC Specialist
Digital Locks • Break ins
Garage Door • UPVC/Patio
Police Checked • No VAT!!!



LOCKED OUT? DOOR JAMMED?
LOST KEYS? NEED EXTRA SECURITY?

Store this number in your phone NOW! You may need it

Tel: 01903 650 062
Mob: 07921 068564
Email: lee@lees-locks.com
FREE PHONE 0800 44 88 147

THE INSTITUTE OF CERTIFIED LOCKSMITHS ICL

Always Checkatrade
Before you use them

Steyning Double Glazing

A local, well established company providing a comprehensive and friendly service

A rated as standard

- ✓ Energy rated A+ Windows Available.
- ✓ Windows & Doors.
- ✓ Facias, Soffitts & Guttering.
- ✓ Replacement of blown & misted up double glazed windows.

FENSA APPROVED WINDOW & DOOR INSTALLER

10 YEAR GUARANTEE

01903 810 013 | 07790 036 855 | E: njb61@live.co.uk



JW TAXIS





JW Taxis are a local taxi company who have a great reputation for their service and affordability.

We specialise in journeys to and from:

- ✓ Gatwick Airport
- ✓ Heathrow Airport
- ✓ Long Distance Journeys
- ✓ Southampton Airport/Port
- ✓ Special Occasions

Best prices available. Reliable and trustworthy.

Please call JW Taxis on 07717 725551 or 07957 215532 or email jwtaxis@btinternet.com to make your booking or quote for your trip.

We look forward to hearing from you.

Becky Haskoll - Beachside Kiln Collage

SteyningARTS
ART TRAILS : EVENTS : INSPIRATION

I fell in love with glass during a trip to a glass blowing factory at the age of 10. A brief flirtation with glass blowing proved that a love for making was definitely there, but also that Hot Shop glass isn't a practical home hobby!

I eventually invested in a kiln and now design and make unique decorative glass vessels, alongside 2-dimensional pieces inspired by local folklore and ancient sites.

Working with glass provides me with a release from my busy and rather stressful day job. It also gives me space to creatively explore my loves of folklore, the natural world and science.

Much of my work is rooted in the turn of the seasons; those moments when we first feel the frost, see the Starlings murmurate, crunch through the leaves, or notice that the sun is up when we wake. Just like the landscapes that influence my designs, my work is tactile as well as visual, and aims to capture your imagination (or at least make you smile!).

CONTACT
Email: beachsidekiln@gmail.com
Instagram: @beachsidekiln
Website: https://beachsidekiln.wixsite.com/beachsidekiln (or scan the QR code)

THE FLOORING BROTHERS





We offer both a 'Supply & Fit' or 'You Supply, We Fit' service for carpets & vinyl flooring. Our mobile showroom brings the sample books to you, to choose in the comfort of your own home.

Repairs & Alterations • Coir Mats • Residential & Commercial

To arrange a visit call Jon on: 07595 873598 or email: info@theflooringbrothers.co.uk

Trustpilot

NORSAT

30+ YEARS IN BUSINESS

Established 1992
Family Run Business



Home & Business Security
- CCTV
- Intruder Alarm
- Camera Doorbells
- Door Entry

Installations ~ Service ~ Repairs

Wi-Fi Solutions & Data Points
Struggling with Wi-Fi reception? We can help
- Dead Spots?
- Buffering?
- Drop Out?
- No Wi-Fi?
- Wi-Fi for Garden Rooms and Outbuildings
- Hard Wired Data Points

Electrical Works
Domestic & Commercial
All works carried out by our qualified electricians
- Lighting External, Internal & Security
- Power Points
- Full and Partial Rewires
- EICR Reports
- PAT Testing
- EV Charger Installation
- Fuse Board Upgrades
- Testing, Diagnostics, Reporting

TV, Satellite, Aerial Services
TV Wall Mounting
- Satellite TV for Sky, Freesat & European Channels
- TV & Radio Aerials
- Extra TV/Satellite/Internet Points
- TV Wall Mounting Service
- Starlink Installations

STARLINK

sky Freeview Freesat

Steyning 01903 841197 www.norsat.co.uk

BEST CHOICE ROOFING



FLAT ROOFS / UPVC FACIAS
SOFFITS / GUTTERING
MISSING TILES
CHIMNEYS / LEADWORK

www.bestchoiceroofing.co.uk
T: 01903 773699 • M: 07961 410377
marc@bestchoiceroofing.co.uk

BUY WITH CONFIDENCE

AIRPORT RUNNERS

Taxi to Airports, Seaports, Cities and more

01273 100 200

www.airportrunners.uk

Steyning & District Community Partnership

The Steyning & District Community Partnership (SDCP) are proud of all the work their subcommittees take on; groups such as the long established and hard working Visitor & Tourism Committee(V&T) and - by comparison - the more recently formed Sustainable Travel Committee (STC). All those involved in these committees are volunteers, generously giving up a lot of their valuable time to community work.

Most people will be aware of the V& T's superb commitment to organising both projects and events to benefit the community and the local business economy, but maybe not so many know about the STC. First initiated towards the end of 2020, it was originally introduced to oversee the forming of sustainable travel routes to assist with inter-travel between Steyning Grammar School and their newly opened Towers Campus, in Upper Beeding; STC now had an even wider remit. As well as still being aware of the school children and their travel needs, it now recognises the necessity for all members of our communities to enjoy easier walking/ cycling routes between our villages - primarily Steyning, Bramber & Upper Beeding, but with future thoughts for other of our surrounding neighbours, too.

The STC splits various projects into Working Parties. All these have achieved much over the past years with one of the outstanding projects being the White Bridge Link - which opened in November last year - overseen by Working Party 9. This took nearly 4 years to complete, with a major delay being the need to completely replace the White Bridge - a huge challenge. This group is now moving on to another sustainable travel project - a route between Dacre Garden and Upper Beeding.



White Bridge Opening Day. Image Credit: Carol Levi

Another of the STC Working Parties, Working Party 10, has also had great success. They have been working on the Local Walking & Cycling Plan (LWCP). Creating an intricate & detailed plan, many pages long, they also initiated a Public Survey asking locals for other ideas that might be included to improve walking and cycling in our area. The survey results were analysed and now form the basis of future development over the years. Following this, STC felt that there was a need to have a further group to (a) prioritise which ideas should be worked on first/set up working parties and (b) to gauge project progress and make sure the overall Plan was kept active and moving forward, as time goes by. This group is called the STC Steering Group, with just 3 highly community conscious people in place to make decision making more succinct and straightforward.

So, along with keeping your eye out for great V&T events and projects, also watch out for progress on new sustainable routes in our area.



What to see and do in August

Steyning Downland Scheme

Wild Marjoram is a classic summer plant of the chalk grasslands on the Steyning Downland. It lives on thin, chalky soils, in sunny, South-facing pastures where most other plants struggle to grow. Its light pink-purple flowerheads are a real pollinator magnet, buzzing with bees, hoverflies and butterflies on sunny days.



Wild Marjoram is a classic summer plant of the chalk grasslands on the Steyning Downland. It lives on thin, chalky soils, in sunny, south-facing pastures where most other plants struggle to grow. Its light pink-purple flowerheads are a real pollinator magnet, buzzing with bees, hoverflies and butterflies on sunny days.

Like other chalk downland specialists, Wild Marjoram is well suited to a Mediterranean climate. Its leaves are small and slightly leathery, with lots of fine hairs and a waxy coating to slow moisture loss. It roots are long and branching to tap moisture deep down, even in dry chalky soils. So Wild Marjoram may actually benefit as the climate warms.

The aromatic oils that give Wild Marjoram its distinctive scent are there to protect its leaves from the sun's heat, and to discourage animals from eating it.

But they have also been used by people in times past to treat coughs, digestion and general malaise.

Of course the leaves can be used in salads - it is, after all, the wild ancestor of culinary oregano.

Gently squeeze a Marjoram leaf between your fingers and you'll smell the Mediterranean-right here on the Steyning Downs!

We have some great summer holiday events coming up this month! As well as a botany survey, where you can look for Wild Marjoram with the experts, we have Archery Sessions and Kid's Bushcraft.

To find out more, just go to: https://steyningdownland.org/sdsevents/. Don't forget you can Follow us on socials: @steyningdownland

SDS: Rescuing Juniper

Juniper bushes have been growing on the South Downs since the last ice age. But now, due to plant disease, habitat loss and our changing climate, they are in trouble.

The Steyning Downland Scheme looks after two populations of Juniper plants. At the top of Steyning Coombe we have a 'Juniper enclosure', which is fenced to prevent rabbits from eating the Junipers inside. For years the enclosure has only supported two Juniper plants – a male and a female.



Moving 8 young Juniper plants

Our other Juniper population is much bigger – up to 40 plants grow on a very steep bank on the Bostal Road. This population is being gradually swamped by invading Hawthorn and Bramble but the bank is just too steep for our volunteers to manage safely.

We decided to try to improve the prospects of both Juniper populations by moving 8 young Juniper plants from the Bostal Road site to the safe enclosure at Steyning Coombe.

SDS volunteers from our Maintenance Group worked with a team from the South Downs Voluntary Ranger Service to carefully dig up the plants, bag the roots (to prevent them from drying out) and then transplant them in the enclosure.

Time will tell whether the translocation has been successful, but it was a great day out, with some marvellous views!

A special 'thank you' to the South Downs National Park for all your support and to the charity Plantlife, who funded the creation of the Juniper enclosure.

QUALITY AND VALUE DIRECT FROM THE GROWER!

- You will find an exceptional range of Seasonal and Hardy plants here at our Nurseries in West Chiltington – All Grown and Sold on Site!
- A great selection of Shrubs and Hardy Perennials – including our full range of Value Perennials at £3.75 each, "Pick and Mix" Any 10 - £30 - Available now!



FREE VALUE PERENNIAL!
PRESENT THIS ADVERT AND CLAIM YOUR FREE PLANT!

VILLAGE NURSERIES
SINNOCKS, WEST CHILTINGTON, RH20 2JX
01798 813040
OPEN 7 DAYS A WEEK 9AM-5PM.
village-nurseries.co.uk
peter@villagenurseries.co.uk

Diary Events

The following nonrecurring events are also in the What's On section on the Your Steyning, Bramber & Beeding website at: www.yourmag.co.uk

Saturday 1st August
Steyning Town FC
14:00 - 16:00
Peter Humphreys Memorial, Shooting Field, Steyning

Steyning Town v Littlehampton FC

Pre-season Friendly. Littlehampton are our visitors. Our final friendly before the action begins. Bar and Kitchen open. Adults £5 Conc £3 U16 Free. Contact STFC secretary.stcfc@gmail.com

Saturday 1st August
Steyning drama Company
19:30 - 21:30
Beeding & Bramber Village Hall, High Street, Upper Beeding, BN44 3WN

Murder in Upper Bramber

A murder. A detective. A cast with everything to hide. The Upper Bramber Players are attempting their biggest production, yet when a shocking murder throws everything into disarray. With a determined detective on the case, rivalries erupt, accusations fly and every member of the cast has something to conceal. As the investigation gathers pace, no one escapes suspicion and nothing is quite as it seems. Inspired by David Tristram's Murder in Little Grimley, Murder in Upper Bramber is a fast-paced comedy bursting with eccentric characters, theatrical disasters and brilliantly misplaced confidence. One murder. Countless suspects. Endless laughs. Can the detective solve the case before the final curtain?
The evening begins with special guests, music duo and band - Salt Fire.
£10 from Ticketsource.com or The Steyning Bookshop, cash only.
NOTE: Also on Sunday 2nd August 15:00 doors and bar, 14:30.
The afternoon begins with special guests, duo and band - Salt Fire.
Follow Steyning Drama Company on Facebook. Contact Steyning Drama Company.

Monday 3rd August
Steyning Parish Church
10:00 - 12:00
Penfold Hall, Church Street, Steyning

Family Fun Holiday Activities

Join us for holiday family fun on four mornings in August. Each session will have a different theme.
NOTE Also on:
3 August Painting Party
6 August Dinosaur Theme
10 August Pirate Theme
13 August Mythical Creatures Theme
All activities are meant for family time together. This is not a drop off holiday club. Suggested donation of £2 per child. Contact Gary 01903813276 families@steyningparishchurch.

Monday 3rd August
Steyning Probus Club
12:45 - 15:30
Steyning Centre,Fletchers Croft, Steyning

Steyning Probus Club Ladies Lunch & Speaker

The Ladies lunch for members and their wives partners only. New members welcome. Those who may be interested in becoming a member can visit the Steyning Probus Club website (steyningprobus.org) for further information or can contact our Membership Secretary Len Warner on 01903 812752

Tuesday 4th August
The Steyning Downland Scheme
11:00 – 12:30
End of Steyning Rifle Range, End of Nightingale lane, Off Mouse Lane, Steyning, W3W: stores.underline.viewing

Youth Archery on the Downs
Returning to popular demand, summer archery sessions will be running in August 2026 on the Steyning Downs. We are once again teaming up with a local qualified archery instructor to offer archery lessons on the old Steyning Rifle Range. All under 18s must be accompanied by a parent or guardian. Parents/guardians are welcome to try archery for themselves. https://steyningdownland.org/sdsevents/
NOTE also on:
Tuesday 4th August. 13:00 – 14:30
Tuesday 11th August 11:00 – 12:30
Tuesday 11th August 13:00 - 14:30
Contact The Steyning Downland Scheme. 01903 817 996 office@steyningdownland.org

Tuesday 4th August
Steyning Parish Church of St Andrew and St Cuthman
12:30 – 13:00
Steyning Parish Church, Vicarage Lane, Steyning

Tredici Wind Ensemble Concert

Another in our series of short lunchtime concerts. We consist of 13 players: two flutes, two oboes, two clarinets, two bassoons, four horns and a double bass. We are all either local music teachers or keen amateur players, and have been meeting regularly since October 2022 to play arrangements of classical pieces mostly taken from the online collection created by arranger Patrick Clements. We all love to play together and are delighted to present this, our second concert. We will be playing Ritual Fire Dance by De Falla, Serenade for 13 Wind Instruments op. 7 by Strauss, The Wand of Youth Suite No. 2 by Elgar, and Polovtsian Dances by Borodin - please do come and join us! Info: Annabel Connellan 01444 891893 annabel@giraffeproductions.co
Entry is free, with a retiring collection in aid of repairs to our church (to make our tower watertight and to repair timber damage). Contact: Kate 01903813276 office@steyningparishchurch.org

Wednesday 5th August
Community Film Night
19:30 - 22:00
Steyning Centre,Fletchers Croft, Steyning

Screening: H IS FOR HAWK

H is for Hawk follows Helen (Claire Foy), who, after the sudden death of her father (Brendan Gleeson), loses herself in the memories of their time birding and exploring the natural world together and turns to the ancient art of falconry-rooted in European tradition-training a wild goshawk named Mabel to navigate her profound loss. But as she teaches Mabel to hunt and fly free, Helen discovers how deeply she has neglected her own emotions and life. What begins as an act of endurance transforms into an intimate journey of resilience and healing. Tickets £6.00 ti include tea or coffee during the interval. Please purchase tickets in advance from the Office at The Steyning Centre. Contact Tessa Eckert 01903812042 tessa.eckert@steyningpc.gov.uk

Thursday 6th August
The Steyning Downland Scheme
12:30 - 15:30
DS Gateway Building,, Behind Mouse Cottage, Off Mouse Lane, Steyning, W3W: ecologist.baseline.pegs

Kids Seasons Bushcraft: Summer

SDS *'Seasons bushcraft'* are 4 outdoor sessions spread across the year celebrating the the 4 seasons. With seasonal woodcraft, exploring nature and campfire cooking! These sessions are aimed for 8-14 year olds and will be in the school holidays. These 3 hours sessions are drop off sessions and are led by fully qualified Forest School Leaders and are designed to show the wonder of nature in each season. Come and join our Summer Season Bushcraft session! https://steyningdownland.org/sdsevents/ - Contact: The Steyning Downland Scheme 01903 817 996 office@steyningdownland.org

Thursday 6th August
Steyning Gardening Club
14:30 – 16:30
Bedham Lane, Fittleworth, Pulborough

Fittleworth House Visit

An opportunity to come with us to see the wonderful Fittleworth House Gardens. This

beautiful and tranquil 3-acre country garden is part of the NGS open gardens scheme and we have organised a private visit. For more details please contact: Alison Hamer.
07817703434
steyninggardeningclub@gmail.com

Friday 7th August
Vintage Years
14:00 - 16:00
Steyning Centre,Fletchers Croft, Steyning

Dempsey School of Irish Dancers

Doors open at 13.45 . We look forward to welcoming the Dempsey School of Irish Dancers to entertain us. Refreshments will be served from 15.15 and we will celebrate August birthdays. Entrance Fee £3 (£5 Visitors).Annual membership fee is £10 (each April). Due to numbers please, no visitors unless by prior arrangement. Always contact Bev Frances-Hill before attending for the first time/returning after a long break, for transport needs or any other information.
T: 01273 493894
Vintageyears2012@gmail.com

Saturday 8th August
FA Cup Steyning Town FC
15:00 – 17:00
Peter Humphreys Memorial, Shooting Field, Steyning

FA Cup Steyning Town v Erith Town

Join us on the road to Wembley - it's the Extra Preliminary Round and we are at home to Erith Town. There really is magic in the Cup so put it in your diary - bring friends and family. Bar and Kitchen (award winning burgers among the options). See you there. Admission: General £10, Concession £5, Under 16s Free (season tickets n/a for FA competitions). Up the Barrowmen.
Contact STFC secretary.stcfc@gmail.com

Sunday 9th August
Steyning Town Women FC
14:00 – 16:00
Peter Humphreys Memorial, Shooting Field, Steyning

Steyning Town Women v Hassocks Women
Pre-season friendly. Free Entry. Come down for our final friendly before the League campaign begins. Contact STFC secretary.stcfc@gmail.com

Monday 10th August
Steyning Museum
10:30 - 13:00
Steyning Museum, Church Street, Steyning

Children's Activity Morning

Suitable for Primary age children (children must be accompanied by an adult) Tudor costumes. badge making, make your own Pomander, bagatelle, various craft activities, skittles (outside if fine) Tickets £2.00 available in the Museum from 22nd July or on the day. Contact Muriel Wright 01903 813333 contact@steyningmuseum.org.uk

Tuesday 11th August
Board Game Café
15:15 – 17:15
The Penfold Hall, 35 Church Street, Steyning

Come along on the 2nd Tuesday of each month to play some board games at the Penfold Hall. It is free to come along, we have lots of games to play or feel free to bring one along. Free drinks and snacks.All ages are welcome. Please contact the Neighbourhood Wardens or the Children's and Families Worker for the Parish Church for more details: Alison Page/ John Sampson 07734387889/07734387888 sbub.wardens@horsham.gov.uk

Friday 14th August
Steyning Community Table
12:45 - 02:45
Athletics Club, Charlton Street, Steyning

Community Lunch

Join us for our monthly, two course lunch when we turn surplus food from our local farms and shops into tasty, vegetarian meals for our community. We provide a friendly environment for sharing food and socialising, and everyone is welcome. Tickets are £5 and spaces are limited. To secure a seat at the



table, please Contact: Kate Rainbow/Polly Finch 07724145725.
E: steyningcommunitytable@gmail.com

Friday 14th August
Good Grief Cafe
14:00 - 16:00
Penfold Hall, Church Street, Steyning

Please feel free to join us if you are in need of support following a loss of any kind. Tea and coffee and biscuits will be available. Contact Judie 01903813276
care@steyningparishchurch.org

Friday 14th August
The Steyning Downland Scheme
20:30 - 22:00
SDS Gateway Building, behind Mouse Cottage, Off Mouse Lane, Steyning, W3W: ecologist.baseline.pegs

Batwatching for Beginners

Back by popular demand, we have three Bat watching for Beginners sessions this year! Join professional ecologists, Lucy Cressey and Caitlin Laver as they explain the basics of bat monitoring. You can book for just one session, or all three. All bat monitoring equipment provided. Please note, this is an adult nature connection event but under 18s are welcome, when accompanied by a parent or guardian. https://steyningdownland.org/sdsevents/ - Contact: The Steyning Downland Scheme 01903 817 996
office@steyningdownland.org

Sunday 16th August
Friends of Steyning Parish Church
13:00 - 17:00
Rosebank, Jarvis Lane, Steyning BN44 3GL

A Summer Garden Day

Enjoy a relaxing Summer Garden Day at Rosebank with home-made cream teas, bargain plants and an exhibition of art and sculpture.
A special *'Ask the Gardener'* session begins at 14:00 in the Saxon Room at the The Steyning Centre, just a two-minute walk from Rosebank. Chaired by Elisabeth Harden of Steyning in Bloom, the expert panel includes Alex Bell, Lynne Broome, Debbie Chalmers and Sue Reed, who will be happy to answer your gardening questions. *'Questions may be submitted in advance by email to friends@friendsofspc.org, or simply asked on the day'*.
Donations of plants for the stall are warmly welcomed. Please deliver labelled plants to the Rosebank greenhouse from 10th August, together with a note of your donation.
The art exhibition will feature works by Suzy Barnard, paintings of the Church by Elisabeth Harden, and informal talks on sculptures by Terry New and Penny Reeve. Please note that the artwork is for exhibition only and is not for sale. All proceeds will support essential repairs to the Church and help improve it as a venue for community events. Rosebank is on the corner of Jarvis Lane, opposite Holland Road. Everyone is welcome. Further info: www.friendsofspc.org/gardenday/
To buy tickets: www.ticketsource.com/fospc
Or from The Steyning Book Shop (cash only)
£15 to include all activities. £10 all activities except *'Ask the Gardener'*
Contact: Steyning Parish Council

Thursday 20th August
The Steyning Downland Scheme
10:00 – 15:30
SDS Gateway Building, Behind Mouse Cottage,, Off Mouse Lane, Steyning, W3W: ecologist.baseline.pegs

SDS Bushcraft Day on the Downs

Join this SDS drop-off 5 hour summer holiday bushcraft session for young people aged 8 - 14 on the Steyning Downs. There will be opportunities to learn new skills, cook round a camp fire and meet new friends. Led by fully qualified and DBS checked Forest School teachers. Please bring a packed lunch including a bottle of water. (Some snacks such as toffee apples, marshmallows and popcorn will be provided during the session). Book early: Only 15 places on each session. The session is set to take place outdoors on the Downs. In the case of extreme heat or wet weather, the event will be inside a horse shelter very close to the meeting point.



Contact The Steyning Downland Scheme
01903 817 996 office@steyningdownland.org

Saturday 22nd August
Climate Cafe
10:30 – 12:00
The Castle Inn, Bramber

A regular event on the 4th Saturday of every month except December, the Climate Cafe at the Castle offers a warm and inclusive space, to share friendship and mutual support for those holding questions and worries about the climate crisis and how it will affect us all. Whether you are feeling helpless and fearful about the future, or feeling positive and motivated to bring about change – you are not alone. So why not join us at 10.30 for a chat over coffee. Contact: Greening Steyning

Monday 24th August
Little Stars
13:00 – 14:45
Penfold Hall, Church Street, Steyning

During August, Little Stars will meet on Monday 24th 13:00 - 14:45 and Thursday 27th 9:30 - 11:30 only.
However we will host **Family Fun Holiday Activities** on 3rd, 6th, 10th and 13th August from 10:00 - 12:00 in the Penfold Hall.
See details in separate announcements. **Note** that all activities are meant for family time together. These events are not a drop off holiday club. Additionally, there will be no Little Stars on Monday 31st August as it is a Bank Holiday.
This Summer's August dates and info
Monday 3rd no session but hosting family fun holiday activities 10:00 -12:00.
Thursday 6th no session but hosting family fun holiday activities 10:00 -12:00.
Monday 10th no session but hosting family fun holiday activities 10:00 -12:00.
Thursday 13th no session but hosting family fun holiday activities 10:00 -12:00.
Monday 17th no session.
Thursday 20th no session.
From **Monday 24th** little stars will resume As Normal.
Contact: Gary01903813276
families@steyningparishchurch.

Saturday 29th August
FA Trophy Steyning Town FC
15:00 - 17:00
Peter Humphreys Memorial, Shooting Field, Steyning

FA Trophy Steyning Town v Moneyfields FC

Moneyfields are coming over from Portsmouth for the First Qualifying Round of the FA Trophy. It's another opportunity to get to Wembley - be there for the journey. Bar and Kitchen open. Admission: General £10, Concession £5, Under 16s Free. Up the Barrowmen. Contact STFC secretary.
stcfc@gmail.com

Sunday 30th August
St Botolphs Church
14:00 - 16:00
Annington Road, Botolphs

Cream Teas

Join us at St Botolphs Church for tea and scones. Sunday 30th and Monday 31st August from 4:00 - 16:00. Cash donations greatly appreciated for the upkeep of the Church. Contact Sandra Middleton 07920015254 sandramidd63@me.com











Steyning for Trees



CPRE WINNER
CPRE Sussex Countryside Awards 2020

The TEMPERATURE UNDER A CANOPY OF TREES CAN BE UP TO 8% COOLER than the surrounding air. Not only is this delivered by the shade but also by transpiration through the leaves. Those who have planted plenty of trees in their streets through SFT have been telling us how grateful they are for these in the SWELTERING TEMPERATURES we have been having. To date have planted 121 verge trees and only lost 3.

What an excellent job of looking after them you have all done watering in droughts and when asked by us. The SFT watering contractor has also been doing a great job, often in the middle of the night looking after those in bigger groups. We have been working on this now for 7 years, anticipating the effects of global warming which seems to have arrived so much earlier than we all thought.

Groups including the Royal Horticultural Society have been calling for action by the Government to maximise *'green infrastructure'*. UK cities must be cooled with more trees, grass and plants in the face of growing heat wave danger. This has been the policy in Seville, one of the hottest cities in Europe. Cooling street trees are planted everywhere and a large park has been donated for a forest of trees. This, along with the wonderful ornamental fountains, all contributes to a remarkable cooling effect.



This chimes well with the Woodland Trust's latest campaign *'Trees for All'*. They are investing £10 million over the next 5 years on urban trees in towns and cities, particularly in areas where flooding, air pollution and ill-health are occurring. Darren Moorcroft. Chief Executive of the Woodland Trust *'This is not just about making people feel good, it is a real injustice and could be affecting people's quality of life'*. I think we can all relate to that, particularly when it goes on to say about the devastating effects of abnormal summer heat. pic 4647



We are so glad to be able to work with Steyning Grammar School's excellent teaching staff on a WHOLE DAY of NATURE CENTRED ACTIVITIES this year. So ably organised by them. This year we obtained for the pupils, Butterfly Gardens so they were able to witness the full cycle of metamorphosis from caterpillars through chrysalis to butterflies. Helping them to appreciate the wonder and joy of nature. Lots of other activities and identification challenges are being organised including pond discoveries.

These young people represent our hope for the future and how well they are stepping up to the mark with their excellent teachers. Their wonderful debate with Dame EJ Milner-Gulland, Prof. of Biodiversity from Oxford University and former pupil of SGS at the Festival was fascinating and impressive to listen to.

A quote from SUSSEX WILDLIFE TRUST *'6 Indigenes trees will absorb and store a TONNE of CARBON DIOXIDE over their lifetimes. They are a wonderful food source for wildlife from SPRING BLOSSOMS providing NECTAR to autumn nuts and berries to feast on and store for the winter months'*. Thus providing food and nectar every year for years to come.

Amazing numbers of butterflies, bees, hoverflies and insects plus foxes and hedgehogs are busy inhabiting Mouse Cottage's garden with its long grass and supportive flower planting.

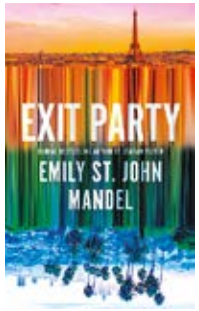
SUBSCRIBE TO OUR MAILING LIST
yourmag.co.uk



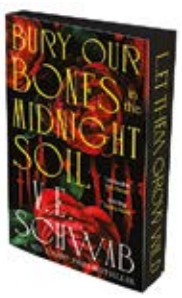
Steyning Bookshop - 01903 812062
Monday - Saturday: 9:30 - 17:30
info@steyningbookshop.co.uk

August 2026 Book Reviews

Adult Fiction

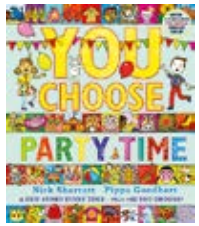


Exit Party by Emily by St John Mandel.
Picador hardback
£18.99.
Emily St John Mandel, acclaimed author of the cult classic Station Eleven, has carved out a niche for herself creating delicately enmeshed literary sci-fi worlds.
Exit Party is set in 2031, in an all too plausible future America, fractured into warring states. At a party in L.A, a young woman called Ari encounters a strange, jarring, doppelganger phenomenon. The same night, a dear friend disappears mysteriously, and a painting appears out of nowhere. Years later, living a different life in Paris, Ari remains haunted by that night. Whatever happened at the party fractured reality. . .
A mind-bending, multi-faceted story of freedom and surveillance, art and survival, love and loss in a broken world.



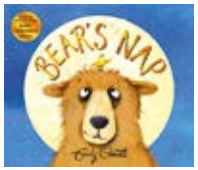
Bury our Bones in the Midnight Soil by V.E Schwab.
Macmillan paperback
£10.99.
An immersive, century-spanning feminist tale of power, bloodlust and immortality, which had me under its spell from the very first page!
1532, Spain: María, wild and wily, knows beauty is her only currency. So, when an alluring stranger offers her a dark alternative path, María makes a desperate choice. 1827, London: Charlotte lives a cloistered life, her heart full of impossible wants. Swept away by a beautiful widow's invitation, Charlotte discovers she can buy her freedom – if she sells her soul.
2019, Boston: Alice moved across the world to escape her past. But a one-night stand gives her a thirst for answers. . . and retribution.
Three women, three deaths, three after-lives. . . a gripping, gothic and utterly absorbing story of sapphic vampires, now out in a stunning paperback edition with sprayed edges.

Children's Books



You Choose Party Time by Pippa Goodhart and Nick Sharratt.
Puffin Books, hardback
£12.99.
The YOU CHOOSE books are invaluable secret weapons for parents and grandparents seeking to distract unruly offspring! They promote language development. . . and heated discussion! The latest addition to the series, YOU CHOOSE PARTY TIME is full of endless PARTY possibilities. . . What kind of party will it be? Who will you invite? Which cake would you like to eat? Will you dance to a steel pan band or bagpipes? What will you wear? What gifts will be given and received? Packed with jolly illustrations by the WONDERFUL Nick Sharratt, this book will provide hours of fun for ages 3-10!
Nick and Pippa will be at the shop for an event on 27th August so we will take pre-orders for SIGNED and DEDICATED copies.



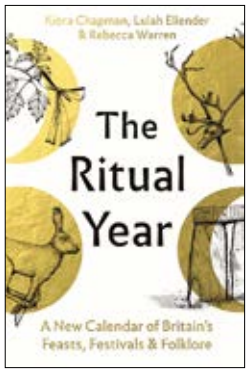


Bear's Nap by Emily Gravett.
Macmillan paperback
£8.99.
We ADORE Emily Gravett's unique illustration style, and these days when so many picture book illustrations are a bit cartoony, Emily's incredible talent with pencil, paint and charcoal really stands out!
Bear's Nap is a lyrical, rhyming story with a delicious circularity. . . What IS that annoying 'cheep cheep' sound which is keeping bear awake? Follow bear into the woods to hear a multitude of animal noises and find the culprit!
A perfect bedtime story for ages 3-5.









What stress does to the body



Stress shows up not just in our thoughts, but very clearly in our bodies – and chiropractic care can play a useful role in breaking that cycle.

When you're under stress, your body releases hormones like adrenaline and cortisol, putting you into *'fight or flight'* mode. This can be helpful short-term, but when stress is ongoing it often leads to:

- Tight, aching muscles in the neck, shoulders and lower back
- Headaches and jaw clenching
- Changes in posture (hunched, guarded, rounded shoulders)
- Poor sleep and fatigue

Over time, these patterns can create or worsen spinal joint restrictions and pain, keeping the body stuck in a tense, protective state.

How chiropractic can help:
Chiropractic care focuses on the spine, joints and nervous system, aiming to reduce physical tension and improve movement so the body can relax.

Relieves muscle tension and pain
Hands-on treatment and gentle adjustments help loosen tight muscles and restricted joints, easing stress-related neck, shoulder and back pain.

Supports healthy spinal movement and alignment:
By restoring more natural spinal motion and alignment, chiropractic care reduces mechanical strain on joints and muscles, helping the body move more freely and feel less locked into a stressed, tense state.

Supports relaxation and better sleep:
Many people feel calmer and sleep more comfortably after treatment because pain is reduced and breathing often feels easier once chest and back tension are addressed.

Encourages healthy habits:
Chiropractors can offer simple advice on movement, workplace setup, stretching and movement breaks, helping you manage physical stress day to day.

A complementary approach to stress:
Chiropractic care doesn't replace medical or psychological support, but it can be a valuable part of a wider stress-management plan. By easing pain, improving movement and reducing muscle tension, your body is better able to rest, move and cope – which supports whatever emotional or mental-health strategies you're using at the same time.

If you have a specific question regarding any pain or problem areas, or would like to book a free 15-minute consultation for you or your family, please call:

Well Adjusted Health on 01903 892171
Alternatively you can book on line at https://westsussexchiropractor.co.uk

Well Adjusted Health
Gentle Chiropractic Healthcare
Resolve to finally sort that pain
Don't put up with pain - your body is trying to tell you something.
Call us for a FREE 15 minute assessment.
The Royal College of Chiropractors Patient Partnership Quality Mark
PPQM
Meeting Patient Expectations
2025 - 2027
01903 892171
The Sport Pavillion, Church Lane,
Ashington • RH20 3JX • www.well-adjusted.co.uk
MARK JONES MCHIRO, DC

STEYNING JEWELLERY

ANTIQUE, VINTAGE & MODERN JEWELLERY & WATCHES BOUGHT & SOLD.
REPAIR/RESIZE SERVICE
WATCH BATTERIES & SERVICING
ALL GOLD & SILVER BOUGHT INCLUDING BROKEN ITEMS & SCRAP


BUY - SELL - P/X
HOME APPOINTMENTS AVAILABLE
86 HIGH STREET, STEYNING, BN44 3RD
01903 416591
INFO@STEYNINGJEWELLERY.COM

August Gardening Journal

Article by Alex Bell
T: 01903 815065
M: 07866 747849

August can be one of the most rewarding months in the garden. Our borders are often at their most vibrant, while the warm, dry weather slows weed growth, giving gardeners a welcome opportunity to step back and enjoy the results of the hard work invested over the past few months. August is also the perfect time to reflect on the season so far, making notes on what has flourished, which plant combinations have worked well, and, perhaps most importantly, which areas of the garden would benefit from a little more thought and planning for next year.

Plant of the Month:
Rosa For Your Eyes Only

I'll admit it—I wasn't entirely convinced when I first came across Rosa 'For Your Eyes Only'. It didn't have the classic, perfectly formed blooms that many people associate with roses, and at first glance I wondered whether it really deserved a place in the garden. It wasn't until I saw it growing through an entire season that I truly appreciated just how special this rose is.

The beauty of 'For Your Eyes Only' lies in its constant change. Each flower opens in soft shades of peach and apricot with a striking crimson eye at its centre. As the blooms mature, they gradually fade through blush pink to almost creamy white, creating a remarkable mix of colours on the same plant. With fresh flowers opening every few days alongside older blooms, the overall effect is one of movement and subtle variation rather than uniformity.

Even better, this is a rose that simply keeps on giving. From early summer until the first frosts, it produces wave after wave of flowers, making it one of the longest-performing roses in my garden. The open, single blooms are also a magnet for bees and other pollinating insects, adding wildlife value as well as ornamental appeal.

Like many shrub roses, however, it can become a little bare around the base as the season progresses. One of my favourite ways to overcome this is by underplanting it with Salvia 'Nachtvlinder'. The rich, velvety-purple flower spikes not only disguise the rose's rather ungainly legs but also provide a striking contrast to the ever-changing pastel flowers above. The combination creates a natural, relaxed planting that looks good for months. Looking back, I'm glad I gave this rose a chance.

What I initially saw as an unusual rose has become one of the hardest-working plants in the border. It proves that not all roses need perfectly shaped blooms to earn their place. Sometimes it's the plants that quietly flower for months, adapt to every stage of the season and combine effortlessly with their neighbours that become the real stars of the garden.

Jobs to do this month include:

- Continue to deadhead, especially dahlias which should be looking great by now.
- Weed!!! – shouldn't be too much of this but its best to keep on top of it.
- Keep the lawn mown and edges cut – due to dry weather you may need to raise the height of the cut if you want to keep your lawn green.
- Trim hedges – now the birds have finished nesting now's the time to get your hedges back in order.
- Water – Any plants that are looking a bit tired and are wilting, are in need of a drink. If they look really bad then water immediately and then top up later in the day when its cooler.
- If you have any meadow areas then these should be cut and the hay raked asap.
- Spray and feed roses.
- Plant out autumn flowering bulbs eg colchicum.
- Remove lavender stalks and trim bush leaving some green fresh foliage.
- Order spring flowering bulbs.
- Ensure camellias have sufficient water to ensure flowers for next year.
- Clip evergreen shrubs.
- Prune current seasons growth of wisteria back to 5-6 leaves.
- Mow summer flowering meadows.

Vegetable Garden:

- Harvest Garlic.
- Sow oriental greens such as mizuna and mibuna, pak choi etc.
- Harvest early apples.
- Start lifting main crop potatoes.
- Summer prune trained fruit such as espalier apples, pears etc.
- Trim nonflowering stems of grapes cutting back to one leaf from the main branch.

SUBSCRIBE TO
OUR MAILING LIST
yourmag.co.uk



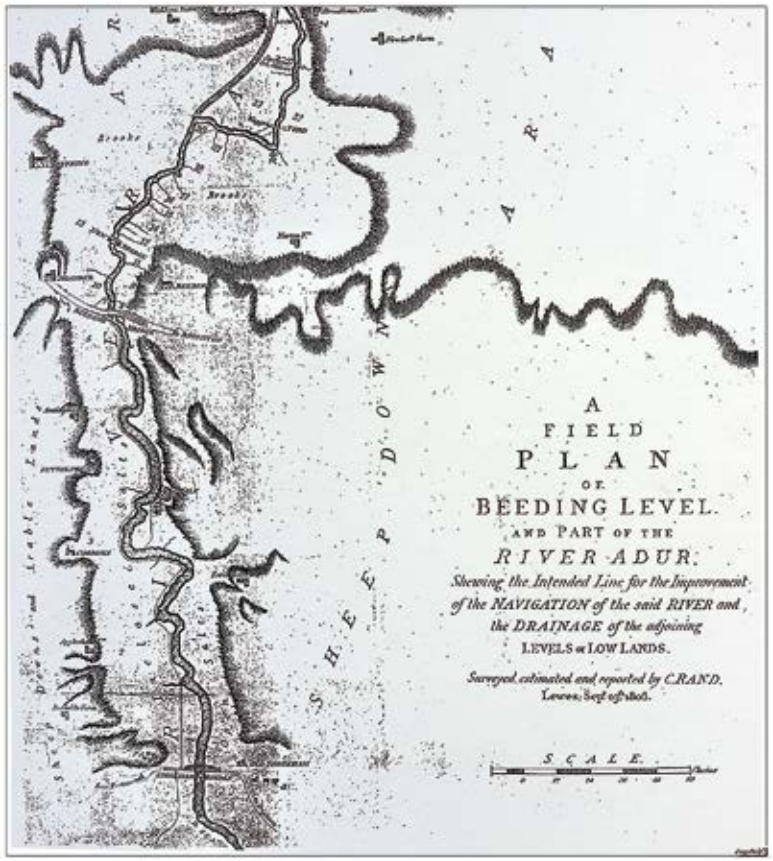


Article by: Rachael Rainbow

A River Reshaped: Following the Changing Course of the Adur

The River Adur has always been at the heart of life in the valley. Long before roads became the main routes between communities, the river connected settlements, provided trade, powered industry and shaped the landscape around Steyning, Bramber and Upper Beeding. Yet the Adur we see today is very different from the one our predecessors knew.

The accompanying map, surveyed in 1806 in preparation for the River Adur Navigation and Drainage Act of 1807, captures a fascinating moment in the river's long history. It shows a landscape on the verge of significant change, with engineers planning to reshape the river to make it more useful for navigation and to improve drainage across the valley.



Map accompanying the River Adur Navigation and Drainage Act of 1807. Original map dated 1806. House of Lords Library.

The Adur itself has ancient origins. During the Ice Ages, huge volumes of meltwater carved a gap through the South Downs, creating the valley that the river still follows today. The geology of the surrounding countryside continues to influence its behaviour.

Rain falling on the heavy Wealden Clay quickly runs into the river, causing water levels to rise rapidly after storms, while streams fed by springs from the chalk and sandstone provide a steadier flow throughout the year.

For much of its history, however, the Adur was not the relatively narrow channel we know today. In Roman and medieval times it was a broad tidal estuary reaching far inland, with salt water extending up the valley. At its widest, the estuary is thought to have stretched for nearly two miles across near its mouth. The tidal waters supported a thriving salt-making industry, with numerous salterns lining the marshes.

Gradually, people began reclaiming land from the estuary through a process known as *'inning'*. Embankments and sea walls enclosed areas of tidal marsh, creating valuable pasture for grazing livestock. It was a continuous battle against nature. Storms sometimes breached the defences and reclaimed the land for the sea, while landowners constantly sought new ways to tame the river. In 1732, for example, Sir John Shelley built a substantial dam between Applesham and Erringham, forcing the river into a new course and reclaiming more farmland.

By the beginning of the nineteenth century, another problem had emerged. The river naturally carried silt, while shingle drifting eastwards along the coast repeatedly blocked its outlet to the sea. Navigation became increasingly difficult, threatening the trade that depended upon it.

That is where the 1806 survey becomes so important. The map records the winding course of the river before major engineering works began. It identifies proposed straightened sections designed to improve the flow of water and make navigation easier. It also records features of the working landscape, including the *'New Bridge'* and a wagon ford further upstream, offering a snapshot of how people crossed and used the river over 200 years ago. The improvements eventually led to the opening of the Baybridge Canal at West Grinstead in 1826, extending navigation further inland and allowing coal, slate and agricultural supplies to be carried deeper into the Sussex countryside. During the twentieth century, attention turned increasingly towards flood prevention, with extensive engineering works in the 1950s raising riverbanks and strengthening them to protect nearby communities.

The Adur has never been a fixed feature of the landscape. It has shifted naturally over thousands of years and been repeatedly reshaped by human hands.

The 1806 survey map reminds us that the peaceful river winding through the valley today is the result of centuries of adaptation, engineering and determination. It offers a remarkable glimpse of the moment when the Adur stood on the threshold of yet another transformation.

To discover more about the history of the River Adur and the changing landscape of the valley, visit Steyning Museum.

The museum is open Wednesday to Sunday from 10:00 to 16:00. Further information about current exhibitions and events can be found at the museum or on its website: https://steyningmuseum.org.uk/



ADVERTISER'S INDEX

Subscribe to our mailing list: yourmag.co.uk

Accountants/Tax
Accountancy & Business Matters 2
Beltons Public Account 15
TC Group 21

Aerials/Home Theatre
Alpine Installs 14
Hamilton Cole 17
Norsat 23

Boiler Repair
All Lit 11

Bookshop/Reading
The Steyning Bookshop 39

Boilers/heat Pumps
All Lit 11

Building/Architecture
Admiral Build/Roofing 6/7
SMH Ground Works 15

Business Affairs/Advisors
Beltons Public Account 15
TC Group 21

Care Services
GW Care Services 12

Carpentry
Riverside Home Maint. 35

Car Hire
A Cars 15
Airport Runners 23
JW Taxis 22

Chimney Sweep/Repairs
Chimney Sweep 20
Steyning Roofing 9

Cleaning
Domestic Cleaning 13

Construction Plant Hire
SMH Ground Works 15

Dental Practice
Mallards Dental 13

Electrical
Mark Perry Electrical 20
Rob Sykes Electrical 13
TR Energy 14

Events/Festivities
Big Church Festival 25

Fencing
SMH Ground Works 15
Treedom 20
Riverside Home Maint. 35

Funeral Directors
Chalcraft Funeral Direct. 33

Flooring/Carpets
The Flooring Bros 23
Walter Wall Carpets 19

Garden Services/Design
Alex Bell Garden Desig. 42
Treedom 35

Gifs/Cards
Steyning Store Post/O 8

Guttering/Facias/Cleaning
R&R Gutters 14
Steyning Double Glaze. 21

Handy Man Services
All Aspects 14
Handy Dad 45

Hairdressing
Mobile Hairdressing 13

Health/Sport/Fitness
Holistic Massage 12
Steyning Osteopathic 12
Well Adjusted Health 40

Home Appliances
Carters Home Appl. 48

Home Care/Help Service
GW Care Services 12
Right at Home 37

Home Maintain
Handy Dad 45
Riverside Home Maint. 35

Interior Design
GE Paul Design & Build 47
Bluebird Interiors 47

Jewellery/ remodelling
Pruden & Smith 17
Steyning Jewellery 40

Landscaping
Alex Bell Garden Desig. 42
All Aspects 14

Locksmith/Key cutting
Lee's Locks 20
Steyning Store Post/O 8

Moss Clearing
Admiral Build/Roofing 6/7

Moving & Storage
LR Lomers 35

Oven Cleaning
OvenU 20

Opticians
Robertson Opticians 3

Painting/Decorating
All Aspects 14
Keltons Decorating 9
Lady Decorator 20
Riverside Home Maint. 35

Personal Account Affairs
Beltons Public Account 15

Pest Control
BN Services 35

Plumbing/Heating
All Lit 11

Podiatry/Chiropody
Careforfeet 13

Postal Services
Steyning Store Post/O 8

Retirement Matters
Cognitive Law 43

Paving/Tarmac
SMH Ground Works 15

Pet Sitting
Paws & Purrs 12

Plant Nursery
Village Nurseries 27

Plumbing/Heating/Gas
All Lit 11

Restaurant/meals
Singing Hills 11

Roofing/Emergency repair
Admiral Build/Roofing 6/7
Best Choice Roofing 23
C&S Roofing Specialists 31
R&R Gutters 14
Steyning Roofing 9

Taxis
A Cars 15
Airport Runners 23
JW Taxis 22

Tiling & Slating
Steyning Roofing 9

Timber/logs
Ben Warner 8
Treedom 35

Tree Surgery/Stump Grind
Ben Warner 8
Treedom 35

TV/Aerials/Satellite/CCTV
Alpine Installs 14
Hamilton Cole 17
Norsat 23

Vets
Hawthorn Vets 19

Wall & Floor Tiling
Riverside Home Maint. 35

Wills/Estate Planning
Cognitive Law 43
Penrose Wills 34

Windows/Doors/Conserv.
Steyning Roofing 9
Steyning Double Glaze. 21

Stay in touch

EDITORIAL & ADVERTISING ENQUIRIES

Call Us:
Sales T: 01903 372 449
melanie@barawood.co.uk
www.yourmag.co.uk

Copy Deadline for the **September** issue is **12th August, 2026** E&OE

Your Steyning, Bramber & Beeding is published monthly in the UK by Barawood Publishing Ltd. It is delivered to 3200 homes in Steyning, Bramber & Beeding. Printed on FSC accredited paper from managed forests using vegetable-based inks.

Please remember to recycle.

The views expressed in Your Mag are not necessarily those of the editor or publisher. The publisher cannot accept responsibility for any errors or omissions relating to advertising or editorial.
No part of this publication may be reproduced in any form with out the prior written consent of the publisher.





FREE DELIVERY ON ITEMS OVER £150

INSTALLATION SERVICE AVAILABLE

CARTERS SUMMER SALE



Bosch
Fridge Freezer
Model KGN27NWEAG
171lt Capacity (Fridge)
84lt Capacity (Freezer)
Frost Free
Just £449.00



Bosch
Dishwasher
Model SMV2HTX02G
Integrated Dishwasher
13 Place Setting
5 Year Warranty
Just £449.00



Bosch
Washing Machine
Model WGE03408GB
8kg Load
1400 Spin Speed
A Energy Rating
Just £379.00



Bosch
Washing Machine
Model WGG254Z1GB
10kg Load
1400 Spinspeed
5 Year Warranty
Just £549.00



Neff
Single Oven
Model B54CR71G0B
Mulifunction Oven
71 lt Capacity
2 Year Warranty
Just £999.00



Bosch
Vacuum Cleaner
Model BBS611GB
Cordless Cleaner
Lifetime Filter
2 Year Warranty
Just £159.99

Built-in appliances FREE Home measuring service available - Storrington area

BOSCH NEFF cook. create. inspire. BOSCH

CARTERS of Storrington



13- 15 West Street
Storrington
Tel : 01903 959900
Email : st@cartersdirect.co.uk
euronics

PROUD TO BE LOCAL

TRUSTPILOT

Also Stores at :

Brighton, Preston Road	01273 628618
Haywards Heath, South Rd	01444 440260
Horsham, Medwin Walk	01403 211551
Worthing, Teville Road	01903 210100

BUY ONLINE @ CARTERSDIRECT.CO.UK

All Prices correct at time of going to print. T's and C's apply see in store for details