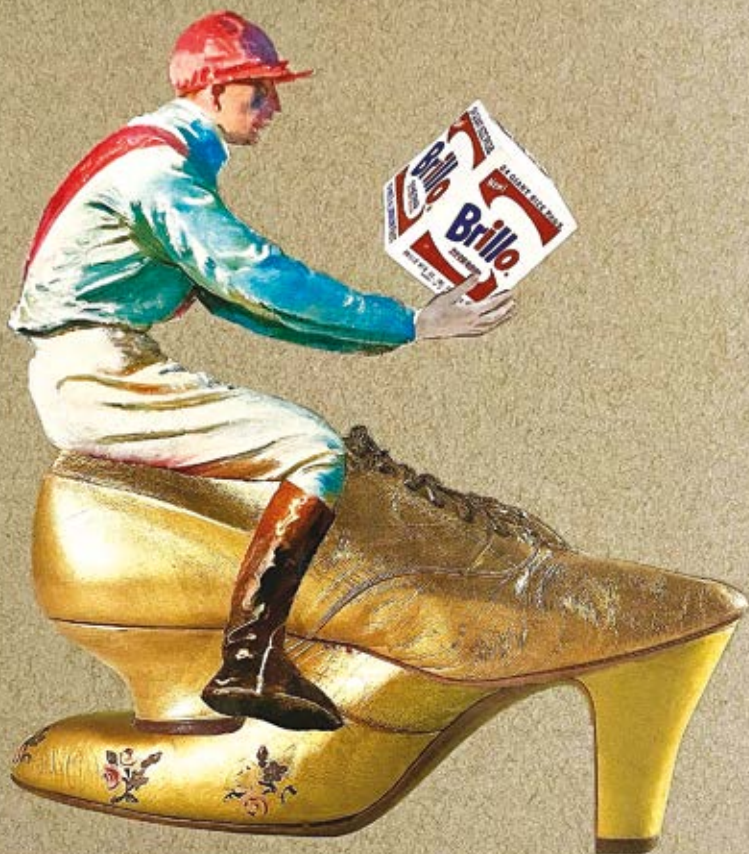


Your Mag

Steyning | Bramber | Upper Beeding

June 2026



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Southdown Nursery: Steyning's Ofsted Outstanding Community Nursery and Forest School

In the heart of Steyning, with a strong sense of community, Southdown Nursery stands as a vibrant hub for early childhood discovery. Welcoming children from the term after their second birthday, the nursery offers far more than childcare - it provides a thoughtfully crafted environment where curiosity, creativity, and confidence can take root.

What makes Southdown unique is its remarkable outdoor space with a flourishing vegetable patch and large



sandpit. A well-loved climbing frame encourages physical confidence, while a recently revamped, all-weather purpose area ensures that play and learning continue whatever the forecast. This new space features a mud kitchen, a potion-making table, and dedicated areas for the nursery's on-site forest school activities.



This is all possible thanks to the generosity of local supporters, including



funding from Steyning Co-op, the Steyning society, The Freemasons and The Wilson Memorial Trust. Steyning Downland Scheme also recently lent their time and skills to construct a beautiful hazel wood fence - an addition that not only frames the space but reflects the collaborative ethos.



Parents have volunteered their time on our termly fix-it days to help us maintain the inside and outside areas and enhance our facilities. We are so grateful to every person: the children, the parents, the volunteers, the staff and our other supporters, for ensuring our wonderful nursery continues to thrive. Special thank you also to Pickford Garden Services, Phils Garden Service and DavidDecorating

Have a little time to spare - we're looking for new trustees...

As a registered charity, Southdown Nursery is powered not only by its dedicated staff, but by a passionate committee of parents past and present. This behind-the-scenes team plays a vital role in ensuring the nursery continues to be a cornerstone of the Steyning community. There are a variety of roles available, from helping to maintain and develop the nursery,

to organising events that bring the community together, overseeing finances, we are currently seeking a Treasurer, please contact the nursery if you are interested in taking up this role - each role plays an important part in the bigger picture. The commitment is designed to be manageable, with just half-termly meetings.

Is your child ready for new adventures?
We have spaces available from September 2026.

Take a look on our website:
<https://www.southdownnursery.co.uk>

Southdown Nursery, Gervays Hall,
Jarvis Lane, BN443GL. 01903 814581

Please join us on our Open day and Summer Fair on Saturday 20th of June 12:00-16:00

Liz Kirkland, new Musical Director of Chanctonbury Chorus.

Almost 8 years have passed since my first rehearsal with Chanctonbury Chorus and, since then, I have always loved singing with the choir and taking rehearsals here and there in Siobhan's absence. It was a real privilege then to be asked if I would consider taking over the role of Musical Director if the choir would have me, of course!



have plenty of shoes to choose from when it comes to talking about footwear, too many according to my partner! And how wonderful it has been - I hope the choir think the same - a real escapism from everyday life and a fantastic opportunity

They said 'yes' and, although reminded that I had 'big boots to fill', I have enjoyed taking on that challenge - I also

to share my love of singing and support the choir in learning and performing some amazing choral works to share with the audience of Steyning and beyond. I'm really looking forward to my first concert as MD on 6th June. I hope to see you there!



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Becky - Steyning

National Touring Exhibition Launched at Champs Hill, Pulborough

A remarkable exhibition of historic masterpieces by an internationally renowned group of British artists is being held at Champs Hill in Pulborough this June, prior to going on national tour.

In the 1880s, a fishing village in the far west of Cornwall hosted and gave its name to one of Britain's most significant art movements, the 'Newlyn School'. Inspired by the rural realist style of painting prevalent in France at the time, this celebrated artists' colony documented the lives of the local fishing and farming communities, eloquently telling their stories with beauty and honesty that still touches the heart today.

Over a century later, retired farmer David Bowerman CBE (1936-2020) combined his passions for music and art by creating a charity in West Sussex

that holds a nationally important collection of Newlyn School paintings which are regularly displayed in a purpose-built Music Room that hosts concerts and recordings by outstanding musicians. Works from this collection are regularly lent to Museums and Galleries throughout the country. These include works by 'father' and 'queen' of the Newlyn School, Stanhope and Elizabeth Forbes; pioneering watercolourist Walter Langley, and perhaps Britain's best-loved C20th woman artist, Dame Laura Knight RA.

Now, for the first time, a whole exhibition is being made available



to the public through a national tour being launched at Champs Hill before travelling to Penlee House Gallery & Museum (the acknowledged 'home' of Newlyn School art) in Penzance, where it opens on 7th October 2026. The exhibition then travels to Nottingham Castle Museum; The Munnings Museum, Dedham; the Williamson Art Gallery, Birkenhead; Worcester City Art Gallery, and finally the Laing Art Gallery, Newcastle. The Bowerman Collection comprises privately collected British Art for public enjoyment and is owned and cared for by the Bowerman Charitable Trust (Registered Charity No. 289446). The exhibition is sponsored by the Jenna Burlingham Gallery.

The exhibition is on show at Champs Hill, Pulborough, from 16th-18th June and 23rd-25th June, Tuesday to Thursday from 11:00 to 16:00. Tickets £10 on the door or via www.thebct.org.uk.

To coincide with the exhibition, a new book is being launched, full of sumptuous images by these much-loved artists, drawn mainly from the extensive holdings Penlee House Gallery and Museum and the Bowerman Collection. Written by the exhibition's curator, Alison Bevan, *The Art of the Newlyn School* explores, defines and celebrates this significant chapter in the history of British art, and the artists who depicted the life and light of Cornwall with a painterly language that still speaks to us today. Available from the publishers, Sansom & Company (<https://tinyurl.com/NewlynBook>), from October 2026, priced £30 or by pre-order from Champs Hill during the exhibition at a special exhibition price of £25.

For further information or a selection of images, or to pre-order a review copy of the book, please email: contact@alisonbevan.co.uk or phone 07989 865999.

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People's Emergency Briefing "The most important film you'll see all year"

You may have heard the buzz about this compelling new film spelling out the scale and imminence of the climate and nature crisis. It's being shown in community halls and cinemas all over the country, and on Weds 24th June it's coming to Steyning.

The film features footage from last November's National Emergency Briefing, which brought together leading UK experts in climate science, food security, health, economics, national security and nature. It presents a calm, evidence-based overview of how the climate and nature crisis is affecting everyday life in Britain - and what the science says about risks and responses.


The 45 minute film will be followed by a discussion on what this all means for us and our local community. The event is open to everyone, whatever your starting point. It is not about telling people what to think, but creating space to open a conversation on the realities facing us, and difficult challenges ahead.

These quotes from earlier screenings give a flavour of how the film has gone down:

"One of the strongest feelings in the room was relief — that issues many people have quietly worried about for a long time were finally being spoken about openly, clearly and together."

"What stood out was the energy that comes when people are able to face difficult information together, rather than feeling they are carrying it alone."


The National Emergency Briefing initiative is explicitly non-partisan and supported by a wide range of organisations, including the Church of England, National Trust, WWF, the Royal Meteorological Society and many others.



People's Emergency Briefing

Steyning

A compelling public information film spelling out the scale and imminence of the climate & nature crisis



Free screening and discussion organised by Greening Steyning, Bramber & Beeding in collaboration with the Joint Parish Climate Action Group

The Steyning Centre
Wed 24th June 2026 7.30pm

www.nebriefing.org

This local screening is being organised by Greening Steyning, Bramber & Beeding in collaboration with the Joint Parishes Climate Action Group. Invitations are also being sent to local County, District and Parish councillors, our MP, nearby churches and a cross-section of local community groups.

Booking details:
Venue: Steyning Centre Date: Weds 24th June Time: 19:30 – 21:00
Spaces will be limited. Book a free ticket at: <https://bit.ly/NEBSteyning>



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For more information about the gardens and how to purchase tickets visit our website

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The Ringed Plover Performance

Big eyes, short legs, and frequently described as 'rotund'; there's no denying it. Ringed Plovers are adorable. Our UK residents are joined by over-wintering migrants and can be found all around our coastline and some estuaries, in shingle and wetland habitats.

These charismatic waders possess spectacular acting talents. Little orange feet stamp sandy ground to mimic falling raindrops, tempting out tasty subterranean crustacean snacks. Mates are wooed with marching high-kick dance routines. Shingle nest preparation involves an umbrella of wings and much flinging of shells in a dramatic ceremony.

Being masters of disguise, Ringed Plover nests are inconspicuous, with both dappled eggs and fluffball chicks seamlessly blending into their sand and stone surroundings. This is optimum for ground-nesting predator evasion, and chicks will freeze, Jurassic Park style, should a marauder enter their midst.

Hiding in plain sight, however, leaves the species incredibly vulnerable to disturbance, especially on our over-populated and well-trodden coastlines. Eggs can easily be crushed under the flimsiest of flip-flops, and chicks are hard to spot until very close by. And a bigger problem still; free-roaming dogs.

It doesn't matter if your beloved pup



is the best-behaved boy in town, with great recall and no prey drive. Domestic dogs replicate natural predators, and even if they aren't likely to take a chick or investigate a nest, they can easily and unintentionally cause disturbance when off the lead.

Ringed Plover parents are fiercely committed to nest protection, even theatrically feigning a broken wing to lure predators away from their precious offspring. But feisty though they be, they weigh only 65 grams; no match for a snuffling hound.

An increase in these acts of disturbance, habitat loss and climate change have contributed to a significant decline in numbers of UK Ringed Plovers since the mid-1980s, and the species is now on the UK Red List.


To help, you can keep your dog on a lead whilst walking around our coastlines, especially during March to August, the breeding season for these,



and many other bird species. You can keep your distance; good practice for all wildlife watching, but especially with ground-nesting birds. And you can tell other people, to help raise awareness of the otherwise unknown perils of simply letting your dog off the lead.

In highlighting these issues, we hope the Ringed Plover performance may long continue. They just need less audience interaction

By Kerry Williams:
 Communications Officer - Conservation
 Sussex Wildlife Trust is an independent
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www.sussexwildlifetrust.org.uk/join
 or T: 01273 497532
 Ringed Plover nest © Roger Wilmshurst
 Ringed Plover © Alan Price



I'm Sarah, a massage therapist who is passionate about helping you to feel relaxed and rejuvenated. I offer both holistic and deep tissue massage. Holistic massage is designed to leave you feeling rested, recharged and restore your parasympathetic nervous system. Deep tissue massage is a more targeted treatment to help alleviate chronic pain tailored to your specific requirements. I train with the Jing Institute of Massage in Brighton where we work with a fusion of Eastern and Western styles, proven to alleviate chronic pain incorporating heat, trigger point therapy and myofascial release, which I use in my treatments. Whether you are after something restful and relaxing or deep and therapeutic, I'll work with you to create a treatment plan that is right for you. For me, it's not just about massage - it's about giving you a little time out to relax, reconnect and recharge to ensure you leave feeling your best.

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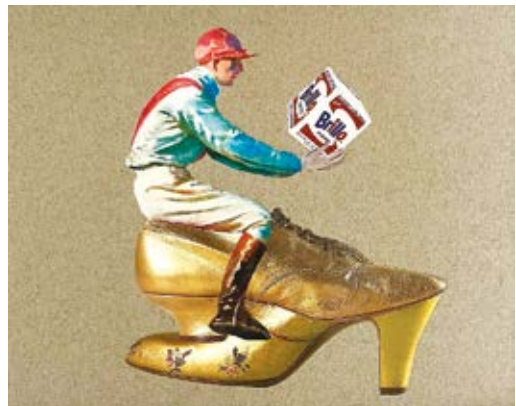
Front Cover: Genevieve Reed-Allen



Genevieve is a collage artist and works from her studio in Washington. Her paper collages are all one-off originals. They are light-hearted, relishing the combinations of unrelated components collected from a variety of different types of magazines.

Genevieve says, 'Like many people, I am an accumulator of magazines. They inhabit my life in neat piles - not only in the downstairs loo! Arguably they are everywhere in our common experience including dentists, doctors and hospital waiting rooms, along with hairdressers, newsagents, supermarkets and libraries. I enjoy taking disparate parts of images from these magazines and placing them together to make new artworks.'

www.instagram.com/genevievereedallen
gennyreedallen.artist@gmail.com
www.steyningarts.co.uk



Genevieve is a lecturer in Fine Art and has exhibited her work in both local and London galleries.



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Steyning Good Neighbours

Steyning Good Neighbours is proud to announce that we have recently been granted charitable status in recognition of the valuable service that we provide in the local community. Our chairman, Miles Cary, has been working with The Charities Commission to complete the registration, which culminates from the increasing number of clients that we now help on a regular basis



What we do

We drive local residents, primarily from Steyning, Bramber and Upper Beeding, to attend medical appointments, or other activities which are beneficial for their wellbeing. We particularly seek to help those who are without other means of transport or have difficulty using public transport.

Last year the number of journeys carried out by our team of drivers totalled 1,363, averaging at 26 per week. We drove a total of 455 clients to local, one-off appointments in Steyning and Upper Beeding alone, with a further 706 to appointments ranging from Southlands, Worthing and Brighton hospitals as well as further afield within Sussex if we are needed. In addition we helped our regular clients attend 202 appointments.

Our service is now as much in demand as ever. We have already helped an average of 37 clients per week in the first 3 months of this year.

Volunteer With Us:

We rely on volunteers to help us deliver this much needed and appreciated

service. We currently have just over 400 registered clients, many of whom regularly rely on our help, sometimes multiple times per week.

New drivers are always welcome and much needed. Hours are completely flexible and mileage costs are reimbursed. You can drive as often or as little as you wish. Our drivers really do appreciate the gratitude that is so forthcoming from our clients, and invariably they report back that they have enjoyed meeting and chatting to every one of the clients that they have helped.

If you are interested in finding out more, please give us a call on 01903 816181. You would be joining a team of friendly volunteers who are committed to simply making life easier for those less fortunate.

We also urge you to look at our website www.steyninggoodneighbours.co.uk where you can view a short video following one of our drivers and clients. This video really highlights why we do what we do and the rewarding connection between driver and client.

And finally, to any of our volunteers who are reading this, we thank you so much for your generosity in donating your time. We couldn't do it without you!!



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June 2026: Diary Events

The following nonrecurring events are also in the What's On section on the Your Steyning, Bramber & Beeding website at: www.yourmag.co.uk

Monday 1st June

13:00 – 14:45

Penfold Hall, Church Street, Steyning

Little Stars Bumps Babies & Toddler Group

Toys, crafts, singing and much more. Coffee, tea and cake for parents, carers and grandparents. Suggested donation of £2 per family. **Two sessions each week:**

Mondays 13.00 - 14.45

Thursdays 9.30 – 11.30

Contact: Gary 01903813276

E: families@steyningparishchurch.org

Wednesday 3rd June

Community Film Night

19:30 - 22:00

Steyning Centre, Fletchers Croft, Steyning

Screening: Hamnet

In 1580's England, impoverished Latin tutor William Shakespeare meets free-spirited Agnes, and the pair, captivated by one another, strike up a torrid affair that leads to marriage and three children. With William pursuing a budding theatre career in London, when tragedy strikes, the couple's once-unshakable bond is tested, but their shared experience sets the stage for the creation of his timeless masterpiece, Hamlet. Nominated for 11 BAFTAs and 8 Oscars.

'magnificent' ★★★★★ The Times

Tickets £6.00 to include Tea or Coffee during the interval. Please purchase tickets in advance from the office at the Steyning Centre or on the door.

Contact Tessa Eckert 01903812042

tessa.eckert@steyningpc.gov.uk

Friday 5th June

Vintage Years Club

14:00 – 16:00

Steyning Centre, Fletchers Croft, Steyning

Sheila Willis Talk "Beside the Sea"

Doors open at 13.45 After an initial club news update, we welcome Sheila who will entertain us with a nostalgic trip down to the sea and sand. Refreshments will be served from 15.15 and we celebrate this month's birthdays and draw the raffle. Entrance is £3 (visitors £5). Annual membership is £10, which runs from April. Please always contact Bev Francis-Hill before attending

for the first time/returning after a long break, for transport needs or any other information. Due to numbers, please, no visitors unless by prior arrangement. Contact Bev Francis-Hills 01273 493894

Vintageyears2012@gmail.com

Saturday 6th June

SDS Friends Event

15:00 – 17:00

Wiston Gardens, Steyning

Tour of Wiston Gardens

An exclusive tour of Wiston House Gardens for all Friends of the Steyning Downland Scheme. The tour will be led by Lorah Pierre, Wiston Head Gardener. Discover the walled garden, Victorian conservatory and learn about the techniques the professionals use to garden sympathetically with nature. There will also be some expert tuition on bee keeping by long-time SDS volunteer, Alec Harden, not to mention tea and cake on the lawn! If you would like to join this tour by becoming a Friend of the Steyning Downland Scheme, please become a Friend here: <https://steyningdownland.org/become-a-friend/> Contact Steyning Downland Scheme 01903 817 996 office@steyningdownland.org

Saturday 6th June

Slipjig

19:00 - 21:00

St Botolphs Church, Annington Road, Botolphs, BN44 3WR

A local folk group is coming to St Botolphs Church Annington.

Numbers are limited so please register your interest with Sandra 07920015254/Sandramidd63@me.com. No entry fee, cash donations greatly appreciated. Refreshments of cheese and wine. No toilet facilities. Contact Sandra Middleton 07920015254 sandramidd63@me.com

Saturday 6th June

Chanctonbury Chorus Concert

19:30 – 21:45

St Andrew and St Cuthman, Parish Church, Steyning, West Sussex, BN44 3YB

'Together We Sing!'

Chanctonbury Chorus perform their first concert under inspirational new conductor, Liz Kirkland, featuring music from Academy Award winner, Rachel Portman, Gabriel Faure, Morten Lauridsen and others. More details on www.chanctonburychorus.org
Contact Nigel Hartley

Monday 8th June

The Arts Society Steyning

09:45 – 12:00

Steyning Centre, Fletchers Croft, Steyning

When Britain Clicked: Photography of the Swinging Sixties

Take a trip back to the 1960s and explore British Photography from its golden age in the company of expert lecturer Brian Slater. Young, talented newcomers broke the rules of conventional studio-based photography to revolutionise perceptions of fashion, portraiture and popular culture. This lecture showcases work by the likes of David Bailey Terence Donovan, Lewis Morley, Tony Ray-Jones and Jane Bown. Free to members, visitors are welcome and asked to make a donation of £10. Contact Steph Savill tass.publicity@gmail.com

Tuesday 9th June

Steyning Parish Church

15:15 - 17:15

The Penfold Hall, 35 Church Street, Steyning

Board game cafe

Come along on the 2nd Tuesday of each month to play some board games at the Penfold Hall. It is free to come along, we have lots of games to play or feel free to bring one along. Free drinks and snacks.

All ages are welcome. Please contact the Neighbourhood Wardens or the Children's and Families Worker for the Parish Church for more details. Contact Alison Page/John Sampson 07734387889/07734387888
E: sbub.wardens@horsham.gov.uk

Friday 12th June

Steyning Community Table

12:45 – 2:45

Athletics Club, Charlton Street, Steyning

Community Lunch

Join us for our monthly, two course lunch when we turn surplus food from our local farms and shops into tasty, vegetarian meals for our community. We provide a friendly environment for sharing food and socialising, and everyone is welcome. Tickets are

£5 and spaces are limited. To secure a seat at the table, please contact: Kate T:07724145725
E: steyningcommunitytable@gmail.com

Friday 12th June

Good Grief Cafe

14:00 – 16:00

Penfold Hall, Church Street, Steyning

Good Grief Cafe

Those who have experienced any sort of loss are welcome to join us for tea or coffee, biscuits and a listening ear on the second Friday of each month. Come to talk and share, or just listen. Contact Judie 01903813276 care@steyningparishchurch.org

Friday 12th June

The Steyning Downland Scheme

21:15 - 23:15

SDS Gateway Building, Behind Mouse Cottage, Off Mouse Lane, Steyning

Bat & Glow-worm Nighttime Safari

A special night-time safari looking for glow-worms and bats on the Downs around Steyning. Join professional ecologists, Lucy Cressey and Caitlin Laver and local glow-worm expert, Simon Jackson as we search the Downs for these nocturnal specialists. <https://steyningdownland.org/sdsevents/>
Contact The Steyning Downland Scheme 01903 817 996 fiona@steyningdownland.org

Friday 12th June

Steyning Gardening Club

00:00 – 00:00

West Dean Gardens, West Dean, Chichester, PO18 0RX

West Dean Gardens Visit

Join us on a visit to one of the greatest restored gardens open to the public today. A day to explore a wide range of historic features from surreal trees to the restored walled garden. Please contact us for more information. Alison Hamer 07817703434 steyninggardeningclub@gmail.com

Saturday 13th June

Greening Steyning

14:00 – 16:00

Beeding & Bramber Village Hall, High Street, Upper Beeding

Repair Cafe & Home Energy Helpdesk

Don't bin it - let us help you fix it! Bring along your items to repair, and anything you'd like sharpened. If you aren't sure whether we can help please email Robin at repaircafe@greeningsteyning.org for advice. You can also speak to one of our Helpdesk volunteers about how to save energy at home. Contact Greening Steyning greeningsteyning@gmail.com

Tuesday 16th June
St Andrew and St Cuthman, Parish Church
12:30 - 13:00
 Parish Church, Steyning

Lunchtime Concerts - Kadenza

One is a series of lunchtime concerts on Tuesdays at Steyning Parish Church. Free entry with a retiring collection in aid of church improvement projects.

NOTE: Also on Tuesday 23rd June: 12:30 - 13:00 - Brian Sawyer Organ Recital
NOTE: Also on Tuesday 30th June: 12:30 - 13:00 - Steyning Primary School
 Contact Kate 01903813276 office@steyningparishchurch.org

Friday 19th June
National Garden Scheme:
10:30 - 17:00.
 Steyning Gardens, Steyning

Steyning Gardens

Three gardens opening in aid of NGS charities Sat 20, Sun 21 June (10.30-5). Combined adm £10, chd free. Home-made teas at Nightingale House. <https://findagarden.ngs.org.uk/garden/47232/> steyning-gardens@ngs.org.uk
 /> Steyning is a lively market town on the edge of the South Downs, home to many artists and crafts people. Contact National Garden Scheme hello@ngs.org.uk

Saturday 20th June
The Steyning Downland Scheme
10:30 - 12:30
 The Steyning Downland Scheme, Behind Mouse Cottage, Off Mouse Lane, Steyning,

Identifying Chalk Grassland Plants & Wildflowers

Discover the amazing variety of wild flowers that can be found on the Steyning Downland, with local botanist and SDS volunteer, Jane Willmott. Chalk grassland is one of the most biodiverse habitats in the UK, supporting up to 40 different plant species in just one square metre. Jane leads our botany surveys each year and will help you identify

all sorts of classic downland wild flowers, with wonderful old names such as 'Bird's-foot Trefoil' and 'Lady's bedstraw'. <https://steyningdownland.org/sdsevents/>
 Contact The Steyning Downland Scheme 01903 817 996 fiona@steyningdownland.org

Saturday 20th June
Southdown Nursery School
12:00 - 16:00
 Gervays Hall, Steyning, West Sussex

Annual Summer Fair and Open Day

Please join us at Southdown Nursery, in the heart of Steyning. There will be games, children's crafts, bar, hotdogs, teas/coffee and cakes, face painting, local stalls raffle and more. Contact Lucy Smith 01903 814581 info@southdownnursery.co.uk

Monday 22nd June
Steyning Parish Church
18:00 - 21:00
 Penfold Hall, Church Street, Steyning

Board Game Cafe Evening Edition

Join us for night filled with board games, card games and endless laughter. Bring a game with you or join in with one that's already here. Hot drinks will be available throughout the evening. Contact Gary 01903813276 families@steyningparishchurch.org.

Tuesday 23rd June
19:00 - 21:00
The Arts Society Steyning
 Steyning Centre, Fletchers Croft, Steyning
The Roots of Jazz

Every year we organise an evening lecture in memory of Millicent Honeywood who founded TASS. Our lecturer is the acclaimed clarinettist Emma Johnson who'll explain the part African Blues and Cakewalk, American Classical and Vaudeville, Latin American Dance, and Middle Eastern Klezmer all played in the story of jazz. We'll also listen to, along the way, some of the greatest musical artists of the twentieth century: Louis Armstrong, Benny Goodman, Artie Shaw, Ella Fitzgerald and Duke Ellington to name but a few. Tickets cost £12.50, for members and non members alike, and include a glass of wine or a soft drink. Tickets from The Steyning Bookshop (cash) or at the TASS lecture on 8th June at the Steyning Centre (card only). Contact Steph Savill 07816 898369 tass.publicity@gmail.com

Wednesday 24th June
The Steyning Downland Scheme

Find your path to wellbeing
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A calm, welcoming space in the heart of Steyning is home to a team of skilled therapists dedicated to supporting your mind, body, and spirit.

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50 High Street, Steyning. Opening Times: Monday - Saturday: 10:00 - 16:30
To connect with a therapist, call: 01903 879032

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| Every | Friday | 9.00am | Steyning village | £3 |
| 10th/24th June | Wednesday | 9.00am | Holmbush | £4 |
| 3rd/10th/17th/24th June | Wednesday | 1.00pm | Horsham / Holmbush / Worthing (Rotates) | £5 |
| 01-Jun | Monday | 1.00pm | Holmbush | £4 |
| 04-Jun | Thursday | 9.00am | Holmbush | £4 |
| 04-Jun | Thursday | 1.00pm | Horsham | £5 |
| 05-Jun | Friday | 1.00pm | Vintage Years | £3 |
| 08-Jun | Monday* | 1.00pm | Haskins Garden Centre | £5 |
| 11-Jun | Thursday | 9.00am | Henfield | £4 |
| 16-Jun | Tuesday | 1.00pm | Horsham | £5 |
| 18-Jun | Thursday | 9.00am | Holmbush | £4 |
| 18-Jun | Thursday | 1.00pm | Holmbush | £4 |
| 22-Jun | Monday* | 12 noon | Hornbrook Pub | £5 |
| 25-Jun | Thursday | 9.00am | Henfield | £4 |

* Annual Membership of £12, or, Day Membership of £1



For enquiries & bookings: 0300 772 7735

Email: steyning@westsussexminibus.org.uk

www.westsussexminibus.org.uk/steyning

10:00 – 13:00

Steyning Athletics Club, Charlton Street, Steyning

Butterfly Spotting Workshop (FREE!)

Join acclaimed butterfly expert and joint author of 'The Butterflies of Sussex', Michael Blencowe for a half-day learning about our local butterflies on the Steyning Downland. The aim of the event is to equip new and current volunteers to help with our annual butterfly monitoring project, (now in its 11th year), but anyone interested in learning about butterflies is welcome to join in. The session will be split between an inside information event in the Steyning Athletics Club and then going out on to the Downs to put our learning into practice. <https://steyningdownland.org/sdsevents/> Contact The Steyning Downland Scheme 01903 817 996 fiona@steyningdownland.org

Wednesday 24th June

St Mary's House

16:00 – 18:00

The Street, Bramber, West Sussex

Murder Mystery Special

Celebrated murder mystery author Simon Brett to perform at St Mary's House, Bramber. Celebrated murder mystery author, Simon Brett OBE, will be performing his hugely entertaining one man murder mystery play in the beautiful music room at St Mary's House, Bramber. This special performance has been made possible by Simon's great generosity and by kind permission of the beautiful St Mary's House. The performance will be followed by delicious fizz and cakes in St Mary's House gardens. Tickets, price £30 including refreshments, from info@stmarysbramber.co.uk. Proceeds to The Malawi School Project www.themalawischoolsproject.org.uk Contact Clive Blair-Stevens info@stmarysbramber.co.uk

Wednesday 24th June

Greening Steyning, Bramber & Beeding

19:30 – 21:00

Steyning Centre, Fletchers Croft, Steyning

The People's Emergency Briefing

45 minute public information film followed by a discussion on what this means for us and our community. The event is open to anyone and is not about telling people what to think, but creating space to open a conversation on the realities facing us and difficult challenges ahead. The National Emergency Briefing initiative is explicitly non-partisan and supported by a range of organisations, including the Church of England, National Trust, WWF, the Royal Meteorological

Society and many others. This local screening is being organised by Greening Steyning, Bramber & Beeding in collaboration with the Joint Parish Climate Action Group. Spaces will be limited. Book a free ticket at: <https://bit.ly/NEBSteyning> Contact Greening Steyning

Wednesday 24th June

Steyning And District Flower Club

19:30 – 21:30

Steyning Centre, Fletchers Croft, Steyning

Ancient Routes

This month we shall be welcoming Brenda Bull, who is a local flower arranger, teacher and a keen photographer, to take us on a journey inspired by travels of the distant past. Visitors are always warmly welcomed to join us for an entertaining evening of creative and informative floral demonstrations at our friendly Club. In addition, there is an opportunity to win one of Brenda's beautiful creations in the evening raffle and refreshments will also be available.

Doors open at 19:00. Members free and visitors £7.00 on the door. Contact Valerie Hodges 07870 982699

val.hodges@yahoo.co.uk

Friday 26th June

National Garden Scheme:

14:00 – 18:00

St Mary's House Gardens Bramber

Woodland walk and a Landscape Water Garden. In the heart of the South Downs National Park. WC facilities. Wheelchair access with level ground throughout. Occasionally garden openings are cancelled please always check on the NGS website <https://ngs.org.uk> before visiting a garden. Contact Kate Harrison kate.harrison@ngs.org.uk

Saturday 27th June

Greening Steyning

10:30 - 12:00

Climate Cafe

A regular event on the 4th Saturday of every month except December, the Climate Cafe at the Castle offers a warm and inclusive space, to share friendship and mutual support for those holding questions and worries about the climate crisis and how it will affect us all. Whether you are feeling helpless and fearful about the future, or feeling positive and motivated to bring about change – you are not alone. So why not join us at 10.30 for

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a chat over coffee. Contact Greening Steyning
greeningsteyning@gmail.com

Saturday 27th June
Upper Beeding Primary School
15:00 - 21:00
School Road, Upper Beeding

Summer Fair
A full afternoon of family fun, games and live music at our very own FUBS Country Festival! Lots of external stalls, tea tent, bar, food vendors, inflatables, live country music and line dancing. Contact Laura Baverstock fubscontact@gmail.com

Sunday 28th June
Steyning in Bloom
12:00 - 17:30

Open Gardens

The Open Gardens is not only a fabulous afternoon spent looking, talking and being in lots of different local gardens, but is also our means of raising funds to plant and maintain tubs, planters and hanging baskets in the High Street. **Volunteers** - We need some additional help. We are looking for volunteers to support our existing team with planting in the High Street, this happens twice a

year. We would also like help on the Open Gardens Day, serving teas and taking tickets. **Gardens** - We are always looking for new gardens to include in our Open Day, big, small, wild, formal, please get in touch for a chat. Call Debra on 07969 311109 E: dcornfoot@sky.com if you would like to be involved.

Sunday 28th June
St Botolphs Church
14:00 - 16:00
Annington Road Botolphs, Steyning

Four Jazz Band

A lovely local Jazz Band perform at St Botolphs Church. Refreshments of tea and cake. No entry fee, cash donations greatly appreciated for the upkeep of the Church. Contact Sandra Middleton 07920015254 sandramidd63@me.com

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June 2026: Steyning for Trees: The Festival

Saturday 30th May £6. Do remember there is still time to book at The Steyning Bookshop to come to our Tea and Tree Tour you will see hidden gems of sites supporting nature in and around our lovely town. All these people are doing their bit to improve biodiversity and nature here. Lets support them. Tea at Mouse Cottage or the Bowls Club.



The Influencers:

Saturday 23rd May Penfold Hall £10. Listen to Dame EJ MILNER-GULLAND Professor of Biodiversity at Oxford University previously a pupil at Steyning Grammar School with her message of hope. We still can make a difference.

We are so pleased that so many of you are supporting Steyning For Trees and the Festival. We so enjoyed talking to you all at the Market. You understand what trees do for us, providing the air we breathe, storing harmful pollution and carbon, sucking up flood water. This is getting a worse and worse problem with our changing weather patterns. Those of us who live in low areas are very aware of this.

SFT is continuing to plant its hedges in places vulnerable to flooding, helping to reduce the effect of this continuing trend as the hedges and trees grow. Many thanks to those who are contacting us and providing their land for this.



"Hawthorn at Ingram Road"

Tuesday evening 26th May at the Penfold Hall £10. REV PETER OWEN JONES with his film of the South Downs National Park which we all love so much and his accompanying Talk.



A quote from Sussex Wildlife Trust: '6 native trees will absorb and store a tonne of carbon-dioxide over their life times. They will provide a wonderful

food source for wild life from spring blossom providing nectar to autumn nuts and berries for species to feast on and store to see them through the hard winter months.

Sir David Attenborough:

We have all been enjoying the celebrations of Sir David Attenborough's 100th birthday. What a wonderful man opening up the world of nature to us all.

His affinity with the natural world. I don't think any of us will forget his encounter with the gorillas, the mother putting her hand on his head. Turning down the job of Director General of the BBC because he couldn't bear the thought of being tied to a desk. But Simon Barnes's rather sobering comment 'We listened to David, agreed with him, loved with him But we haven't done the job he so urgently asked of us'.

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June 2026: Book Reviews

Adult Fiction

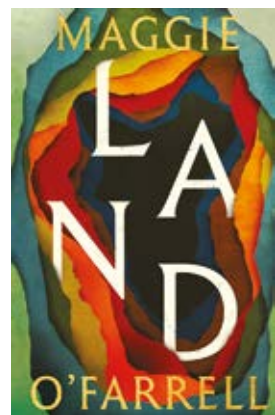


What We Can Know by Ian McEwan

The paperback edition of Ian McEwan's immersive and much acclaimed new novel, set in a dystopian future Britain, largely submerged by rising sea levels.

The novel's main narrative, set in 2119, follows academic Tom Metcalfe, a lecturer at the 'University of the South Downs', as he pores over the archives of early 21st Century literary lives, looking for clues to the whereabouts of a poem written in 2014. He uncovers a document which reveals a story of entangled love and a brutal crime, that challenges everything he thought he knew about the past.

The second narrative follows the story of Vivien, the wife of the legendary poet Francis Blundy, exploring the shocking, uncomfortable truths of the Blundy's lives, which are hidden from the historical records...



LAND by Maggie O'Farrell

Tinder Press, £25 hardback, out 2nd June

Maggie O'Farrell just goes from strength to strength! Her astonishing new novel, which follows one Irish family through the hard years

following the Great Hunger, is a deep, elemental story of heartbreak, resilience and survival.

Steyping Bookshop - 01903 812062
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1865: On a windswept peninsula, Tomás and his reluctant son, Liam, are working for the great Ordnance Survey project to map the whole of Ireland. In a country not long since ravaged and emptied by the Great Hunger, the task is not an easy one. Tomás, however, is determined that his maps will be a record of the disaster. The British soldiers in charge are due to arrive any day, expecting the survey work to be completed, but Tomás is sent off kilter by an unsettling encounter with a sacred well. This sets in motion a chain of events which will ripple through the lives of Tomás and his family for decades.

A compelling, visceral story, as patchworked as the rolling fields of the peninsula, which interweaves the stories of Tomás, his wife and children, with those of the land itself, and those who lie beneath.

Children's Books



The Children of Wolf Rock by Natasha Farrant

Faber Books, £7.99

paperback

I adore Natasha Farrant's children's novels – it's unusual these days, amidst the slew of fantasy offerings, to find well-written stories about real children, having

believable adventures in the contemporary world, but Natasha's finely-crafted stories tick this box!

High in the mountains of western Scotland, there is a loch, and on its shores, there is a castle, and in that castle there is a school.... Stormy Loch Academy is a unique boarding school, which is a haven for Minna, Kass and Tom, who all have chaotic home lives. When they meet Addie, an older ex-student, hiding out in

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the mountains with just her guitar and her dog for company, they quickly fall under her spell. But when Addie disappears, the stories she has told are revealed to be lies, and the three kids must travel to London to uncover the truth about their friend's past – and save Addie's life!

An exciting summer read for ages 9+.



Buzz Sausage Wolf and the Birthday Mystery by Jim Beckett

Hachette Children's books, £7.99 paperback

We LOVE the Buzz books, which follow the hilarious adventures of a silly, scruffy sausage dog, and the fact that

they are written by occasional bookshop staffer Jim Beckett – a Steyping resident – just adds to their appeal!

In Book 3, it's PARTY TIME! Uh-oh – Buzz is in BIG TROUBLE! Amidst all the

excitement of a family birthday party, Buzz accidentally bursts the balloons and tears open a Special Present. But when Mum finds a BIG BITE has been taken out of the birthday cake, it's up to Buzz's little friend Trilby to uncover the mystery muncher, and prove Buzz's innocence!

To celebrate the start of Independent Bookshop Week and the release of his new book, Jim will be moonlighting as our GUEST bookseller all day on Saturday 13th June. Come along, say hello to Jim, and get a SIGNED and DEDICATED copy of Buzz & the Birthday Mystery - there will be balloons, party treats and games for children, too!

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Understanding Thigh Pain

Thigh pain can come from several different sources, including the lower back, sacroiliac joint, hip, gluteal muscles, nerve compression, or a direct muscle strain in the thigh itself. Because the pain may be referred from elsewhere, the key is finding the true cause rather than treating only the symptom.

Common Causes:

Back-related problems, such as spinal facet joint irritation, can refer pain into the thigh. Sacroiliac joint dysfunction may also cause pain that spreads into the thigh, especially after sitting or certain movements.

Hip osteoarthritis can create stiffness, reduced movement, and pain felt in the thigh. Tight or spasming gluteal muscles may also refer pain down the leg, often linked to posture, prolonged sitting, or overuse.

Meralgia paraesthetica is another possible cause, where a nerve in the pelvis becomes compressed and leads to tingling, numbness, or burning on the outer thigh. Thigh muscle strains, particularly in the quadriceps or hamstrings, are common after sport, sudden acceleration, poor warm-up, or repetitive loading.

Assessment and Treatment:

A proper assessment usually includes a physical examination, review of your history and movement testing.



Treatment is then based on the cause, not just the location of pain.

At Well Adjusted Health, care may include chiropractic treatment, exercise-based rehabilitation, soft tissue work, and advice on recovery, and movement habits. The aim is to reduce pain, restore function, and help prevent the problem returning.

When To Seek Help:

If thigh pain is persistent, worsening, or affecting your walking, sleep, or daily activities, it is worth getting it assessed. A sudden or severe onset, numbness, weakness, or pain after injury should be checked promptly.

If you have a specific question regarding any pain or problem areas, or would like to book a free 15-minute consultation for you or your family, please call Well Adjusted Health on 01903 892171. Alternatively you can book on line at <https://westsussexchiropractor.co.uk>

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June 2026: Gardening Journal

As May draws to a close, June arrives, marking the start of summer. With warmer weather, more and more plants burst into bloom, filling the garden with colour and fragrance. It's the perfect time to get out and see what other gardeners have been creating. Clear some space in your diary and take the opportunity to gather ideas and inspiration for your own garden. Check the NGS schedule to see what's open nearby — you never know what tips or planting combinations you might pick up for next year's projects.

Plant of the month – Anthemis E C Buxton

Anthemis 'E.C. Buxton' is a charming perennial that brings a burst of sunny, daisy-like flowers to the garden throughout summer. Known for its long flowering season, low-maintenance nature, and graceful, ferny foliage, it has become a favourite for both traditional borders and contemporary planting schemes. This compact variety produces masses of creamy-white blooms with golden centres, which seem to dance above a soft, silvery mound of foliage, giving an effortless Mediterranean feel even in cooler climates.

Cultivation of Anthemis 'E.C. Buxton' is straightforward. It thrives in full sun, which encourages the best flowering, and tolerates most well-drained soils. Sandy or loamy soil is ideal, but it will adapt to slightly poorer conditions — over-rich soil can lead to floppy growth and fewer flowers. Watering should be moderate, as established plants are reasonably drought-tolerant, making them a superb choice for gardens where water conservation is a priority. Once established, the plant requires little maintenance beyond occasional deadheading to extend flowering and occasional trimming to maintain shape. Its compact habit makes Anthemis 'E.C. Buxton' highly versatile in planting design. It works beautifully as a front-

of-border filler, spilling over paths or softening the edges of beds. It pairs wonderfully with a wide range of companions. Taller perennials like Salvia or Echinacea provide vertical contrast, while low-growing foliage plants such as Lavandula, Nepeta, or ornamental grasses add texture and movement beneath the sunny blooms. The silvery tones of Anthemis foliage complement both soft pastel and vibrant summer colours, giving plenty of creative flexibility.

Anthemis 'E.C. Buxton' is particularly suited to modern, drought-tolerant planting schemes. Its tolerance of dry conditions, combined with its long season of bloom and low maintenance requirements, makes it perfect for sustainable garden designs or for combining with other Mediterranean-style perennials. It can also thrive in container plantings, rock gardens, or along sunny borders, helping to create a bright, cheerful display even in challenging conditions.

Overall, Anthemis 'E.C. Buxton' is a reliable, versatile perennial that combines effortless charm with practical resilience. Its sunny flowers, silvery foliage, and adaptability to dry, sunny sites make it an excellent choice for gardeners seeking both beauty and sustainability in their planting schemes.

Article by Alex Bell
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M: 07866 747849

Jobs to be doing this month include:

Ornamental Garden:

- Lightly trim box balls – traditionally on Derby Day 6th June!! Would be nice to encourage the box topiary to grow larger while retaining the shape.
- Deadheading – Salvias as the flower heads go over, penstemons, roses etc.
- Spray any plants infected with aphids or black fly.
- Weed!!!
- Prune early flowering clematis.
- Cut back foliage of tulips.
- Trim other shrubs to shape as necessary.
- Plant warm season grasses such as penisetum and panicum.
- Treat bindweed/groundelder and other invasive weeds growing among other plants by applying a glyphosate based weedkiller to their leaves.
- Prune ornamental cherries after their flowers have faded.
- There is still time to sow quick

- germinating annuals such as cosmos.
- Sow winter bedding such as violas etc.
- Cut back oriental poppies/pulmonaria etc after they have flowered. Remove all leaf as well to allow for fresh leave to sprout.
- Remove reverted shoots from variegated shrubs etc.

Vegetable Garden:

- Direct Sow carrots for autumn and winter harvest.
- Sow Florence fennel and chicory.
- Plant out leeks once they are pencil thick.
- Put straw round strawberries.
- Water potatoes for good sized tubers.
- Feed tomatoes regularly.
- Ventilate greenhouse.



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Happy to see you at home

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June 2026: Steyning's Historical Main Street

Where in Steyning could a weary 17th-century traveller find shelter for the night—provided they stayed indoors once the lamp on the Chequer Inn sign was lit? Which High Street shop still hides a carved Green Man in its timbers, a centuries-old symbol of spring and renewal?

These are just a few of the stories waiting to be discovered along the Steyning Blue Plaque Heritage Trail. Created to mark the 20th anniversary of the Steyning Festival in 2026, and 35 years since Steyning Museum moved to its home in Church Street, the trail provides a fresh way to discover Steyning's High Street, linking familiar buildings with the stories of those who lived and worked there.



No. 39, once a harness maker's shop, reflects the town's links with transport and trade. It may originally have formed part of the neighbouring Chequer Inn, with shared structural responsibilities between the two - an arrangement that hints at how closely connected properties once were.

Running along the High Street, the trail encourages a closer look at buildings many of us pass every day. Blue plaques displayed in shop windows highlight details that are easy to miss, drawing attention to the trades, people and small changes that have shaped the street over time. The information behind each plaque is based on research from the Museum's archives, offering short, reliable glimpses into Steyning's past.



Some of the most interesting details are the simplest. At No. 44, a medieval building later given a brick frontage, a carved Green Man can still be found on a ceiling beam inside - an enduring symbol associated with renewal and the natural world. A little further along, No. 54 recalls a more regulated age of travel, when those with the right papers could stay the night, but were expected to remain indoors once the evening lamp was lit at the Chequer Inn.

At No. 42, the long history of a single trade is still visible in the building itself. First recorded in 1661 and rebuilt around 1750, it remained a butcher's shop for around 250 years. Above the red doors, hooks used for hanging carcasses can still be seen, while part of an earlier 16th-century structure survives in the adjoining entrance.



Elsewhere, the trail touches on a range of local history: former inns that became shops, early banking premises, and houses connected with notable residents. Together, these snapshots build a picture of a High Street that has adapted over time while retaining much of its earlier character.

There is no set route to follow, and no need to complete the trail in one go. It

works just as well as a short walk or a series of smaller explorations, offering a straightforward way to find out a little more about the town at your own pace.

Further information can be found at Steyning Museum in Church Street, where an accompanying display explores the stories and Lois Roemer, our researcher, is available to provide more information.

The Blue Plaque Heritage Trail offers a chance to notice what is already there, and to understand a little more about how Steyning's High Street has come to look the way it does today.

Steyning Museum is open from 10:00 to 16:00, Wednesday to Sunday and is free to visit.


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