

J A N U A R Y

2025



your

STEYNING, BRAMBER
& BEEDING MAGAZINE



yourmag.co.uk



accountancy & business matters

Certified Public Accountants & Tax Consultancy

- **Payroll • Bookkeeping • Self Assessment**
- **Corporation Tax • Personal Tax Returns**
- **Accounts Preparation**

Get some tax advice for your business.

Book now for your FREE Consultation

**The Barn, Golden Square,
Henfield, BN5 9DP**

t 01273 491112

e nfo@abmatters.com

w www.abmatters.com

JANUARY CONTENT

- 4 Kaleidoscope Singers
- 4 Local grants to support health and wellbeing:
- 5 Steyning Country Fair and Barn Dance
- 6 Steyning So and Sews & Steyning Grammar Boarding House
- 10 Steyning Community Orchard: It's Wassail time again!
- 13 'Fear Free' = no 'Tear Spree'!
- 14 January 2025: Diary Events
- 20 Steyning Loves Christmas!
- 26 January 2025 - A case of the January News
- 30 How will you leave your Legacy?
- 34 January 2025 Book Reviews
- 36 2025 Climate Action Tracker Survey: How far have we got?
- 38 Local Clubs and Societies
- 40 New Year, New Habits: How to Build a Healthier You Without the Pressure
- 42 January 2025: Steyning for Trees
- 44 January 2025 Gardening Journal
- 46 Roly-Poly and other Pub Events
- 49 Advertiser's Index

USEFUL NUMBERS

The Steyning Health Centre:

Tanyard Lane, Steyning, BN44 3RJ

Telephone Appointments: 01903 497227

When surgery closed dial new NHS 111 service

Surgery Hours:

Mon: 08:00 - 18:30 Tue 07:00 - 18:30

Wed 08:00 - 20:00 Thu 08:00 - 20:00

Fri 08:00 - 18:30 Sat and Sun: Closed

Steyning Parish Council:

T: 01903 812042

W: www.steyningpc.gov.uk

E: clerk@steyningpc.gov.uk



**To all our current and new customers:
We are back up and running to serve all
your taxi requirements big or small.**



***Wishing all a Happy and
Healthy New Year***

Look out for offers from advertisers,
find out about local events,
community news and everything
in between.

Sign up on the homepage of our
website: www.yourmag.co.uk

Robinson Opticians

78 High Street | Steyning | West Sussex | BN44 3RD
Tel: 01903 813 392

Email: info@robinson-opticians.com
www.robinson-opticians.com

**Local, Friendly & Professional
Eyecare**



Kaleidoscope Singers

Did you know that Steyning has an award-winning Chamber Choir ... the Kaleidoscope Singers! We have a super programme planned for 2025 including four different arrangements of 'Alleluia from baroque to jazz, Monteverdi's Beatus Vir with string ensemble, and a new piece by local musician, the charismatic Steve Dummer.

Kaleidoscope do not sing large choral works (as you can see we are a small but perfectly formed choir!) but explore smaller pieces in all styles of music from the vast repertoire available to us, often using a theme or a particular piece to inspire our programmes & sharing our concerts with other soloists, choirs and ensembles.

Our busy 2024 finished in the autumn with three events: One in the glorious concert hall at Champs Hill, next came Carols at Petworth House and finally our own Christmas music



Kaleidoscope with their conductor Zoë Peate

and readings programme at Steyning Methodist Church.

In 2025 one of our male singers is taking a very long holiday (lucky him) so we are short of singers in the tenor section. Any one fancy joining us?

We are friendly bunch!

Not sure, then come along to our first rehearsal on Thursday 9th January at our home, Steyning Methodist Church in the High Street at 19:30 and try us out!!!!

You can also contact us through our website www.kaleidoscopesingers.org

Local grants to support health and wellbeing:

Do you know about the Wilson Memorial Trust?

You may have heard of the Wilson Memorial Trust, or may have seen signs that mention the name, but what does the Trust actually do? What sort of projects does it support? How do you apply for a grant?

The Trust has just launched a new website that should help to make these things clear. It can be found at www.wilsonmemorialtrust.uk

The Wilson Memorial Trust was set up by local residents Ted and Margaret Wilson in 2001 for the 'prevention and relief of physical and mental sickness and disability, and the ...



promotion of mental and physical health and well-being'. It was set up to benefit everyone who lives in the catchment area of Steyning Health Centre.

In 2012 the Wilsons left a generous proportion of their estate to the Wilson Memorial Trust. Thanks to them, over the past 12 years the Trust has been able to provide more than £1 million in grants toward local projects that benefit us all.

There have been many small grants to support local enterprises, for example Vintage Years, the Community Fridge, the

Patient Participation Group and St Barnabas Hospice. There have also been some very substantial grants. For example, Trust funds have contributed toward the astroturf pitch at Steyning Football Club, the clubhouse at Steyning Tennis Club, recent refurbishments at Beeding and Bramber Village Hall and additional facilities at the Health Centre and all of our local schools. Future funding includes a contribution to the new White Bridge Link, so that we can walk and cycle easily between Steyning and Upper Beeding.

A **photo gallery** and a full list of the projects which have been supported can be found on the website together with guidance about how to apply for funds.

The trust is run by a board of 7 local volunteer trustees. We are happy to discuss potential applications in advance. If you would like to sound out an idea please



Outdoor Gym at Fletcher's Croft :

contact wilsonmemorialtrust@gmail.com

Grants were awarded to the following projects in 2023-24:

Southdown Nursery All weather playground surface

Vintage Years Running costs

Community Fridge Electricity bill
Patient Participation Group Costs of publications

Steyning for Trees 23 trees

Steyning Community Partnership White Bridge Link (delayed, awaiting bridge repair by WSCC)

Beeding and Bramber Village Hall Renovations to kitchen and toilets

St Barnabas Hospice Therapy couch
Steyning Football Club Perimeter and safety fencing

Hogs Wallow community farm
Neighbourhood Wardens community building activities



Steyning Town Football Club

Steyning Country Fair and Barn Dance

We hope that you will once again join us as we turn the Steyning High Street back into an old market town.

The Steyning Country Fair will be back for its biennial event with livestock, crafts, rural fare, music and entertainment plus our ever popular dog show.

Fantastic fun for all the family throughout the day in the High Street and Fletcher's Croft

field.

Save the dates: Join us for a great day for all the family on 26th May 2025

The Country Fair is brought to you by a team of dedicated local residents and business



owners, for the delight of visitors to our lovely Sussex market town and those who reside in the local area.

If you are interested in supporting the event, volunteering or being a stall holder please contact us via the website or enquiries@steyningcountryfair.co.uk. We are particularly looking for people interested in supporting the dog show as well as volunteer stewards.

The team will be fund raising for the Country Fair with an aptly themed **Country Barn Dance on 22nd February 2025 at 19:30** at the Steyning Centre. Tickets will be available from The Steyning Bookshop. Come along for a great night of jollity and dancing supporting our town.

For full information visit
www.steyningcountryfair.co.uk

Steyning So and Sews & Steyning Grammar Boarding House

A Sense of Belonging – Home A Community Textile Project 2023-2024

The **Steyning So and Sews** formed in 2014 as a legacy aspect of the SGS Heritage Quilt Project. Twenty regular stitchers decided to form a group with the aim to develop existing technical and creative skills, work on collaborative community textile projects and have a good catch up with each other at meet ups. Over the years we have made some very special, colourful indoor bunting for **Steyning Festival** events, a large fabric panel celebrating the 70th anniversary of **Wilton Park**, (displayed beautifully on the staircase in Wiston House) and a continuous supply of face masks for the health centre in 2020. More recently we made a collection of large fabric panels for **East Clayton Farm** specifically to enhance the welcoming, cosy environment for young people who frequent the large new timber building at the farm.

In December we celebrated our most recent project '*A Sense of Belonging - Home*' at *Steyning Grammar Boarders Christmas Carol Service and Supper*'. We were delighted to collaborate with the boarding students to devise a series of screen printed, handstitched panels that reflect their fond memories of their home countries and their other home in boarding. A group of 25 students from years 11, 12, and 13 took part in the initial screen-printing workshops and others joined into Saturday afternoon handstitching days, at their annual cultural day.

Most students represented an aspect of their family home and their home countries. All the images in the panels came with a story, showing cultural traditions and symbols that make the students think of home. Everyone in boarding has travelled to get here, students bring in their cultures, and the project has enabled some depiction of everyone's lives, making boarding home for everyone.

Over 3 terms, the **Steyning So and Sews** met on Saturday afternoons in the boarding house to stitch into the student designs. Our favourite '*stitch-ins*' were when the students joined in with us. The boarders are such a wonderful bunch of young people who welcomed us in without hesitation. What a wonderful opportunity it was to involve boarding students with members of the community. We hope the 5 textile panels continue to bring comfort and reminders of their faraway and boarding house homes, we really enjoyed working with the students and the boarding house staff.

Thank you to everyone who supported this project and made it possible including:

The students and staff in Boarding,
The Steyning So and Sews and
The Arts Society Steyning

Please contact me if you would like to know more about the Steyning So and Sews
amandgduke@gmail.com



Walter Wall Carpets & Flooring

FREE MEASURING SERVICE
SAMPLES TO YOUR HOME
PROMPT WRITTEN ESTIMATES
FLOORINGS EXPERTLY FITTED

**26 North Road
Lancing
BN15 9AB
01903 750213**



FITTED CARPET

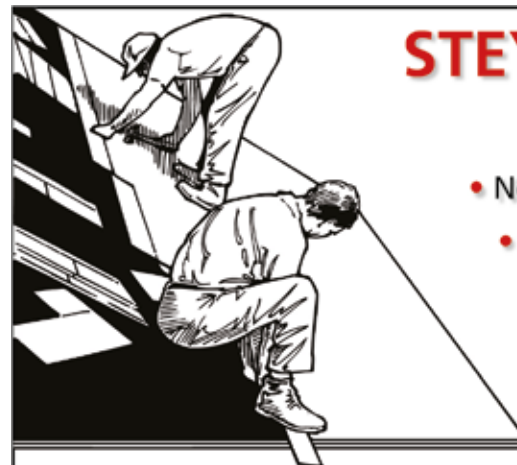


VINYL FLOORING



LAMINATE FLOORING

Proud members of
Checkatrade
Where reputation matters



STEYNING ROOFING

Checkatrade.com
Where reputation matters

- New roofs and repairs
- Flat roofs
- Tiling and slating
- Leadwork
- Chimneys
- Guttering and Fascias

**LOCAL ROOFER WITH OVER 40 YEARS EXPERIENCE
FOR ALL YOUR ROOFING NEEDS**

TEL: 01903 814378 (Steyning) ~ MOBILE: 07904439915
Email: Jasonstanding917@gmail.com
www.checkatrade.com/steyningroofingltd



Camilleri Family Local Builders since 1969
FREE ESTIMATES • FULLY INSURED

VINCENT CAMILLERI BUILDING LTD.

BUILDING

- Extensions
- Loft Conversions
- Refurbishments
- General Building

GARDEN

- Patio's
- Paths
- Block Paving - Driveways
- Garden Walls - Brick/Stone/Flint & Rendered Block



Tel: 07802 522312 / 01903 752937 vincecamilleribuild@gmail.com

BANK HOUSE ELECTRIC GATES



www.bankhousegates.com

info@bankhousegates.com

For Security, Convenience and Peace of mind.



01273 494807



Steyning Community Orchard: It's Wassail time again!

Saturday 18th January, 2025. 17:30. Starting at the Steyning Cricket Club. It is that time again. A new year has just slipped in. January is unfolding, cold, grey and wet but Steyning Community Orchard has something rather special lined up for everyone; young, old and somewhere in between, to brighten up the short days and long dark nights.

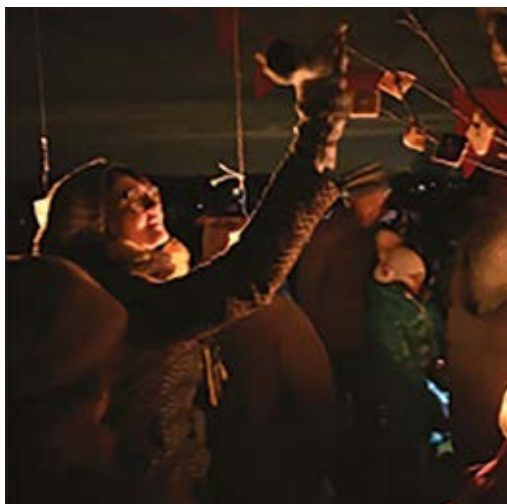
It is time for our annual Wassail. This ancient tradition has roots that go down a long way into our past. The word '*Wassail*' comes from the Anglo-Saxon greeting '*Waes hael*' and means '*be hale*', be in '*good health*'.

Our ancestors gathered together on the eve of Twelfth Night, the 5th January (or in the old Julian calendar, the 17th January) in the depth of winter, to wassail the fruit trees in their orchards. To rouse them into life; chanting and singing, beating the trees with sticks to wake them from their winter slumber, praising them for past harvests and exhorting them to '*be hale*' for the coming season and harvest. Here in Sussex, it is known as **Apple Howling**. And here in Steyning, we follow the old Julian calendar.

So, imagine. On the evening of the 18th January, 2025, as the last light fades from the sky in the west and darkness creeps out from the hedgerows around the Memorial orchard, a little bit of magic stirs as candles are lit around the fruit trees.

In the distance, in the pool of light spilling from the windows of the cricket club across the field, a crowd is collecting. In a darkened corner, hidden in the shadows, the *Mythago Morris* dancers, their faces blackened and their tatter jackets ruffling faintly in the breeze, are ready to begin the evening of dancing and song. They draw the crowd together, explain the wassail, dance and lead the young, the old and the somewhere in-betweens to the orchard.

In the middle of the orchard stands an old, gnarled tree which glows softly in the light cast from the candles laid around it. The wind rustles the decorations woven through it. It is time it awoke from its winter sleep and any evil spirits within it are chased away. This is the fun part as everyone begins to dance



around the tree, chanting, stamping feet, banging pans and blowing whistles as the cry of '*Wassail*' goes up into the winter sky.

The Wassail bowl sitting at the bottom of the tree is filled with mead, apples, sugar, spices and egg and everyone is invited to dip a slice of toast into it and hang it on a branch of the tree; a token of thanks for the fruit it bore the previous year and a gift to the tree spirit living within it.

More singing, more noise, more dancing until a final howl rises to the sky and hovers in the

darkness as the wassail draws to an end and people drift back to the Cricket Club, leaving the candles glowing in the peace of the orchard, and the night.

If this sounds good to you, come along and enjoy it. **Saturday, 18th January, 2025.** It starts at 17:30 outside the Cricket Club. Don't be late.

Donations towards this evening's Wassail and the upkeep of our orchards would be **VERY** welcome so please bring some CASH with you.

NOT JUST TRAVEL
EXPLORE. EXPERIENCE.
discover
07540 357 961

Special offer - £100 discount off your first package booking with value over £900 (use YOUR MAG when contacting me)

Personal Travel Consultant crafting unforgettable travel experiences with over 450 suppliers, including some business to business only, offering holidays that align to your unique interests and aspirations and cannot be found online.

Avoid endless hours searching the internet
Friendly expert advice and guidance
A direct line to me - no call centre queues

W: tonygood.notjusttravel.com
www.facebook.com/TonyNJT
E: tony.good@notjusttravel.com

.....

PRIVATE GYM

PERSONAL 1:1

Training

Looking to get strong, shed fat, and tone up? Our Level 3 Personal Trainer Will specialises in strength training, fat loss, and building lean muscle. Whether you are starting from scratch or leveling up your fitness game, Will is here to help you look and feel unstoppable 🍌

FIRST AID TRAINED & FULLY INSURED FROM AGES 14+

**MALE TRAINER
£30PH**

ALL ENQUIRIES PLEASE TEXT OR WHATSAPP:

07465 205998



Established 1992
Family Run Business



Satellite TV & Aerials
TV Wall Mounting
Wi-Fi Range Solutions
Data Points

Home & Business Security

- **CCTV** - Our systems conform to UK Police Requirements for Digital CCTV
- View/Rewind/Fast Forward your cameras from your iPhone, iPad, Android device
- **Intruder Alarms** - Wired and Wireless with remote access options
- Installations
- Upgrades
- Maintenance
- Service








Domestic ✓
Commercial ✓

Steyning 01903 841197 www.norsat.co.uk  **SCAN ME**

Chimney Sweep

Professional Chimney Sweep
Fully Insured
Rotary Power Sweeping
Birds Nest Removals
Stove Maintenance
Cowlings Replaced
Member of Guild of Master Sweeps

**To Book an Appointment
Call Neil on: 07704 847244**



ROB SYKES: ELECTRICIAN

Steyning based electrician

For all your electrical needs in the home, including:

- ✓ Lighting
- ✓ Shower and cooker wiring
- ✓ Sockets
- ✓ Rewires and extensions
- ✓ Fuse box upgrades
- ✓ Outdoor power & lighting
- ✓ Fault finding & fixing
- ✓ Free estimates & advice

NICEIC registered

M: 07739 989 266

www.robsykes.co.uk

**QUALITY AND VALUE
DIRECT FROM THE
GROWER!**

- You will find an exceptional range of Seasonal and Hardy plants here at our Nurseries in West Chiltington – all grown and sold on site!
- Hardy Seasonal Plants and Spring Bulbs – ready to plant now!



**FREE CYCLAMEN!
PRESENT THIS ADVERT
AND CLAIM A FREE
MINI-CYCLAMEN THIS
CHRISTMAS!**

VILLAGE NURSERIES
SINNOCKS, WEST CHILTINGTON, RH20 2JX
01798 813040

**OPEN 9AM - 4.00PM – 7 DAYS A WEEK
UNTIL CHRISTMAS.**

village-nurseries.co.uk
peter@villagenurseries.co.uk

LOCAL BUSINESS FOCUS

'Fear Free' = no 'Tear Spree'!



I lost my phone recently. It fell out of my pocket in a taxi on the way back from a night out and I didn't realise until the next morning. Ashamed as I am to admit it, the loss of my phone was the cause of great anxiety. These days a phone is like an extension of your arm – and the thought of losing pictures, messages, bank details etc left me with a hollow feeling in my stomach and a cold sweat. To cut a long story short, we were separated for 3 days while the driver took a mini break to France and I was able to monitor his progress via the 'find my phone app'. I was very relieved to be reunited with it on his return, and in terms of stress, the whole episode was up there with the time I realised I had left my passport at home on the way to the airport and the time when I put my clothes in the wrong washing basket last week – all had potentially severe repercussions!

Fear, anxiety, apprehension and stress are emotions that are not just confined to humans, but are very much experienced by our pets too. There are many potential causes, and for some pets a visit to the vet is one of them. Whilst we do everything to make pets as comfortable as possible, and the majority are content coming to the practice (with some who LOVE a visit to the vet!), it's understandable that there are a selection who feel quite the opposite. Whilst we know that a visit to the vet is in the best interests of the pet, they clearly have no understanding of this. Take an independent cat for example: Cat's don't like being forced to do anything at the best of times, so being bundled into a basket once a year, put in a car and taken to a strange place off of your own turf is enough to upset the karma of many a moggie! Eliminating stress and anxiety not only improves the experience for the pet, but also makes examination, assessment and treatment easier for a better overall outcome. It is for these reasons that at Hawthorn Vets our vets and nurses undergo additional training to become 'Fear Free' practitioners. Fear Free is a relatively new American

movement that promotes education of veterinary staff in methods, techniques and awareness to enable them to provide care for patients in the best possible way. Put simply, we don't believe that any pet should be afraid of an experience at Hawthorn and certainly nothing we do should exacerbate any anxiousness or fear they already have.

For example, we use Fear Free techniques such as lickimats (a small rubber matt with delicious pastes smeared on it) to distract the patient from the job in hand. We use ultra quiet clippers when we need to clip for a blood sample and we apply cold spray to numb the area too. Our wards have calming music to distract and calm nerves. However, even with all these techniques in place, the patient can still be anxious. In these circumstances our team is taught to always advocate for the pet- we won't keep trying a method 'to get the job done' if the method is causing emotional distress. In these circumstances simply giving the pet a break can help, but in some cases the veterinary surgeon will opt to prescribe anti anxiety medications and the procedure is re-booked for another time.

Whilst we aim to ensure all our newer, younger, patients never develop a fear of coming into the vets, sadly, some pets just find the whole experience extremely worrying. For these pets, our discount home visit service on a Wednesday has become a life line. Having the examination, where they feel safe and comforted can make a real difference. Our team, where practical and safe, will happily perform an examination and consult in the car park or even the back of the car, although I can testify that this doesn't work so well in a SMART car!

If your pet is anxious please don't hesitate to speak to any member of our team who can help devise a plan to treat your pet in the best way that works for them.



Hawthorn
VETERINARY SURGERIES

Hawthorn Veterinary Surgeries
Hawthorn House, High Street, Henfield,
West Sussex. BN5 9DA.
Call 01273 495227 or email:
reception@hawthornvets.co.uk



January 2025: Diary Events

The following nonrecurring events are also in the What's On section on the Your Steyning, Bramber & Beeding website at: www.yourmag.co.uk NOTE: Post nonrecurring events before 10th of the month prior to the print month. roger@barawood.co.uk

Wednesday 1st January

Steyning Parish Church

10:30 – 11:30

Steyning Parish Church, Vicarage Lane, Steyning

Start the Year Service

A relaxed, short service combining reflection and joy

It provides just the opportunity to begin the new year in a way that is spiritual and sustaining, and at the same time draws us together in worship in the Celtic tradition. Followed by a glass of sherry!

Friday 3rd January

Vintage Years Club

14:00 – 16:00

Steyning Centre, Fletchers Croft, Steyning

Ben Applin: a presentation of Fire Safety Advice

Our meeting commenced at 14:00 but doors open at 13:45. There will be a Raffle and a Bring and Buy table. After our business section, we welcome Ben Applin who is the Rural Engagement Officer at West Sussex Fire and Rescue Service. He will give us a Presentation of Fire Safety Advice. Refreshments will be served from 15:15. We will celebrate January birthdays and draw our raffle. Entrance fee is £3 (£5 for visitors) and Annual Membership is £10 (each April). Always contact Bev Francis- Hills 01273 494894 or 07801 442891 before attending for the first time/returning after a long break, for transport needs or any other information.

Wednesday 8th January

Steyning History Society

19:30 – 21:00

The Steyning Centre, Fletchers Croft, Steyning

Downland Villages

A talk by Alan Barwick on the history of Downland Villages.

Thursday 9th January

Henfield Theatre Company

19:30 – 20:30

The Henfield Hall, Coopers Way, Henfield, West Sussex. BN5 9EQ

Presents "Scrooge!"

This January, join us at The Henfield Hall for an unforgettable journey through the timeless tale of "Scrooge". Adapted from the beloved story by Charles Dickens and written by Leslie Bricusse, this musical captures the true spirit of Christmas, complete with joyful songs and a little holiday magic.

The story opens on Christmas Eve of 1860, in the heart of London, where the chilly air is alive with the sound of carols. Ebenezer Scrooge (played by Paul Crowe), is the surviving partner of Scrooge and Marley, private merchant bankers and moneylenders. His overworked and underpaid clerk, Bob Cratchit (Dave Purchase), struggles to care for his family. Ebenezer dismisses invitations to a family gathering from his nephew, Harry (Ven Malyon), and continues to treat local folk with disdain.

Can Scrooge be made to rediscover the warmth of Christmas? Maybe the visits of the Ghosts of Christmas Past, Present and Yet-to-Come will help, alongside his deceased business partner Marley (Pete Ingledew). In actual fact, once you see Scrooge's past life, you may even feel sorry for him.

In her directorial debut, Mandy Ainsworth, also known for running our Theatre School, states, *'following our recent successes of bringing our Youth and Adult Theatre together in productions, for the first time, we also bring some of our Theatre School children onto the stage. I am thoroughly enjoying seeing them develop and helping to bring this much-loved story to life alongside our talented cast.'*

Performances are at the Henfield Hall on 9th and 10th January 2025 at 19:30, and with two



Visit us at candsroofingspecialistsltd.co.uk



We Specialise in...

New Roofs • Flat Roofs • Tile & Slate Roofs • Re-pointing Chimney Stacks
Leadwork • Valleys Renewed & Repaired • All Roof Repairs
New PVC Fascias & Gutters • External Painting • Moss Removal

Free Estimates • No Obligation • Pay No De-

ALL WORK FULLY GUARANTEED!

OFFICE: 01273 961893 / 01483 378511

MOBILE: 07425 396324

EMAIL: info@candsroofingspecialistsltd.co.uk



performances on 11th January 2025 at 13:00 and 18:00. Tickets are priced at £15 for floor seating and £17.50 for raised seating, and are on sale via www.henfieldtheatrecompany.com and at Stevens Estate Agents in Henfield High Street. This production is kindly sponsored by Coles Automotive.

Monday 13th January

The Arts Society Steyning

10:00 – 12:00

The Steyning Centre, Fletchers Croft, Steyning

January talk: 18th Century English Porcelain

A talk by Jane Gardiner about 18th Century English Porcelain – Chelsea, Worcester, Bow and Derby. This lecture delves into England's early porcelain-making experiments, focusing on the Chelsea, Bow, Derby, and Worcester factories. We explore the development of pastes aimed at achieving whiteness and strength, the influence of silver and continental porcelain on shape and decoration, and the inspiration drawn from Chinese and Japanese export wares. Additionally, we examine how porcelain was displayed and used besides discussing the fashion for porcelain figures. Free to members, £10 donation for visitors. steyning@theartsociety.org
www.theartsocietysteyning.org.uk

Monday 13th January

Steyning Gardening Club

19:30 – 21:30

The Steyning Centre, Fletchers Croft, Steyning

No Dig Gardening

Join us for a presentation by Martin Jarvis from Angmering Nurseries as he shares his expertise on No Dig Gardening and its benefits for your garden.

Tuesday 14th January

Neighbourhood Wardens and Steyning Parish Church

15:15 – 17:15

Penfold Hall, Steyning

Boardgame Cafe

Please note, there may be a slight venue

change from February due to renovation works. The Neighbourhood Wardens have teamed up with Steyning Parish Church to run the Board game cafe. We have lots of games that we can teach you or if you have a favourite one bring it along! We have games for all ages, classics like Scrabble and Boggle, newer games like Qwirkle and Herd Mentality, and co-operative games such as Forbidden Desert and What Next? Or just come along for free hot drinks and biscuits! This free event runs on the second Tuesday of every month (including school holidays where applicable). The Childrens and Families Worker and Neighbourhood Wardens will be there so if you have any questions, or if you want to find out more about their roles they will be available to speak to. All ages are welcome. Contact the Neighbourhood Wardens for more details: Mike - 07734 387888 / Alison - 07734 387889
SBUB.wardens@horsham.gov.uk

Friday 17th January

The Steyning Society

19:00 – 21:00

The Steyning Centre, Fletchers Croft, Steyning

Roman Sussex 43 A.D. to 410 A.D.

Talk by Dr David Rudling. David is the academic director of the Sussex School of Archaeology and is an honorary research fellow and visiting lecturer at the University of Roehampton. The sites he has excavated include the Roman Villa at Bignor and the Romano-Celtic temples at Chanctonbury Ring. Doors are open at 19:00 and there will be wine and sparkling elderflower (monetary donations welcome) on arrival. Talk will begin at 19:30. Free to members and £5 guests. All very welcome to attend.

Saturday 18th January

Steyning Community Orchard

17:30 – 19:00

Steyning Cricket Club. Memorial Playing Field.

Wassail

Our popular Wassail event returns with Mythago Morris again leading our celebrations. Free event with bucket collection - (so please bring some coins with you!) We meet outside

Chalcraft
FUNERAL DIRECTORS

Make Your Wishes Known

Not all funeral plans have to be financial.

Chalcrafts offer a free service where your wishes can be lodged for when the time comes.

Why?

Having your wishes known simply means your loved ones are in no doubt of your preferred funeral arrangements.

Why Chalcrafts?

We believe in an open and honest approach when it comes to creating a funeral of your choice. We offer a range of services to suit different beliefs, budgets or personal requirements.

How?

Feel free to call, email or pop in and see us and we will happily talk through your options.

**Chalcraft Funeral Directors,
55 High Street, Steyning, BN44 3RE
01903 812656
info@chalcraftfunerals.co.uk**

the Steyning Cricket Club, when the Mythagos Morris Side will perform their traditional Wassail Dances whilst explaining the tradition of Wassailing. We then process to the Orchard with songs and dance around our specially decorated Wassail tree. Bring some things to make a noise! And torches.

Tuesday 28th January

Greening Steyning

19:30 – 21:30

Steyning Athletics Club, Charlton Street, Steyning

Green Drinks: Volunteer Night + AGM

Our annual celebration of the sterling efforts of our wonderful team of volunteers. A chance to look back at some of the high spots of 2024, and look forward to plans afoot for 2025. We'll also be holding a short AGM to review our accounts and reappoint some key positions. If you're thinking of volunteering with Greening Steyning, this is the perfect opportunity to find out what we do and meet the gang! Tickets are free, but please book a spot so we can estimate numbers. Go to: <https://greeningsteyning.org/events/>

Wednesday 5th February

Steyning Parish Council: Community Film Night
19:30 – 21:30

The Steyning Centre, Fletchers Croft, Steyning

Screening: WILDING (PG)

You'll never look at a green and pleasant pasture in the same way again after watching this documentary about the rewilding project at the Knepp estate in West Sussex. Isabella Tree and her husband, Charlie Burrell, strive to breathe new life into the ailing Knepp estate. They reintroduce native ponies, deer, pigs and other wildlife, allowing nature to thrive. Tickets: £6.00 to include tea or coffee during the interval. Please purchase tickets in advance from the office at the Steyning Centre (or by Bank Transfer - Please call office for details 01903 812042).

Saturday 8th February

Steyning Strummers & Singers

14:00 – 16:00

Steyning Methodist Church, 18 High Street, Steyning

A Fun Midwinter Musical Concert

Steyning Strummers & Singers - a group with the u3a are putting on another lively musical concert at the Steyning Methodist church on Saturday 8th February 2025 - 14:00 - 16:00 (doors open 13:30). We are a group of 20 musicians and singers and will be performing songs from the Beatles, Drifters, Buddy Holly, Creedence Clearwater Revival and many more. Tickets are £8 each online at ticket source or contact Diana Couling 07990 532030 and includes soft drinks and nibbles. There will be a raffle and proceeds will be in aid of Steyning First Responders and towards renovating Steyning Methodist Church building.

Monday 10th February

Steyning Gardening Club

19:30 – 21:30

The Steyning Centre, Fletchers Croft, Steyning

Garden Bugs: Cohabit, Control or Conserve?

Join us for a fascinating opportunity to learn from Ian Bedford, a renowned research entomologist. He will provide valuable insights on effectively managing garden pests and promoting a natural equilibrium in your garden. Ian will offer advice on the development and utilization of non-chemical plant protection products, as well as ways to create a wildlife-friendly environment in your own home garden. Don't miss out on this chance to enhance your gardening skills and support the biodiversity around you.



That Holiday Feeling
Independent Travel Agent based in Steyning

Fancy a holiday but want someone else to do the research and booking for you? Give me a call or send me a message, I'd be happy to help! No charge and no commitment to proceed

Sarah Robertson
07787 140948
info@thatholidayfeeling.co.uk
ABTA and ATOL Protected



Live for today *plan* for tomorrow

You probably know where you want your inheritance to go when you die. But making sure your legacy gets to the right people at the right time can be hard work. There's a lot to think about, from clearly documenting your intentions to making the most of gifting allowances and pinpointing legitimate ways to mitigate Inheritance Tax.

We offer a friendly, local service, backed by the strength and security of FTSE 100 company St. James's Place Wealth Management. Let us guide you through the estate planning maze and make sure your inheritance plans come good.

Let's start a conversation.

Matthew Wykes

DipPFS
Principal

01403 710422

07974 062561

matthew.wykes@sjpp.co.uk

www.matthewwykes.co.uk

Matthew Wykes Financial Services is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

SJP Approved 05/03/2024

Partner Practice

**St
James's
Place**

SJPM95e 01 (02/22)

Steyping Loves Christmas!


The High Street looked magical in the run-up to Christmas: beautiful street light decorations; numerous Christmas trees and outstanding shop window displays. To add to it all on Sunday 8th December, there was an outpouring of Christmas cheer. With his reindeer 'resting up' before their big night, Father Christmas took to mechanical power and - to the enjoyment of both young and old - arrived in a splendid red vintage open top bus.

In the festive adorned bus shelter, a variety of bands played (including quite a young rock group - stars in the making) and several local choirs sang their hearts out. A superb musical occasion. To add to the fun and wonderful atmosphere, an extensive and colourful fun fair was set up in the High Street car park.


This year an extra event took place on this special Sunday, which was The Magic of Dickens in Cobblestone Walk. This cobblestoned area lent itself beautifully to setting the scene of days-gone-by and along with shop owners dressed up in Victorian costumes, there were festive food stalls, a singer and a Dickens inspired menu within the Tea House.

All this, plus - of course - the Christmas Elf, who was in residence there for most of December to look after the North Pole Post Box and help children to write their letters to Santa. The Elf was over the moon to welcome Father Christmas to his 'workshop' for a cup of tea and a chat with some lucky - and very amazed - children, before he headed off home after a busy day in Steyping.







REMOVALS & STORAGE • EST. 1979



For all your moving & storage needs
contact our sales team.
Tel: 01403 820215
Email: info@lomersremovals.uk
www.lomersremovals.uk

Four Seasons Cleaning & Gardening

We are a small team providing a tailored service to suit your needs.

- Cleaning
- Gardening
- 10 years experience
- No job too big or too small

We have references and reviews from past and present clients

Call Angela on 07442994530 today.

JW TAXIS



JW Taxis are a local taxi company who have a great reputation for their service and affordability.

We specialise in journeys to and from:

- ✓ Gatwick Airport
- ✓ Heathrow Airport
- ✓ Long Distance Journeys
- ✓ Southampton Airport/Port
- ✓ Special Occasions



Best prices available. Reliable and trustworthy.

Please call JW Taxis on 07717 725551 or 07957 215532 or email genevieve@careguaranteed.co.uk to make your booking or quote for your trip.

We look forward to hearing from you.



"My mum who has Alzheimer's absolutely loves these sessions – it's a wonderful activity that we can do together and she really comes alive."

Supported and sponsored by:



Love to Move and Time to Chat

Love to Move is seated exercise for all, especially those with dementia and their carers. Delivered by British Gymnastics' Love to Move coaches. There will be refreshments and time to chat after the class. There will be a nominal charge.

Tuesdays 1:30 to 3:00pm

From September

Fletchers Croft, Steyning BN44 3XZ

To book your seat please contact: cherrytolcher@hotmail.com



Keeping you safe, Right at Home

We deliver trusted care and support in the comfort of your own home in Steyning and the surrounding areas



Our highly trained CareGivers can support you with your daily routine:

- Companionship • Meal Preparation • Medication support • Personal Care
- Live-in Care • Dementia support • Help with washing & dressing

"From the first phone call we made to ask for help for our father's care, Right at Home couldn't have been more kind, friendly, reassuring and professional. The team will never know what a huge difference they made"

Homecare.co.uk review

Call now for a
FREE
care assessment

For more information, please call:

01273 286172

www.rightathomeuk.com/worthingshoreham/



Charlotte Chase
HEALTH & WELLBEING COACH
Health Coaches Academy (HCA) Diploma



Are you a woman in midlife?

- No time or energy for self-care?
- Struggle to start or sustain healthy habits on will power alone?
- Feel overwhelmed by all the dietary advice?

I can hold you accountable, support and empower you to achieve a healthy lifestyle.

Take that first step and contact me for a free consultation session.

07968 694148

charlottechase.wellbeing@gmail.com

charlottechasehealthcoach.com

Get your spark back!



BUY, SELL, EXCHANGE

GOLD, SILVER, JEWELLERY, WATCHES, COINS, MEDALS,
CHAINS, RINGS, POCKET WATCHES, CLOCKS,
ANTIQUES, COLLECTABLES & DECORATIVE ITEMS

URGENTLY WANTED
FOR INSTANT SETTLEMENT BY CASH OR BANK
TRANSFER

**GOLD: JEWELLERY, COINS,
CHAINS, RINGS,
NECLACKES, PENDANTS,
BROOCHES, PINS, BROKEN
ITEMS & ALL OTHER GOLD**



86 High Street, Steyning, BN44 3RD
01903 416591

info@steyningjewellery.com
www.steyningjewellery.com

Now available in your area

A reliable, friendly, family man. No job too big or small.
Call now for a quote.



DECORATING CONTRACTOR

07780 458204

'Tom has completely blown me away! His work, reasonable prices and fun, friendly attitude have made it a pleasure to get our decorating work done!'

Lucy - Upper Beeding

'I would highly recommend Tom. Two other decorators let us down and then Tom was recommended to us. His work is exceptional, he is polite, trustworthy and reasonably priced!'

Becky - Steyning

THE OVEN MAGICIAN

We are an independent family run eco-friendly oven cleaning business that has been operating for over 7 years in Worthing and the surrounding areas.

TA DA!



T: 01903 620257

For a complete price list visit:
www.theovenmagician.co.uk

MARK PERRY

REGISTERED DOMESTIC
ELECTRICIAN

Rewires, Lighting,
Extra Power Points, Testing
Part 'P' Registered

m.perry100@btinternet.com

01903 815218

07979 964410



ALL ASPECTS
PROPERTY
SERVICES

Do you have the need of a Trusted handyman?

- 30 years experience in the building trade
- Bricklaying / Paving
- General Building Work
- Garden Landscaping
- Painting and Decorating
- Fully insured
- Local and reliable. No job too small.

Contact us today for a free no obligation quote.

m: 07770 267 472 o: 01273 959 807

e: hello@allaspectsps.com



JG ROOFING

ROOFING & EMERGENCY
REPAIR SPECIALISTS

EDPM RUBBER FLAT ROOFS

GRP FLAT ROOFS

TORCH-ON FELT FLAT ROOFS

NEW ROOFS

TILE, SLATE, FELT & BATTEN

NEW UPVC GUTTERS, FASCIAS

SOFFITS & CLADDING

GUTTER CLEANING

ALL REPOINTING WORK

CHIMNEY REPAIRS & REMOVAL

MOSS REMOVAL & PREVENTION

*All leaks repairs
immediately!*



myBuilder.com

Checkatrade.com
Where reputation matters



CALL 01273 031642 / 07840 467219

EMAIL jgroofing107@gmail.com



January 2025 - A case of the January News

Happy New Year! I hope you all celebrated the festive period with cheer and are still basking in the twinkly afterglow, hoovering up remaining treats and reminiscing over time spent with loved ones.

As that sparkle fades to a glimmer, don't give in to that looming January chasm of grey-blue doom. Instead, focus on the new. Think of Month 01 as a springboard for all the things that await you this 2025; new wildlife, new experiences, new Parish magazine article authors... and with that shameful segue let me introduce myself.

I'm Kerry, 'Communications Officer – Conservation' for Sussex Wildlife Trust. My role consists of running the Trust's wildlife information advice service, WildCall, and also writing content for blogs, our website, and social media.

In December, Michael Blencowe signed off with his last Parish Magazine article about footprints, fittingly leaving me mighty big shoes to fill. Flicking back through the past library has been a wonderful read, and considering Michael's term of seven years (!), it's a challenge to find a fresh new topic not already covered. Seeing as it's a new year, how about newness itself?

So, to January newness. I'm looking forward to fieldfares and redwings delicately tweezing berries from treetops. Huddling on Brighton Pier, amid ghost train squeals and the smell of sweet doughnuts, to watch Starlings sky-dance. Drops of snow and Snowdrops. Chilly stomps up the Downs on roaring fire

Sundays.

From now on, the days ever so slowly get longer again, giving more precious minutes to get out there and explore. Last year I visited Ebernoe for the first time, searching for Fungi in early autumn. I look forward to heading back to experience its Old-England-come-fairy-whimsy in the crunching frost. I'll head back to Rye Harbour to hole up in hides, be-gloved and binoculared, to spot winter waders and hovering Marsh Harriers.

I will search for paw and hoof prints in the snow or the mud. I'll be vigilant for too-witting and wooing Tawny Owls and scan darkened woodlands to see one; I never seem to succeed, but maybe this is my year.

Whatever you choose to do with this often-condemned-as-miserable month, I hope it instead brings you joy. Let your only January blues be that of the sea and sky. Here's to 2025!

By Kerry Williams:

Communications Officer - Conservation
Sussex Wildlife Trust is an independent registered charity caring for wildlife and habitats throughout Sussex. It's easy to join online at:
www.sussexwildlifetrust.org.uk/join
or T: 01273 497532

Fieldfare © Neil Fletcher
West Pier murmuration Brighton © Dennis Hunt





**A personalised
home help service
tailored to your needs.**

Contact Us:

01273 492629

hello@sussexhomechecks.co.uk

Open Monday - Friday
8am - 7pm

Sussexhomechecks

Sussex
HOME CHECKS

**Our local home help service is available to residents in
Steyning, Worthing, Henfield
and surrounding villages.**

**We can visit as many times a day as needed to ensure you or
your loved one is ok.**



- **Meal service**
- **Light tidying & Laundry**
- **Medication reminders**
- **Companion visits (2+ hours)**
- **Trips to garden centres**
- **Holiday Cover**
- **Hospital to home assistance**
- **Daily, weekly, monthly, ad hoc**

ALL OUR STAFF ARE:

DBS checked

First Aid trained

Fully insured

www.sussexhomechecks.co.uk



Steyning Double Glazing

A local, well established company providing a comprehensive and friendly service

A rated as standard

- ✓ Energy rated A+ Windows Available.
- ✓ Windows & Doors.
- ✓ Facias, Soffits & Guttering.
- ✓ Replacement of blown & misted up double glazed windows.



01903 810 013 | 07790 036 855 | E: njb61@live.co.uk



Ben Warner Tree Surgery & Hedge Cutting

N.P.T.C. Certified Tree Surgeon - Fully Insured
Free Assessment and Quotation

Regular & One-Off Visits
Tree Felling
Re-Shaping
Crown Lifting

Dead Wooding
Pruning & Hedge Cutting
Stump Grinding
Logs & Firewood Supplied

TEL: 07743 314 250



Family Law Specialists

Call us on 0800 84 94 101
Offices across the South East



www.mayowynnebaxter.co.uk

While the topic of one's own mortality may not be the most pleasant of conversations, it is a crucial one. The creation of a legal Will is an essential task that far too many of us procrastinate or overlook altogether.

The impact of not having a Will in place can be both frustrating and detrimental, especially to the loved ones left behind. First and foremost, without a Will, the distribution of one's assets becomes a complicated and often contentious affair. In the absence of clear instructions, intestacy laws take over, and this can sometimes result in assets being distributed in ways that may not align with the deceased's wishes. Without a Will, there can be significant delays in the probate process too, this can tie up the deceased's assets for months or even years depending on the complexity of the estate being left.

For those with children it is really important to have conversations with those people you would choose to take care of them in the event that anything happens to you. Without a Will, you have no say in who or how your children will be raised in your absence. In today's world of blended families, ensuring that you have officially documented who you want to inherit and when is even more important.

Making your Will is a simple process in most cases, you can use your Solicitor, a dedicated Estate Planning service like us or even go online. I tend to find that due to the nature of the subject, most people feel more comfortable talking through their options with a real person and we can do this either in our office or in your home- wherever you feel most comfortable.



01903 821010
wills@nsure.co.uk
www.nsureestateplanningservices.co.uk

Emma Cohen **FIPW**

In 2020, Emma became the youngest ever fellow of the Institute of Professional Willwriters, showing her dedication to the profession.



HOW WILL YOU LEAVE YOUR LEGACY?

GET IN TOUCH



2023

Anna & Tom



Scotland 2022
A little romantic break

WILLS@NSURE.CO.UK
01903 821010

Let us give you something to smile about...

- NHS/Private Patients
- See patients within 24 hours
- Six Month Smiles
- Facial aesthetics
- Your safety is our priority
- Our dental team follows all NHS Covid-19 protocols
- Family friendly practice
- Feel confident at social and business events



Think of Mallards...

2 Mallard Way, Henfield, BN5 9HF



MALLARDS DENTAL PRACTICE

We will give you something to smile about

SUPER SATURDAY

Kids NHS check-up
Saturday 25th February, 8am - 2pm
Please contact us to arrange an appointment

CALL 01273 495 966 TODAY
or email enquiries@mallardsdental.co.uk
www.mallardsdental.co.uk

imogen ruby

- ♥ Organic, branded clothing 0-5 years
- ♥ Sustainably made toys 0-7 years
- ♥ Reusable products, including nappies, wipes, period products and more
- ♥ Preloved organic clothing

Brands include Kite, The Bonnie Mob, Little Green Radicals, Turtledove London, Toby Tiger, Lanka Kade, Jumini, Floss and Rock and more!

98A High Street, Steyning

www.imogenruby.co.uk



Do you want to help guide the future infrastructure, environment and housing design for **STEYNING?**

We are calling out for
4 VOLUNTEERS FROM STEYNING
to join our 8 existing Parish Councillors on the new
NEIGHBOURHOOD PLAN STEERING COMMITTEE

To become part of the team,
please email

clerk@steyningpc.gov.uk

Interviews will take place in early January 2025



Making Motherhood Stress Free

BABYSTEPS
A MOTHERS HUB

www.babystepshub.com



01903 812466

SCIENTIFIC HOLISTIC SPECIALISTS

Shop 3, Cobblestone Walk,
74 High Street, Steyning, BN44 3RD

OSTEOPATHS

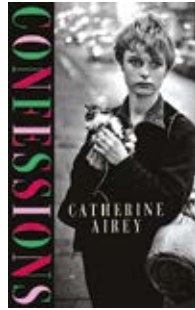
Gemma Rabanser M.Ost
& Joe Meadows M.Ost

info@steyningosteopathicclinic.co.uk
www.steyningosteopathicclinic.co.uk



January 2025 Book Reviews

Adults Books

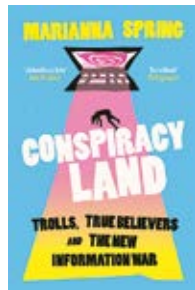


Confessions by Catherine Airey
Penguin hardback £16.99
Our bookseller Alice really enjoyed this compelling, complex debut novel about 3 generations of women, linked by a house full of secrets....

It is late September in 2001, and the walls of New

York are papered over with photos of the missing, amongst them Cora Brady's father, the poster she made taped to columns and bridges. Her mother died long ago and now, orphaned on the cusp of adulthood, Cora is adrift and alone. When a letter arrives from an estranged aunt, offering a home and fulfilling a long-forgotten promise, Cora jumps at the chance to seize a new life, out on the ragged edge of Ireland, in the town where her parents spent their youth. There the story of Cora's family is hidden, and in her presence will begin to unravel.

Full of intricate twists and revelations, this is an elegantly written novel with a page-turning mystery at its heart.



Conspiracyland : Trolls, True Believers and the New Information War by Marianna Spring

Atlantic Books, paperback £10.99

Marianna Spring is the BBC disinformation and social media correspondent, and was behind the engrossing BBC Radio 4 podcasts

Marianna in Conspiracyland and Why Do You Hate Me?

Now out in paperback, Conspiracyland is a fascinating guided tour into the dystopian underworld of conspiracy theorists. Collecting all her investigations into the world of online trolls and disinformation, Marianna delves into the murky depths of QAnon, The

Steining Bookshop - 01903 812062
Monday - Saturday: 9:30 - 17:30
info@steiningbookshop.co.uk

Light 'news'paper, anti-vaxxers and more, as she asks 'Where DOES all this vitriol come from?' and investigates what drives otherwise reasonable people to believe that almost everything - from wars to global health crises and climate change - is a hoax designed to kill or control millions of us.

Dotted with plenty of first-hand accounts from both trolls and the trolled, this is an enjoyable, brisk read that packs a powerful punch!



Children's Books

Hunt for the Golden Scarab by M.G. Leonard

Macmillan Children's books, £7.99 paperback

This book marks the start of a spell-binding new series, which blends the adventure of Indiana Jones with the time-travel of Dr Who, by the mega-

talented, Brighton-based children's author M.G. Leonard.

Sim and his mum, Callidora, are currently living above a museum in London, but they never stay in one place for long, and when menacing strangers appear in the museum one night, Sim discovers why.... Callidora is a 'Key' - a gifted musician who has the power to open doors in time by striking a particular resonant note on her flute. But the sinister 'Council of Keys' are closing in, seeking to control all the Time Doors, and soon Sim and his mum are on a perilous quest through Ancient Egypt, racing to find the sacred Scarab of Nefertiti before the Council can get their hands on it.

I loved this fast-paced story which is bursting with original ideas, and MG Leonard's breathless enthusiasm for all things Ancient Egyptian is joyfully infectious!

Strap in for a thrilling ride, perfect for 8-12 year old readers.

Habit-changing, wallet-friendly paperbacks for January

Kick-start your New Year with the Steining Bookshop!

the steining bookshop



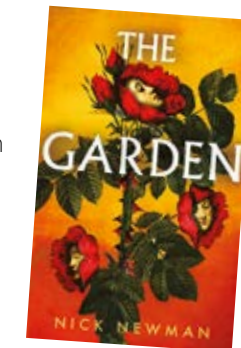
The Whisperwicks: The Labyrinth of Lost and Found by Jordan Lees

Puffin books, £7.99 paperback

I adored this outstanding debut fantasy novel, which weaves an enchanting spell from the very first sentence - now out in paperback. Eleven year-

old Benjamin loves facts, science, and logic, and does NOT believe in magic! But when he receives a peculiar gift - a poppet doll that can transform into a bird, it leads him into the impossible, magical Wreathenworld, a labyrinthine city of shifting streets where maps are forbidden. Benjamin soon meets the fierce and feisty Elizabella and is swept into a deadly quest in search of her missing brother. But in this shifting land where nothing is as it seems, how can he ever find his way home? *I was mesmerised by this beautifully written novel, which envelops the reader in a spider web of rich prose and inventive details. For readers of 9+.*

Do visit to see our wide selection



2025 Climate Action Tracker Survey: How far have we got?



This is a crucial decade for stepping up action on climate and nature before it's too late. That applies at the national and global level. But it is equally important at the individual level. We are all part of the problem, and we all need to be part of the potential solution.

As we enter 2025 we are reaching the halfway point in the decade. So how much progress have we made in changing our behaviours and actions to reduce our impact on the planet?

Greening Steyning is carrying out an online survey to help find this out. It's called the Climate Action Tracker Survey and it's the third time we've run it.

We want to find what you and your household have been doing over the past two years to reduce your energy consumption, trim your carbon footprint, and be kinder to wildlife and nature. And we want to look ahead and learn what further steps you may be thinking of taking in the next two years – think of it as your New Year's resolution for the planet!

The results from the previous survey in 2023 provide a baseline to compare with. At that time two thirds of respondents said they wanted to encourage wildlife in their garden. Half were intending to cut down on meat and dairy. And a fifth were thinking of installing solar panels or getting an electric vehicle.

So what happened in practice? Has the pace of change picked up, and what is in people's minds now? Are there barriers that are preventing action? And do you suggestions for how Greening Steyning can help you go further and faster? The Climate Action Tracker Survey is designed to find this out.

It should only take 5 minutes to fill out. Just go to: www.greeningsteyning.org/tracker

2025 Climate Action Tracker Survey



Share the positive steps you're taking to help climate and nature

The Survey closes on Sunday 16th February, and is limited to one person per household.

Volunteer Night 28th January
If you'd like to learn more about what Greening Steyning does, and are thinking of joining our wonderful team of volunteers, come along to our Volunteer Night & AGM on Tuesday 28th January.

It's at Steyning Athletics Club starting at 19:30. Find out more and book a space at: www.greeningsteyning/events



INITIAL CONSULTATION FREE
Serving people and businesses since 1976

Personal

Self Assessment Tax Returns
Capital Gains Tax
General Tax Advice



Business

Sole Trader, Partnership Accounts
Limited Company Accounts
Company Secretarial
Corporation Tax Returns
VAT
Payroll, Auto Enrolment & CIS
Training - Xero and Quickbooks Online
Business start-up
Business Planning Advice
HR Consultancy

01903 813907 info@beltons.co.uk www.beltons.co.uk
The Old Market House, 72 High Street, Steyning, BN44 3RD

ALL RUBBISH CLEARED

Rely on us for same day seasonal rubbish, old xmas trees, wrapping boxes and waste food clearance



Call Simon on:
0800 3118531
Or 07775 647657
www.rubbishandclearance.co.uk

TR ENERGY

ELECTRICAL CONTRACTORS

Do you need an electrician?

Local electrical contractors

Friendly and reliable service

All aspects of electrical work

Over 10 years experience

Call now for a free quote
01273 936222

www.TR-Energy.co.uk

Newbrook Business Park, Upper Beeding, BN44 3JD



Local Clubs and Societies

To add a club or society or change the details kindly email roger@barawood.co.uk

CHARITIES:

Cancer Research Steyning.
www.cancerresearchuk.org

Steyning & Ashurst Friends of St. Barnabas House.
01903 814337

The Friends of Steyning Parish Church. 01903 813232

The Steyning Society.
E: cmantsteyningsoc@gmail.com / W: www.steyningsociety.org.uk

Steyning for Trees.
01903 816726.

The Steyning Friends of Chestnut Tree House Children's Hospice.
01903 813901 / 01903 815601

The Royal British Legion Steyning & District Branch.
01903 815176.

CLUBS AND SOCIETIES:

Chanctonbury Quilters.
01903 812171.

Steyning Art Group.
SteyningArtGroup99@gmail.com

Steyning Bellringers.
01903 813653.

Steyning Bridge Club.
01903 814726.

Steyning Camera Club.
info@steyningcc.org.uk

Steyning Gardening Club
01903 814684

Steyning & District Flower Club. 01903 895939

Steyning History Society
Secretary: Mrs. P. Blackie,
01903 812283

Steyning Museum.
01903 813333.

Steyning National Women's Register
01903 815577 nwr.org.uk

Steyning So and Sews
01903 813467

Sugar and Spice Sugar Craft Club. 01903 695700.

The Arts Society Steyning.
steyning@theartsociety.org
<http://www.theartsocietysteyning.org.uk/>

The Steyning Society.
E: cmantsteyningsoc@gmail.com / W: www.steyningsociety.org.uk

Vintage Years Club.
01273 493884

West Chiltington Bridge Club.
01903 742674 / 01798 813626.

West Sussex Decorative & Fine Arts Society.
01903 411086.

GENERAL:
1140 Steyning Squadron Air Training Corps 01903 815511 - 1140@rafac.mod.gov.uk

Cadet Centre. 01903 813113.

Cadet Centre - Steyning Army Cadets. 07737931010.

Steyning, Beeding and Bramber Trefoil Guild.
01903- 812622.

Steyning Litter Pickers.

susanjglover@outlook.com

Steyning Parish Church.
steyningparishchurch@gmail.com

Steyning WEA Day School.
01903 816190/07713 270806.

SOCIAL:
Cheqoutz Cribbage Team.
01903 815471.

Knit and Natter. 01903 812751.

Ladies Thursday Club.
01903 813082
paulinemhadhebi6@hotmail.com

Singability. 07845 546365.

Steyning & District Good Neighbours Association.
01903 816181.
steyninggoodneighbours.co.uk

Steyning Downland Scheme Group. 01903 812404.

Friends of Steyning Downland Scheme. www.steyningdownland.org/support-us/friends-scheme/

Probus Club of Storrington and District
storringtonprobus@outlook.com - www.storringtonprobus.com/

Rotary- Shoreham and Southwick
07754 681675

Special Task Force.
01903 765340.

Steyning & District U3A.
www.steyninganddistrictu3a.org.uk

Hamilton Cole

Family Run Local Retailer / Service Provider



SERVICE PROVIDER

Aerial/Satellite Custom Installer
TV Wall Mounting
NICEIC Domestic Electrician
PAT Testing
Replacement Watch Batteries
Copying of VHS Tapes to DVD

REPAIR EXPERTS

TV, Audio, DVD Recorders
Lamps
Microwaves
Vaccum Cleaners
Cookers
Hobs

RETAILER

Flat Panel TV's
DAB/FM Radios
Domestic Appliances
Freestanding/Built In
Lighting and Heating

Call 01798 872237

Station Road, Pulborough,
West Sussex, RH20 1AH
Email: office@hamiltoncole.co.uk



www.hamiltoncole.co.uk



**Local family run business
Qualified, Insured**

For all your pest problems

Tel:- 01903 550149

ALL LIT

All Lit Plumbing & Heating

- Gas and Heating Installation
- Natural and LPG gas appliance repairs and servicing
- Plumbing Maintenance
- Plumbing Installations

"Dan repaired our boiler in the middle of a cold snap, very reasonably priced and got the boiler fixed the same day"

Contact Dan Foster
Tel: 07590495548
Email: All-lit@outlook.com
www.All-lit.co.uk



LEE'S LOCKS

NO CALL OUT CHARGE!

All locks fitted to insurance BS3621

Window Locks • Supplied & Fitted
Fully Guaranteed • O.A.P. Discounts
Insurance Work • UPVC Specialist
Digital Locks • Break ins
Garage Door • UPVC/Patio
Police Checked • No VAT!!!



**LOCKED OUT? DOOR JAMMED?
LOST KEYS? NEED EXTRA SECURITY?**

**Store this number in your
phone NOW! You may need it**

Tel: 01903 650 062
Mob: 07921 068564

Email: lee@lees-locks.com

FREE PHONE 0800 44 88 147



Checkatrade
Before you use them



New Year, New Habits: How to Build a Healthier You Without the Pressure

As the New Year begins, the world buzzes with resolutions and promises of transformation. Social media is filled with “new year, new me” mantras, and ads for fitness challenges and meal plans become unavoidable. While setting goals can be motivating, the pressure to overhaul your life overnight can feel overwhelming.

Here's a refreshing reminder: you don't need to make sweeping changes to improve your health. Sustainable progress comes from self-compassion and gradual adjustments. You can pursue wellness in 2025—without the stress!!

Rethinking Resolutions:

Traditional resolutions often fail because they're too big, vague, or extreme. Promises like “I'll go to the gym five days a week” can lead to burnout or frustration. Instead, focus on small, manageable goals. For example:

- ° *Intention: 'I want to move more.'*
- ° *Goal: 'I'll take a 10-minute walk three times a week.'*

Starting small builds consistency, which leads to lasting success. Over time, these little changes can add up to significant transformations—without the stress of trying to do it all at once.

Recognising and Managing Social Pressure:

External influences, especially on social media, can amplify feelings of inadequacy. Remember, social media is a highlight reel—not reality. Unfollow accounts that make you feel pressured and seek content that inspires you to grow at your own pace. Your health journey is uniquely yours; there's no right timeline or approach.

Celebrating Small Wins:

Big goals can overshadow the small steps that lead to real change. Celebrate micro-habits like choosing water over soda or adding a serving of vegetables to your meals. Acknowledging these wins builds motivation

and confidence. Small, consistent efforts can lead to significant improvements over time.

Listening to Your Body:

Pay attention to how your body feels. If a workout leaves you drained, take a rest day. If a diet feels unsustainable, adjust it. Progress isn't linear, and setbacks are normal. Flexibility and self-awareness are key to long-term health. Remember, rest and recovery are just as important as action. Allowing yourself grace can lead to better results—and a happier you.

Don't Ignore Pain -Your Body Might Be Speaking to You:

While pushing yourself toward health goals is admirable, it's crucial to listen when your body signals something might be wrong. Pain, persistent discomfort, or unusual symptoms are your body's way of communicating that something needs attention.

Common signals to watch for:

- ° Chronic aches or pains during or after exercise.
- ° Fatigue that doesn't improve with rest.
- ° Sudden changes in energy levels, appetite, or mood.

If you experience these or other concerns, don't ignore them. Seeking guidance from a healthcare professional can help identify issues early and prevent them from worsening. Whether it's an injury, nutritional deficiency, or something else, addressing the root cause allows you to move forward safely and confidently.



Remember, prioritising your health includes caring for your body when it's in distress—not just when it feels strong.

Remember to remind yourself:

Health is a journey, not a race. The pressure to become your '*best self*' overnight can be daunting, but lasting wellness is built on kindness, patience, and small steps. Choose one manageable change to start today—whether it's drinking more water, taking a daily walk, or simply being kinder to yourself. Trust your body, honour its needs, and seek support when needed. Your health and happiness will follow, one step at a time.

If you are experiencing aches and pains, or would like to chat to Mark at Well Adjusted Health about this and how we may help, you are welcome to come in for a FREE 15 minute assessment.

Totally Buttons

We stock over 5,000 different styles, colours and sizes ~ buy one button or a 1000 if required! Visit our shop, our website, call or email to see if we can help you find that perfect button.

Visit us at Unit 4 - 6 Anchor Springs, Littlehampton. BN17 68P

Tel: 01403 598014
www.totallybuttons.com ~ Julie@totallybuttons.com

BEST CHOICE

ROOFING

FLAT ROOFS / UPVC FACIAS
SOFFITS / GUTTERING
MISSING TILES
CHIMNEYS / LEADWORK

www.bestchoiceroofing.co.uk
T: 01903 773699 • M: 07961 410377
marc@bestchoiceroofing.co.uk

Well Adjusted Health

Gentle Chiropractic Healthcare

Resolve to finally sort that pain

Specialists In Back Pain, Neck & Shoulder Pain, Headaches, Hip Pain & Sciatica

We Can Help You Live Your Life Without Pain And Get You Back To Your Best ASAP

Call us for a FREE 15 minute assessment

01903 892171
The Sport Pavillion, Church Lane,
Ashington • RH20 3JX • www.well-adjusted.co.uk

MARK JONES MCHIRO, DC

The Royal College of Chiropractors
Patient Partnership Quality Mark
PPQM
Meeting Patient Expectations
2022 - 2024

January 2025: Steyning for Trees

'What a WONDERFUL way to start 2025 knowing that we have another 7,000 more whips planted as hedges/wildlife corridors /shelter belts, here and around Steyning. SFT have been promoting tree and hedge planting for 6 years now and have already placed 8,000.'

15,000 equates to almost 2km. As we said 118,000 miles of hedgerows have been lost in the UK so this is an amazing effort by all concerned. Turning the tide, hopefully on the loss of biodiversity here which correlates with the loss of hedgerows. No 'SILENT SPRING' here. So many gardens being re-natured with butterfly friendly plants, also having mixed species hedges put in as advised on our website, now also containing advice on dead hedges, so helpful to nature.

Here is a selection of what we have initiated and helped with this autumn.



Collecting the whips - Angela and Liam with Kevin from Greenwood. Always so happy to help. 1,000 planted here.



Tom Bower arranged the guest volunteers. Collecting the 1,400 whips from Winchester. A good day had by all.



Wiston Estate. 1km hedge for the Weald to Waves. So good to relieve flooding. Great nature plans for the Estate.



Gatwick. Hedges going in right in the centre of Steyning. Looking after his tall mature trees sequestering so much carbon and planting more. Article on Dead Hedges for SFT website.

We were so sorry the weather was too cold and wet to plant with the Growing Wellbeing Group. We so enjoyed it last year. Hopefully we will again next year.



Catholic Church: completing the third side of hedging - well positioned in the centre of Steyning.

ENORMOUS thanks to all concerned, SFT Committee, Volunteers, Landowners, Farmers, gardeners, our funders, including SDNPA. All the numerous private donations we now have, too many to mention but so much appreciated.

f

RIVERSIDE HOME MAINTENANCE

www.riversidehomemaintenance.co.uk

Local Multi tradesman for jobs around the home and garden

- Carpentry
- Door Hanging
- Kitchen & Bathroom Fitting
- Bespoke cupboards/wardrobes
- Wall & Floor Tiling
- Patios & Garden Decking
- Painting & Decorating
- General Maintenance
- Flat Pack Assembly
- Partition & Brick Walls
- Fencing & Sheds erected

For more information and a free quote, please call Nigel on:

07768 510463 or 01903 745685

Business as Usual!

S

Strictly Dancing With Lisa

07398 787372

ADULT DANCE CLASS

Wednesdays • 12-1pm
at The Steyning Centre

SIGN-UP
REQUIRED

In my friendly **LINE DANCE CLASS** you can enjoy a variety of music and dance styles, such as Bollywood, Charleston, Jazz, Jive and Waltz. Each week I focus on just one new style. **DANCING** exercises the brain and body, helping you stay young and have fun. I've been teaching for 20 years now and I still love it! Why not come and join me and discover for yourself how much fun it is?

NEW JOINERS OFFER: 2 classes for price of 1

www.strictlydancingwithlisa.uk
strictlydancingwithlisa@gmail.com

Treedom

TREES • FENCING HEDGES • LOGS

Day: 07941 62 2442 • Eve: 01903 813 457

Email: treedom23@yahoo.co.uk

Website: www.treedomssussex.co.uk

Call **Simon Zec** to answer any questions or project queries you may have and to arrange for a free quotation.

"Treedom is fully insured up to 10million pounds, works to British Standards and we are NPTC qualified"

You can now follow **Treedom** on:
twitter (@treedom_trees) or:
facebook (facebook.com/treedomtreesurgery)

January 2025 Gardening Journal

January is a time for retreat and viewing the garden from indoors. It can also be a time for bright winter sunshine and crisp frosty mornings – often my favourite times of the year in the garden. I love seeing the bare 'bones' of a garden's structure highlighted by that low Winter light. Frosty mornings can be quite pleasant, it gives us a chance, between the rainy days, to appreciate what winter can offer us.

The Winter Flowering Honeysuckle is a tough old shrub that could be considered to be a little unwieldy with a ranging branching habit that can be difficult to control. It has a degree of ugliness as it can be difficult to decide on how best to manage or prune the shrub. It is either over trimmed, which results in a blobby, solid shaped shrub or left to its own devices, becoming airy and unimpressive. To top it off it's also a little indecisive of whether its deciduous or evergreen too.

However, there is one redeeming feature that would make you want to include it in your garden – it's truly heavenly-scented small white flowers which last throughout the winter. If you want to lift your spirits on a cold, grey, winter's day, then this is the plant for you!

Winter honeysuckle is a member of the honeysuckle family. About 180 species are described, with a third of them native in

Article by Alex Bell
T: 01903 815065 M: 07866 747849

North America and the remainder scattered across Asia and Europe. It was introduced by Robert Fortune (1812 – 1880) on his first expedition to China. This trip is of importance to the gardening world as it contained, in addition to the winter honeysuckle, the first forsythia, the first weigela, spirea and 3 viburnums too.

Winter honeysuckle is a fast-growing shrub that, if given the space it needs, needs no attention once established. It is well suited to sunny or medium shade locations in about any soil. In January Lonicera Frangrantissima begins to produce inch-wide pairs of white, translucent blooms with exerted stamens along the branches. The flowers are delightfully fragrant with a hint of lemon but are not showy, with the sweet fragrance dispersing widely across the garden on warm winter days.

As mentioned above this can be a tricky

shrub to include in your garden, but that's not to say it's not worth the effort. It is too ugly for a prominent location but can be tucked into a mixed shrub border or planted at the edge of the woods where the sweet fragrance can still be enjoyed. Its branches can be cut and brought indoors for forcing into bloom too. If planted in a mixed border, then plant something like Geranium psilostemon at its feet. The ranging branching habit of the Geranium will snake its way into the lower branches of the Lonicera providing a little more colour and interest in the summer months too.

Jobs to be done in January:

Ornamental Garden:

- If the ground is waterlogged then keep off the soil to avoid compaction and worsening the conditions.
- If snow falls – Do not let the snow sit on the shrubs, gently shake off to prevent damage.
- Prune bush or standard apples and pears, aiming to create an open framework of

about 5 main branches.

- Sweet Peas can be sown this month and those sown in the autumn can be potted on. Place them in a sunny greenhouse, coldframe or windowsill.
- Plan annual cut flowers for the borders.
- Mulch borders if not already done in autumn.
- Plant deciduous hedges.
- Move deciduous trees and shrubs if necessary.
- Ensure protective coverings such as fleece / mulch have remained in place over frost tender plants.
- Avoid walking on turf when the grass is covered with frost or is waterlogged.

Vegetable Garden:

- Protect brassicas from pigeons with cloches, netting or fleece.
- Harvest Winter Vegetables such as parsnip, swede, sprouts, leeks and turnip.
- Remove one third of the oldest stems of blackcurrants at ground level to encourage new basal shoots.



Plant of the Month: Lonicera Frangrantissima

alex bell
GARDEN DESIGN
Award Winning Garden Designer

creative concepts for traditional
and contemporary gardens

Telephone: 01903 815065
Mobile: 07866 747849
Email: alex@alexbellgardendesign.co.uk

www.alexbellgardendesign.co.uk

Ai
Alpine Installs

TV AERIALS • WIFI POINTS • CCTV
SATELLITE • TELECOMMUNICATIONS
DATA ACCESS

info@alpineinstalls.com
Call Scott on 07845 497 315
www.alpineinstalls.com

CJ PLUMBING
& PROPERTY MAINTENANCE
20+ years experience
Family business

- ✓ All plumbing works.
- ✓ Bathrooms.
- ✓ Bathroom insulation.
- ✓ Residential, commercial & general home maintenance.

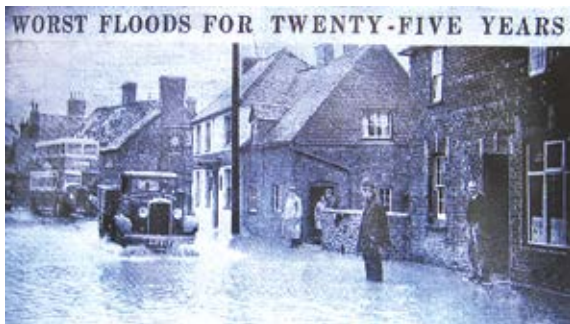
Based in Cowfold, West Sussex
07931 330 392 | cleve@cjplumbing.co.uk

Roly-Poly and other Pub Events

January 1939. It had been tipping it down with rain. Water was coursing down Mouse Lane as springs bubbled up through the road surface. The drains, such as they were at the time, could not cope with the run-off and water levels began to rise at the north end of the High Street. The publican at The Star Inn optimistically opened both the front and back doors in the hopes that the water would rush through and drain into the stream.

Meanwhile the regulars at the George Inn – opposite the foot of Mouse Lane – were taking no notice of the deluge. Barrels of beer in the cellar were floating in four or five feet of water. But it was only when the water began to lap round their feet in the bar that they eventually abandoned their game of 'Roly-Poly'.

'Roly-Poly' was a form of skittles which the landlord, George Adams, rescued from oblivion. It had dropped out of use when a number of the pins became rotten and unstable but George found a set stowed away in an outhouse and, having replaced the wonky pins, it was back in use. There were thirteen pins in all – the usual nine plus a 'King' pin and three 'tailors'. George explained that *'For twenty years the game had been out of use but when I brought it out and had some replacement pins made for those that were worm-eaten it soon became the rage again. The game is played with a wooden 'cheese' rather than balls – and some of the older men are past masters of the game which calls for a great deal of skill.'* The nine pins would seem to have encircled the larger 'King' with the three tailors possibly serving as a sort of protective advance guard. The 'cheese' was so-called because it was rather like a slim cheese wheel with a built-in 'bias'. *'When bowled with a deft spinning action,'* said George *'it could even attack the 'king' from behind.'*



Floods by Star 1939

The George Inn closed in 1955 so we will never discover the secret of that *'deft spinning action'* needed to send the 'cheese' on its way to demolish the 'Roly-Poly' pins, but we can be reasonably sure that those regulars who were endeavouring to do just that were enjoying themselves, despite the rising flood waters.

It is also fair to assume that more enjoyment was to be found at Steyning's other pubs over the years. During the 1960's, for instance, the Steyning Boys Club organised a Boxing Day pram race with a route which ensured that those pushing their charges in the prams – all in fancy dress – did not have to travel far without liquid refreshment. They began at The Star, went from there to The Norfolk, then on to The Railway Hotel before doubling back along Jarvis Lane to The Three Tuns and, not forgetting to pause at The White Horse and The Chequer, ended back at The Star.

Both 'Father' and 'Baby' had to consume half a pint of beer at each pub but, at The White Horse, could have encountered delays. It was there that, each Boxing Day, crowds gathered to watch the Chanctonbury Ring Morris Men dancing and, for some years, performing the 'Steyning Mummers Play' as well. The words of the Steyning play were first noted down by a Steyning doctor in the early 1880's who learned

them from William Turrell, the Captain of Steyning's Tipteerers (the old Sussex name for mummers).

The play is still performed today, being introduced with the words *'In comes I, old Father Christmas. Am I welcome or am I not'* – with the other characters, St. George, the Turkish Knight and several more, all announcing themselves with the same *'In comes I..'* The play is essentially a confrontation between Christendom and the

Turk but, after the Turkish Knight is killed, a doctor appears who can "Cure the hipsey, pipsey, palsy, and gout, All raging pains both in and out." and, with magic, brings him back to life.

Steyning's pubs do, of course, continue to offer us enjoyment and maybe a touch of magic, even if 'Roly-Poly' is no longer played.

Article by: Chris Tod - Steyning Museum.

Richard Bates, local solicitor

Helping you plan your and your loved ones' later lives.

Advice on:

- protecting your wealth from tax and care fees
- powers of attorney & the Court of Protection
- support for attorneys and carers
- care finding and funding
- wills
- End of Life and probate

Happy to see you at home

Contact Richard on 01273 284012; or richard.bates@cognitivelaw.co.uk

www.cognitivelaw.co.uk

Cognitive Law Limited is registered in England & Wales under company number 9753152. Our Registered Office is Sussex Innovation Centre, Science Park Square, Falmer, Brighton, BN1 9SB. We are authorised and regulated by the Solicitors Regulation Authority (SRA Number 626344) and comply with the SRA Code of Conduct.

Cognitive Law



OPTION
energy solutions

What if the best boiler cover service in the country was on your door step?

At Option Energy Solutions we have packages starting from just £8.50 per month

- ✓ Local company - Steyning residents
- ✓ Service plans and all inclusive repair plans for your heating system
- ✓ Unrivalled same day/next day **GUARANTEED** emergency attendance

- ✓ Zero excess payments
- ✓ Unlimited call outs
- ✓ Easy direct debit
- ✓ 1% of all sales donated to environmental causes



SCAN ME

Call us on 01903 814777
www.youroption.co.uk



FAMILY BUSINESS with 40 YEARS EXPERIENCE



Tiled roofs



Slate roofs

Horsham Slate Stone



Shingle roofs

All types of flat roofs

Lead work

Chimney work

Repointing

Facia soffits and guttering

Insurance work

Free no obligation quote



Specialists in all roofing

G. Standing Roofing Ltd.
Beeding Court Farmhouse,
Shoreham Road,
Upper Beeding,
West Sussex.
BN44 3TN.

Phone: 01903 417416 | 07703 208049

E-mail: enquiries@gstandingroofing.com | W: www.gstandingroofing.com



Building & Carpentry Contractor LTD

enquiries@adampierre.co.uk

www.adampierre.co.uk

01903 817176

07811 112236

- New Builds
- Renovations
- Extensions
- Loft Conversions
- Kitchen Design & Fitting
- General Building
- Landscaping
- & More...



ADVERTISER'S INDEX

Accountants/Tax	Funeral Directors	Moving & Storage	Volunteers needed
Accountancy & Business Matters 2	Chalcraft Funeral Direct. 17	LR Lomers 21	Steyning Parish Council 32
Beltons Public Account 37	Financial Services	Oven Cleaning	Wall & Floor Tiling
	Matthew Wykes 19	The Oven Magician 24	Riverside Home Maint. 43
Aerials/Home Theatre	Flooring/Carpets	Opticians	Wills/Estate Planning
Alpine Installs 45	Walter Wall 8	Robertson Opticians 3	Cognitive Law 47
Hamilton Cole 39	Garden Services/Design	Painting/Decorating	Nsure Estate Planning 31
Norsat 12	Alex Bell Garden Design 45	All Aspects 24	
Boiler Repair	Cam Bro Building Ltd. 8	Keltons Decorating 24	
All Lit 39	Four Seasons Clean/Gdn 21	Riverside Home Maint. 43	
Option Energy Solutions 47	Riverside Home Maint. 43	Personal Account Affairs	
Bookshop/Reading	Treedom 43	Beltons Public Account 37	
The Steyning Bookshop 35	Guttering/Facias	Pest Control	
	G Standing Roofing 48	BN Services 39	
Building/Architecture	JG Roofing 25	Retirement Matters	
Adam Pierre 48	Handy Man Services	Cognitive Law 47	
Cam Bro Building Ltd. 8	All Aspects 24	Nsure Estate Planning 31	
rnr group 50	Health/Sport/Fitness	Plant Nursery	
Business Affairs	Charlotte Chase 22	Village Nurseries 12	
Beltons Public Account 37	Love to Move 22	Plumbing/Heating/Gas	
Buttons	Private Gym 11	CJ Plumbing 45	
Totally Buttons 41	Steyning Osteopathic Well Adjusted Health 33	All Lit 39	
Carpentry	Home Appliances	Roofing/Emergency repair	
Adam Pierre 48	Carters Home Appl. 52	Best Choice Roofing 41	
Riverside Home Maint. 43	Home Care Services	C&S Roofing Specialists 15	
Car Hire	Keeping you safe 23	G Standing Roofing 48	
A Cars 3	Sussex Home Checks 27	JG Roofing 25	
JW Taxis 21	Children's Clothing	Steyning Roofing 9	
Chimney Sweep/Repairs	Imogen Ruby 33	Rubbish Removal	
Chimney Sweep 12	Chimney Sweep/Repairs	All Rubbish Cleared 37	
G Standing Roofing 48	Chimney Sweep 12	Tiling & Slating	
JG Roofing 25	G Standing Roofing 48	Steyning Roofing 9	
Dance Classes	Electrical	Timber/logs	
Strictly Dancing with Lisa 43	Mark Perry Electrical 24	Ben Warner 28	
Dental Practice	Rob Sykes 12	Treedom 43	
Mallards Dental 32	TR Energy 37	Travel	
Electric Gates	Landscaping	Sarah Robertson 18	
Bank House Elec. Gates 9	Alex Bell Garden Design 45	Not Just Travel 11	
Fencing	All Aspects 24	Tree Surgery/Stump Grind	
Riverside Home Maint. 43	Legal Services	Ben Warner 28	
Treedom 43	Mayo Wynne Baxter 29	Treedom 43	
Financial Planning	Loft Conversions	TV/Aerials/Satellite/CCTV	
NFU Mutual 51	rnr group 50	Alpine Installs 45	
Funeral Directors	Locksmith	Hamilton Cole 39	
Chalcraft Funeral Direct. 17	Lee's Locks 39	Norsat 12	
Financial Services	Motherhood Information	Veterinary Services	
Matthew Wykes 19	Babysteps 33	Hawthorn Vets 13	

Subscribe to our mailing list: yourmag.co.uk

Stay in touch



EDITORIAL & ADVERTISING ENQUIRIES

Call Us:
Sales T: 01903 816803
melanie@barawood.co.uk
www.yourmag.co.uk

Copy Deadline for the
FEBRUARY issue is
12th JANUARY, 2025
E&OE

Your Steyning, Bramber & Beeding is published monthly in the UK by Barawood Publishing Ltd. It is delivered to 3200 homes in Steyning, Bramber & Beeding. Printed on FSC accredited paper from managed forests using vegetable-based inks.

Please remember to recycle.

The views expressed in Your Steyning, Bramber & Beeding are not necessarily those of the editor or publisher. The publisher cannot accept responsibility for any errors or omissions relating to advertising or editorial. No part of this publication may be reproduced in any form without the prior written consent of the publisher.



We offer an exceptional level of Architectural Design and Building Construction.

- Extensions & Loft Conversions
- Kitchen & Bathroom Renovations
- New Build Homes
- Commercial Architecture & Construction

Scan to visit our website



5 St Johns Parade, Alinora Crescent, Goring-by-Sea, BN12 4HJ



WE'RE ON YOUR DOORSTEP

Having a local office means we're accessible, whether you need to make changes to your policy or make a claim.

Our insurance products and financial planning services include:

- Property Owners
- Business
- Income Protection
- Tradesmen
- Car
- Investments
- Commercial Vehicle
- Home
- Pensions

For a real conversation about your needs contact Chichester and Horsham at chichesterandhorsham@nfumutual.co.uk

Tel: 01273 492239 | Anova House, Wickhurst Lane, Horsham, RH12 3LZ



C A Modi and M S Baker is an appointed representative of The National Farmers Union Mutual Insurance Society Limited (No. 111982). And an introducer to NFU Mutual Select Investments Limited, a member of the NFU Mutual group of companies.

FREE DELIVERY
ON ITEMS OVER £150

INSTALLATION
SERVICE AVAILABLE

CARTERS WINTER BIG SALE



Blomberg Dishwasher

Model LDF52320W
Full Size Freestanding Dishwasher
Huge Storage
15 Place Settings
Up to 24 Hours Delay Start Feature
Five Year Warranty Once Registered

Blomberg Just £429.99



Beko Washing Machine

Model BMN3WT3841W
1400rpm Spin
8kg load Capacity
24 Hours Delay Start Feature
Energyspin Technology
Saving 35%

beko Just £279.00



Hotpoint Washer Dryers

Model NDB9635WUK
1400rpm Spin Washer Dryer
9kg Washing Capacity
6kg Drying Capacity
Anti Allergy Model-Allergy
UK Seal of Approval

Hotpoint Just £469.99



AEG Induction Hob

Model ILB64334CB
4 Zone Induction Hob
Standard Sized 60cm Wide
Touch Control
Plug and Play- Powered 13amp Socket
Power Boost Feature

AEG Just £379.99



Blomberg Fridge Freezer

Model KGM4524
55cm Wide Fridge Freezer
Frost Free- No Ice Build & Defrosting
143 litre Fridge, 77 litre Freezer
Suitable Indoors
Freezer Will Operate In
Unheated Outhouse

Blomberg Just £399.99



Beko Cooker

Model EDP503W
50cm Wide Electric Cooker
4 Hot Plates
58 litre Fan Oven
31 litre Second oven
Grill in Top Cavity
Easy Clean Enamel Interior

beko Just £359.00

Built-in appliances FREE Home measuring service available - Storrington area

CARTERS of Storrington



13- 15 West Street

Storrington

Tel : 01903 959900

Email : st@cartersdirect.co.uk

euronics

Also Stores at :

Brighton, Preston Road

Haywards Heath, South Rd

Horsham, Medwin Walk

Storrington Warehouse, Robel Way

Worthing, Teville Road

TRUSTPILOT
★★★★

01273 628618

01444 440260

01403 211551

01903 745100

01903 210100

BUY ONLINE @ CARTERSDIRECT.CO.UK

All Prices correct at time of going to print